

ALEXANDER PUBLIC  
SCHOOL HEALTH &  
SAFETY ARP  
CONTINUITY OF  
SERVICES PLAN



Alexander School Board Approved

01/10/2024

## **ALEXANDER SCHOOL BELIEVES**

Our motto at Alexander Public School is that it takes a village to raise a child. All of us, board members, teachers, students, staff, parents, community members: We are the Village! Application of the same philosophy is what we need to keep us all safe and healthy as we reopen. Open communication of exposure and positive tests as well as ensuring that sick kids and staff stay home are essential. We are in this together and will work as a team! Please do not hesitate to contact us with any questions or concerns.

## **ALEXANDER SCHOOL'S FOCUS EVERYDAY**

- Provide a rigorous, comprehensive education for all students no matter the mode of instruction.
- Respect health guidance from the Center for Disease Control and local and state health officials, and adopt reasonable practices that we can control to reduce risks and minimize spread.
- Be flexible, empathetic and ready to respond quickly to support families and staff as conditions change.
- Clearly communicate shared expectations for students, staff and parents.
- Ensure every student has a device to use for learning in a classroom or remote learning.
- Provide parents and teachers with training and support so they can use tech tools and resources.
- Provide online options for parents uncomfortable about sending children back to school in person.

## **Alexander Public School American Rescue Plan Act of 2021 Continuity of Services Plan**

The purpose of this document is to outline Alexander Public School's continuity of services plan with the utilization of the American Rescue Plan Act of 2021 Elementary and Secondary School Emergency Relief Fund support allocated for Alexander Public Schools. Per the ARP ESSER requirements, Alexander Public School will seek public input for the plan and make it publicly available on the school's website.

The APS ARP Continuity of Services Plan has been adopted by the Alexander School Board as an addendum to the Health and Safety Plan adopted by the board when we returned to in person instruction in the fall of 2020. The Health and Safety Re-Opening Plan was created with recommendations from the Alexander Health and Safety Committee with members representing parents, students, teachers, ancillary staff, school board members, Alexander 1<sup>st</sup> Responders Team, Alexander Fire Department, local health care providers, local business owners, community members and the local health department. The committee sought input and feedback from others with virtual and public meetings and online surveys.

APS returned to in person instruction in the fall of 2020 and provided in person services to students successfully throughout the school year. Virtual means were utilized for quarantined and distance learning students. In April 2021, the Alexander School Board moved to blue status hence returning APS to normal standards with normal safety precautions. The Health and Safety Plan remains in effect if circumstances arise.

In June 2021, Alexander Public School sent out a survey requesting input from all stakeholder concerning the expenditures of ESSER II and ESSER III funds. The survey link is <https://www.surveymonkey.com/r/7593XV5>. A Continuity of Services Committee was created to work on the plan and utilization of the funds to modify mitigation strategies we found to be most successful. As this continues to be a fluid situation, the committee will address the needs as they arise and work with the Health and Safety Committee for the continued effort of in person instruction.

The ARP ESSER funds will be utilized for the continuity of services successfully started in the 2020-2021 school year. The plan will focus on addressing the learning loss, educational technology and social emotional effects resulting from COVID-19 and the interruption to the 19-20 and 20-21 school years. APS School Board will continue to seek input and feedback from stakeholders on the plan and expenditures of the ARP ESSER funds.

## COVID-19 APS COORDINATOR AND TEAM

Leslie Bieber, Superintendent, will assume the role of the **COVID-19 District Coordinator**. If the coordinator is unable to be contacted, the secondary contact will be Shannon Faller, School Principal.

- Shannon Faller, AJ Allard, Krista Heen, Michelle Simonson, Terrille Jacobson and Jacki Hansel, and Amy Gaida are members of the **APS COVID-19 Team**.
- Team members will collaborate with the coordinator. The team will work with families and staff in reporting, managing positives cases, social emotional learning, etc.

