## Bloomingdale and Pullman Elementary Public Schools January 29 - March 1

Monday Tuesday Wednesday Thursday

Friday

| 29 | 30 | 31 | 1 | 2 |
| :---: | :---: | :---: | :---: | :---: |
| Bosco Sticks w/Sauce | Baked Macaroni and Cheese | Jumbo Chicken Leg w/Roll | Beef Taco Stick | Beef Hot Dog on a Bun |
| Or | w Dinner Roll | and Gravy |  |  |
| Chicken Breast Nuggets |  |  | Chicken Patty Sandwich <br> Vegetable: Refried Beans | Bagel, Yogurt, String Cheese Lunch |
| w/Roll | Cardinal Hamburger on Bun | Corn Dog |  |  |
| Vegetable: Roasted Carrots | Vegetable: Seasoned Green Beans | Vegetable: Mashed Potatoes |  | Vegetable: Broccoli |
| 5 <br> Cheese Garlic Bread sticks w/ Sauce Or Chicken Patty Sandwich Vegetable: Peas | 6 <br> Spaghetti and Meat Sauce with Garlic Toast <br> Or <br> Chicken and Cheese <br> Quesadilla <br> Vegetable: Green Beans | 7 <br> ½ Day Sack Lunch | $8$ <br> Chicken and Cheese Nachos Or Cheeseburger <br> Vegetable: Refried Beans | 9 <br> Cheese Pizza <br> Or <br> Ham and Cheese Sub <br> Vegetable: Broccoli |
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| 12 <br> Grilled Cheese Quesadilla Or Cardinal Hamburger on Bun <br> Vegetable: Garden Peas | 13 <br> Lasagna Roll Up w/ Garlic Bread Or Grilled Cheese Sandwich <br> Vegetable: Green Beans | Chicken Tenders and Gravy w/Dinner Roll <br> Or <br> Corn Dog | 15 <br> Doritos Walking Tacos Or Chicken Patty Sandwich <br> Vegetable: Black Beans | 16 <br> Pepperoni Pizza <br> Or <br> Beef Hot Dog on a Bun <br> Vegetable: Broccoli |
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|  |  | Vegetable: Mashed Potatoes |  |  |
| 19 <br> Bosco Sticks w/ Sauce <br> Or <br> Chicken Nuggets w/ Dinner Roll <br> Vegetable: Peas | 20 <br> Cardinal Chicken Wings w/ Dinner Roll Or <br> Stromboli <br> Vegetable: French Fries | 21 <br> Waffle and Sausage Or <br> Classic Cheeseburger <br> Vegetable: Carrots <br> Fruit: Blueberries <br> From Brookside Farms | 22 <br> Beef Taco Stick <br> Or <br> Chicken Patty Sandwich <br> Vegetable: Refried Beans | 23 <br> Mid- Winter <br> Break No School |
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| 26 <br> Mid- Winter Break No School | $27$ <br> Chicken Alfredo and Garlic Bread <br> Or <br> Cardinal Hamburger on Bun <br> Vegetables : Broccoli | 28 <br> Pancakes and Sausage Or <br> Pepperoni Calzone Vegetable: Tater Tots | 29 | 1 <br> Cheese Pizza <br> Or <br> Muffin Yogurt String Cheese <br> Lunch <br> Vegetables: Carrot Coins |
|  |  |  | Or Chicken and Cheese Nachos |  |
|  |  |  | Chicken Nuggets w/Dinner Roll <br> Vegetable: Refried Beans |  |
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| Daily Sides:Romaine/Spinach Salad offered Daily |  |  |  |  |
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| Carrot Sticks | Cucumber Slices | Sweet Peppers | Fresh Broccoli | Cucumber Slices |
| Applesauce | Grapes | Peach Cups | Fresh Bananas | Tomatoes |
| Fresh Broccoli | Cherry Tomatoes | Celery Sticks | Carrot Sticks | Mandarin Oranges |
| Fresh Orange | Pears | Fresh Fruit cantaloupe, honey dew, grapes, pineapple) | Fresh Orange | Fresh Michigan Apple |

Every Lunch includes one trip through our side bar and comes with a choice of Chocolate Skim Milk or Skim White Milk. The side bar has an assortment of fruits and vegetables.

Please contact Ruth Webb 269-521-3923 with Questions
Elementary Students receive 1 free lunch per school day.
Adult Lunches \$5.11
Milk $\$ 0.50$
Menu is subject to Availability
This institution is an equal opportunity provider.

