

# NOVEMBER | 2023

## SACHS BREAKFAST & LUNCH MENU



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>30</b>	<b>31</b>	<b>1</b> B-WG Bagel w/Toppings, Fruit Choice  L-Hot Dog on a WG Bun Baby Carrots, Corn, Apple Slices, Cutie, Cond.	<b>2</b> B-WG Biscuit w/Toppings, Sausage, Fruit Choice L-Chicken Alfredo, Broccoli, Romaine Salad Fruit Choice, Garlic Toast	<b>3</b> B-COOKS CHOICE  L-WG Pepperoni Pizza Carrots, Green Beans Apple Slices 100% Fruit Juice, Condiments
<b>6</b> B –Ultimate Breakfast Round, ,Peaches, 100% Fruit Juice L-WG Corn Dog, Baked Beans, Carrots, Assorted Fruits, WG Cookie Condiments	<b>7</b> B-WG Waffles, Sausage, Fruit Choice, Syrup L-WG Rotini w/Meat Paco Vegetables, Corn Cheese Stick, Fruit Choice, Garlic Toast	<b>8</b> B-WG Breakfast Pizza Peaches, 100% Fruit Juice L-Bacon Cheeseburger o WG Bun, Tri Tater, Green Beans, Apple Slices, Pears, Pickles, Cond.	<b>9</b> B-WG Biscuits & Gravy Sausage Links, Cuties Banana L-Chicken Breast Fillet. WG Naan Bread, Rice Pilaf, Carrots, Peas ,Cuties, Pears,Cond..	<b>10</b> B-COOK'S CHOICE  L-WG Sausage Pizza Romaine Salad, Broccoli Fruit Choice, Comndiments
<b>13</b> B-Breakfast Burrito Salsa, 100% Fruit Juice Mandarins, Condiments L-WG Boneless Chicken Wings, Baked Potato, Corn WG Bread,	<b>14</b> B-COOK'S CHOICE L-Taco Bar, Flour/Crunchy Shells, Assorted Toppings, Orange, Peaches	<b>15</b> B- Cereal &WG Graham, Fruit Choice L- Sheppard's Pie Paco Vegetables, WG Bread, Applesauce, Sidekick, Condiments	<b>16</b> B-WG Sausage & Cheese Biscuit Fruit Choice, Condiments L-WG Chicken Patty on WG Bun, Corn & Bean Salsa, Paco Vegies, Fruit Choice, Condiments	<b>17</b> B-Breakfast Breaks Cereal Kit, Apple Slices  L-WG Cheese Pizza, Green Beans, Corn Fruit Choice, Condiments
<b>20</b>  <b>NO SCHOOL FALL BREAK</b>	<b>21</b>  <b>NO SCHOOL FALL BREAK</b>	<b>22</b>  <b>NO SCHOOL FALL BREAK</b>	<b>23</b>	<b>24</b>  <b>NO SCHOOL FALL BREAK</b>
<b>27</b> B-WG Muffin, Fruit Choice L-Chili W/ Meat & Beans WG Pretzel, Cheese Pears, Sidekick Condiments	<b>28</b> B-COOK'S CHOICE  L-Mashed Potato Bowl Naan Bread, Green Beans, Pineapple, Cuties Condiments	<b>29</b> B-Strawberry or Cinnamon Cream Cheese Bagel, Fruit Choice L=Toasted Cheese, Tomato Soup. Mixed Vegies, Fruit Choice, Cond	<b>30</b> B-Scrambled Eggs Tri Tater, 100%Fruit Juice Salsa L-Loaded Tater Tots. WG Garlic Toast, Romaine Salad Salsa, Fruit Choice, Cond.	<b>1</b> <b>THIS MENU IS SUBJECT TO CHANGE.</b>

### News

The Cafeteria is open 17 days this month.  
Breakfast-\$1.75/day or \$8.75/week.  
Reduced-0.30/day or 1.50/week.  
Lunch-\$3.00/day or 15.00/week. Reduced - 0.40/day or 2.00/week.  
Adult lunch /Salad Bar \$4.00 a day.

The choice of 1% unflavored or FF flavored milk is offered with each meal.  
LF dressing and sauces are served with salads & fresh vegetables.

The Breakfast Entrée can be replaced with Cereal & a Graham, or Oatmeal.  
Salad Bar can be taken in place of lunch.

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NO SCHOOL  
FALL BREAK



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WEDNESDAY

THURSDAY

FRIDAY

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1

NO SCHOOL  
FALL BREAK

2

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NO SCHOOL  
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