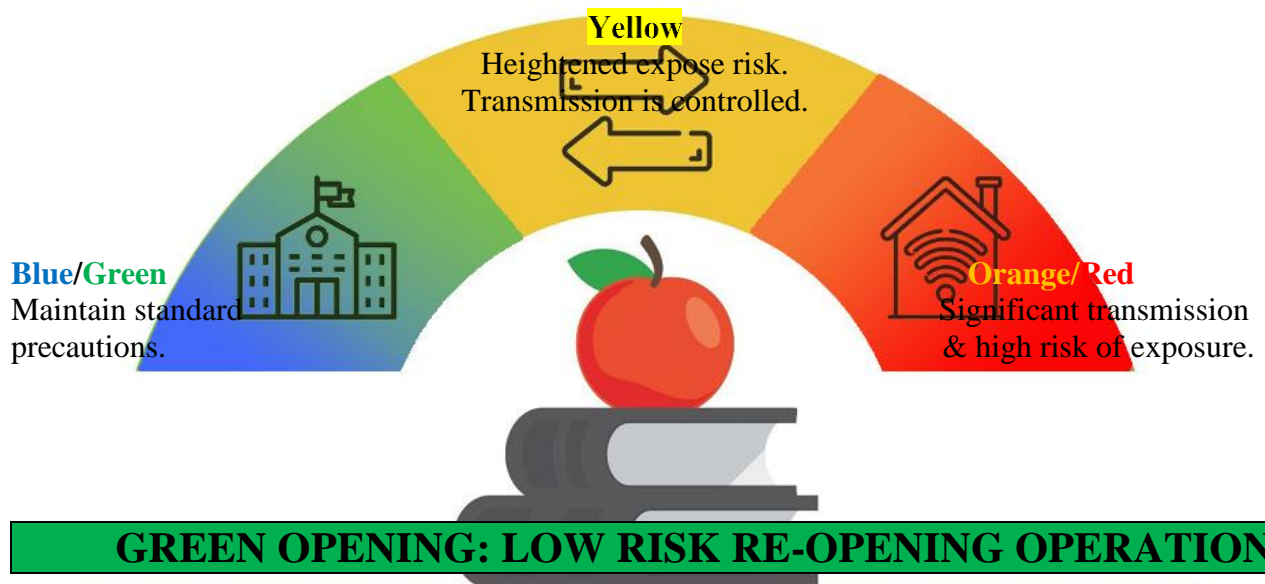
## APS ARP CONTINUITY OF SERVICES TEAM

Team Members:

- Leslie Bieber, Shannon Faller, Aaron Allard, Krista Heen, Lesa Gowing, Lisa Nelson, Michelle Simonson, Terrille Jacobson, Lissa Bishop, Erica Turnquist, Amber Severson, Theresa Spildie

## Re-Opening Levels

The purpose of this Reopening Plan is to maximize in-person learning opportunities. APS's Reopening Plan will allow us to respond quickly to changing local, regional, state and national conditions. As conditions change, we may have to change how we provide educational instruction during the school year. The plan includes a **Blue/Green-Yellow-Red/Orange** system that outlines what students, staff and parents can expect under different conditions. The APS Health and Safety Committee created the plan in consultation with North Dakota Department of Health.



All instruction is delivered in-person with some building and group modifications. Teachers and students maintain a normal daily schedule. Safety precautions are implemented to enhance staff and student safety.

