



Frankford Township School District

Robert Mooney
Superintendent/Elementary Principal
mooneyr@frankfordschool.org

Kurt Walton
Middle School Principal
walktonk@frankfordschool.org

Thursday, September 28, 2023

Dear Frankford Middle School Families,

We are very excited to continue offering several different sports programs at FTS! If your child is interested in participating in one of our teams, please read all instructions below in full.

Sports Seasons

- 5th Grade is eligible to participate in Track. All other sports are for grades 6-8 only.
- Below are the tentative start dates for each team. Exact dates will be announced closer to the start of season.

Fall 2023	Girls Field Hockey Co-ed Soccer	<i>In Season - Go Bulldogs!</i>
Winter 2023	Boys Basketball Girls Basketball	Tentative Start of Season: Mid-November Completed Physicals Due: 11/6/2023
Spring 2024	Boys Track Girls Track	Tentative Season Start Date: Late-March Completed Physicals Due: 3/27/2024

Physicals

- All students that wish to participate in a sport are required to have an **up-to-date** Sports Physical Packet completed and on file with the school. **All physicals must be complete and approved by the school doctor before your child may practice with the team.**
 - Please note, physicals are good for **one year** and cannot expire before the season's start date!
- Sports Physical Packets are linked [here](#), and are also available in the Nurse's office. Completed packets are due to the Nurse's Office no later than the date listed above.
 - Please note, the Sports Physical Packet contains additional information than what is typically included in the "Universal Physical Packet" provided by your doctor's office. Please be sure to bring the school's packet with you to your doctor's appointment!
- If your child does not see a regular physician, our School Doctor will be completing physicals at school on **October 30th by appointment only**. To schedule an appointment, please complete the following steps **no later than October 15th!**
 - Print out the [physical packet](#) and complete page 1 (Health History). Submit packet with completed Health History page to Nurse's Office.
 - Complete the [Consent Form linked here](#).

Wishing you a terrific season! Go Bulldogs!

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