<p style="text-align: center;"><b>Daily Checks &amp; Screening</b></p>	<ul style="list-style-type: none"> <li>• Parents are asked to screen their child/ren each day before sending them to school. Screening guidance is below and will be available on our website as well as our social media. <b>Appendix A</b> is available on our website and social media and will be sent home with each family.</li> <li>• All staff, including subs, will take temperature daily and record will be kept with the school.</li> </ul>
<p style="text-align: center;"><b>Physical Structure</b></p>	<ul style="list-style-type: none"> <li>• Seating/desks will be spaced as far apart as room allows.</li> <li>• Mist sprayers will be used to disinfect larger areas on a regular basis, i.e., playground equipment, lockers, gym, shop, etc.</li> <li>• Sanitizer solution will be present in all rooms for staff to utilize as necessary.</li> <li>• All water fountains will be turned off but touchless bottle fillers will remain working.</li> <li>• Plexiglass will be placed on the counter in the office to limit exposure by visitors.</li> <li>• Building will be routinely cleaned and disinfected according to CDC guidelines with special focus on high traffic areas.</li> <li>• Signage will be placed throughout the school to continue to educate students, staff, and community about safe protocols in regard to COVID-19.</li> <li>• Classes will be held outside as feasible.</li> <li>• APS will ensure ventilation systems operate properly and increase circulation of outdoor air as much as possible.</li> <li>• Entrance to the school will be separated: Elementary, Middle and High School.</li> </ul>

<p style="text-align: center;"><b>Academic</b></p>	<ul style="list-style-type: none"> <li>• Accommodations will be made for staff and students who are in a high-risk group or caring for individuals in a high-risk group.</li> <li>• Teaching staff will receive professional development training in effective ways to use current technology to provide a quality blended learning environment.</li> <li>• Students will receive education in proper hygiene, hand washing, how to wear a facemask, COVID-19 symptoms, what to do when experiencing symptoms, and to stay home when sick.</li> <li>• School re-opening guidelines and training will be provided to all substitute employees of the district.</li> <li>• Students, staff, and others will be required to use hand washing/hand sanitizer when entering the building.</li> <li>• Toys and manipulatives will be sanitized daily.</li> <li>• Attendance will be addressed case by case for required days of attendance.</li> </ul>
<p style="text-align: center;"><b>Sick Students and/or Staff</b></p>	<ul style="list-style-type: none"> <li>• Thermometers will be provided to PK-3 teachers and office staff for screening of students, as necessary.</li> <li>• School will keep record of symptomatic students.</li> <li>• Sick students will be moved to the sick room while waiting to be picked up.</li> </ul>
<p style="text-align: center;"><b>Personal Protection Equipment (PPE)</b></p>	<ul style="list-style-type: none"> <li>• Students and staff will be encouraged to wear masks or other PPE but not required.</li> <li>• Masks and/or other PPE will be provided by the school for school personnel.</li> <li>• All non-employees (maintenance, vendors, etc.) will be required to wear a mask when in the building during school hours.</li> <li>• Disposable masks will be provided for people visiting the building.</li> <li>• Cloth masks need to be cleaned regularly; therefore, it is recommended to have a clean mask for each day; one to wear, one in the wash and one to spare. Student masks will not be provided nor cleaned by the school.</li> </ul>

<p><b>Hand Hygiene And Respiratory Etiquette</b></p>	<ul style="list-style-type: none"> <li>• Teach and reinforce handwashing with soap and water for at least 20 seconds and increase monitoring to ensure adherence among students and staff.</li> <li>• If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used.</li> <li>• Teach students to cover coughs and sneezes with a tissue or into their elbow. Used tissues should be thrown in the trash and hands washed immediately with soap and water or use of hand sanitizer.</li> <li>• Encourage hand washing/hand sanitizer use at the following time: entrance/exit of the school building; before and after meals/snacks; and after coughing, sneezing, tissue use; leaving and returning to class.</li> <li>• Good personal hygiene will be taught to all grade levels.</li> </ul>
<p><b>School Visitors</b></p>	<ul style="list-style-type: none"> <li>• Volunteers and non-essential visitors will not be allowed into the building until further notice.</li> <li>• All Parent/Teacher Conferences will be held virtually.</li> </ul>
<p><b>Social, Emotional and Behavioral</b></p>	<ul style="list-style-type: none"> <li>• Resources will be provided to staff, parents, and students to help them deal with trauma associated with COVID-19 events.</li> <li>• Staff will report to administration students who may be experiencing trauma due to the circumstances related to the COVID-19 pandemic so proper resources can be provided to the teacher and/or guardian.</li> </ul>
<p><b>Transportation</b></p>	<ul style="list-style-type: none"> <li>• Buses will be disinfected daily.</li> <li>• Students will be assigned seating using social distance as feasible.</li> </ul>
<p><b>Business</b></p>	<ul style="list-style-type: none"> <li>• School Officials will work with appropriate persons to ensure that technology status and operational needs are adequate to meet the needs for the students and staff and to be able to conduct business as needed.</li> <li>• School officials will work with teachers' union in the event that change in working conditions or other requirements are placed on teachers due to the pandemic.</li> </ul>

<b>Priorities for Green Re-opening</b>	<ul style="list-style-type: none"> <li>• Ensure students and staff who are sick or showing symptoms stay at home.</li> <li>• Ensure open communication between school, parents and NDDoH.</li> </ul>
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**YELLOW OPENING: MODERATE LEVEL OPERATIONS**

Students report to school on a modified schedule. Based on guidance from state and local health officials, APS will shift to a hybrid schedule where student would attend classrooms alternating days: Red Days and White Days.

**Below are additions and changes to practices and priorities in the Green Operations.**

<b>Academic</b>	<ul style="list-style-type: none"> <li>• Red Days and White Days will be used.</li> <li>• Students will be <b>ON CAMPUS</b> daily.</li> <li>• Part time in the classroom and part time in another area in the school on a device participating in the class via distance.</li> <li>• Students shall engage in learning opportunities online using the classroom remote learning management system on days they are not in school.</li> <li>• Designated areas will be supported by teachers and instructional aides.</li> </ul>
<b>Physical Structure</b>	<ul style="list-style-type: none"> <li>• Class size will be limited per the recommendation of state and local health officials.</li> <li>• Alternate areas will be set up for students participating in the classroom on a device.</li> </ul>
<b>Personal Protection Equipment (PPE)</b>	<ul style="list-style-type: none"> <li>• Students and Staff will be strongly recommended and encouraged to wear masks in the hallways.</li> <li>• Temperatures will be taken upon entering the building.</li> </ul>
<b>Transportation</b>	<ul style="list-style-type: none"> <li>• Transportation will be limited to allow for distancing on the bus.</li> <li>• Masks and/or other PPE will be strongly recommended and encouraged in school transportation</li> </ul>



## RED/ORANGE OPENING: HIGH AND CRITICAL RISK OPERATIONS

In extreme conditions, which could include a local or state stay-at-home order, APS will close schools and shift to remote learning for all students. All instruction is provided off-campus through the use of distance learning resources or suited to the unique needs of the student.

<b>Physical Structure</b>	<ul style="list-style-type: none"> <li>• Closed to general public.</li> <li>• Possible opportunities for in person small group instruction or intervention.</li> </ul>
<b>Academic</b>	<ul style="list-style-type: none"> <li>• Rigorous remote instruction on key learning essentials in each grade and content area.</li> <li>• Every student will be provided a device at home.</li> <li>• Technology and Homework Helpdesks will be available.</li> <li>• Clear expectations and communication with students and families.</li> <li>• Traditional grades and accountability will be followed.</li> <li>• Daily attendance will be required with exceptions addressed case by case.</li> </ul>
<b>Cafeteria</b>	<ul style="list-style-type: none"> <li>• Remote lunch delivery will begin.</li> <li>• Breakfast and lunch charges will be the same as traditional school.</li> </ul>
<b>Priorities in Red and Orange</b>	<ul style="list-style-type: none"> <li>• Reduce the risk of further community spread by closing schools.</li> </ul>

## Health and Safety Protocols

To accomplish our goal of reopening our schools and keeping them open, it will be important for students, staff, parents and patrons to do their part by following health guidance and monitoring their health.

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### DAILY SCREENING: BEFORE YOU SEND YOUR CHILD TO SCHOOL

In cooperation with state and local public health officials, we ask as students and staff prepare for school each day, they ask themselves these questions: “Do I have a.....”

- ✓ Fever or Chills (a fever is considered having a temperature of 100.4 F)
- ✓ Cough
- ✓ Shortness of breath or difficulty breathing
- ✓ Congestion or runny nose *when in combination with other symptoms and not due to other known causes such as allergies.*
- ✓ Fatigue *when in combination with other symptoms.*
- ✓ Nausea, vomiting or diarrhea
- ✓ Muscle or body aches
- ✓ Sore throat
- ✓ New loss of taste or smell
- ✓ Abdominal pain
- ✓ Headache *when in combination with other symptoms.*

If you answer is **YES** to any of these symptoms we ask that:

1. Contact the school and you will be in touch with a COVID-19 team member.
  2. **DO NOT** come to work/send your child to school.
  3. Contact your healthcare provider for guidance to determine if testing for COVID-19 is recommended.
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**IF YOUR CHILD WAS DIRECTED BY A HEALTHCARE PROVIDER TO STAY HOME:**

1. Contact the school.
2. Provide documentation.

**IF YOUR CHILD HAS TESTED POSITIVE FOR COVID-19:**

1. Contact the school and you will be in touch with a COVID-19 team member.
  2. DO NOT send your child to school.
  3. Follow guidance from your healthcare provider.
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**ALEXANDER SCHOOL'S HEALTH AND SAFETY COMMITTEE MEMBERS**

The APS School's Health and Safety Re-Opening Plan has been crafted and reviewed by a team consisting of the following:

- LaShell Tjelde
- Cameron Wahlstrom
- Leslie Bieber
- Shannon Faller
- Aaron Allard
- Krista Heen RN
- Jessica Heggen, FNP-BC
- Cindy Getzlaff, RN
- Larry Novak
- Becky Elliot
- Melissa Rider
- Amber Severson
- Erica Turnquist
- Cathy White
- Todd Jacobson
- Shelley Hayes
- Lance Powell
- Kristin Fixen

## OTHER RESOURCES:

- CDC Considerations for Schools <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools.html>
- CDC Cleaning and Disinfecting <https://www.cdc.gov/coronavirus/2019-ncov/community/clean-disinfect/index.html>
- CDC Print Resources <https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc>
- CDC Face Coverings <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>
- CDC Handwashing Information <https://www.cdc.gov/handwashing/index.html>
- CDC Social Distancing <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>
- CDC Isolation and Quarantine Guidelines [https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronaviruses%2F2019-ncov%2Fif-you-are-sick%2Fquarantine-isolation.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronaviruses%2F2019-ncov%2Fif-you-are-sick%2Fquarantine-isolation.html)
- CDC End of Isolation <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>



# BEFORE SCHOOL!



Parents are asked to review this daily health checklist by answering these questions before sending their child to school.

(Parents do not need to send the questionnaire to school)

Does your child have any of the symptoms below?

- ✓ Fever or Chills (a fever is considered having a temperature of 100.4 F)
- ✓ Cough
- ✓ Shortness of breath or difficulty breathing
- ✓ Congestion or runny nose *when in combination with other symptoms and not due to other known causes such as allergies.*
- ✓ Fatigue *when in combination with other symptoms.*
- ✓ Nausea, vomiting or diarrhea
- ✓ Muscle or body aches
- ✓ Sore throat
- ✓ New loss of taste or smell
- ✓ Abdominal pain
- ✓ Headache *when in combination with other symptoms.*



If YES to any of the symptoms above, **STOP!**

Do NOT send your child/ren to school. Contact your healthcare provider. Contact the school at 701-828-3334 to inform us of your child's absence.



If you able to answer NO to all of the symptoms above, **GO** to school!