APRIL 2024

JUNIATA COUNTY SCHOOL DISTRICT **ELEMENTARY LUNCH MENU**



What is a Meal?
You must choose at least 3 of the 5 components available for the school

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch Meat or meat alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include: Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas

Starchy - white potatoes, corn, and lima beans Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, areen beans and cabbage

Featured Fruit May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME! **DAILY ALTERNATES**

Other Entree Choices may include:

Chicken Nuggets with Dinner Roll Monday-Wed-Friday

Homemade Pizza

PBJ Uncrustable with Cheese Stick & **Pretzels** Tuesday-Thursday

> **Lunch Prices Student \$2.75** Reduced \$.40 Adult \$4.25

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Monday

NO SCHOOL



Meatball Sub with

Mozzarella Cheese

OR

Homemade

Cheese Pizza

Featured Veggies:

Steamed Green Beans

Fresh Celery & Carrots

Chilled Pineapple / Milk

Day 4

15

Meatball Sub with Mozzarella Cheese

Homemade

Cheese Pizza

Featured Veggies:

Steamed Carrots

Homemade Baked Beans

Chilled Pears / Milk Day 3

22

Crispy Popcorn Chicken

with Dinner Roll

Homemade

Cheese Pizza

Featured Veggies:

Candied Sweet Potatoes

Broccoli with Cheese Sauce

Fresh Orange Wedges / Milk

Day 2

Tuesday

Homemade Beef Lasagna w/ Garlic Bread Slice

> Homemade Pepperoni Pizza

Featured Veggies: Broccoli with Cheese Sauce Fresh Baby Carrots Chilled Peaches / Milk

Day 6

Crispy Chicken Patty on Roll OR Homemade

Pepperoni Pizza **Featured Vegaies:** Steamed Green Peas Fresh Cucumber Slices Fresh Orange Wedges / Milk

> Day 5 16

Pancakes & Syrup

w/ Oven Browned Sausage

Homemade

Pepperoni Pizza

Featured Veggies:

Hash Brown Triangles

Fresh Cherry Tomatoes

Mandarin Oranges / Milk

Day 4

23

Toasted Cheese

Sandwich

OR

Homemade

Pepperoni Pizza

Featured Veggies:

Creamy Tomato Soup

Fresh Cucumber Slices

Red Delicious Apple / Milk

Day 3

Wednesday

Pancakes & Syrup w/ Oven Browned Sausage

> Homemade Cheese Pizza

Featured Veggies: Hash Brown Triangles Fresh Red Pepper Strips Chilled Mixed Fruit / Milk

> 10 Cheeseburger

> > on Roll

OR

Homemade

Cheese Pizza

Featured Veggies:

Broccoli w/ Cheese Sauce

Fresh Cherry Tomatoes

Chilled Peaches / Milk

Day 6

17

Nachos Grande w/ Tortilla

Chips & Cheese Sauce

Homemade

Cheese Pizza

Featured Veggies:

Steamed Green Beans

Fresh Cauliflower Florets

Chilled Applesauce / Milk

Day 5

24

Spaghetti & Meat Sauce

w/ Garlic Toast

OR

Homemade

Cheese Pizza

Featured Veggies:

Steamed Green Peas

Fresh Broccoli Florets

Chilled Peaches / Milk

Day 4

Day 1

Thursday

Crispy Popcorn Chicken with Dinner Roll

> Homemade Pepperoni Pizza

Featured Veggies: Mashed Potatoes w/ Gravy Fresh Romaine Salad Red Delicious Apple / Milk Day 2

11

Chicken & Waffles

with Gravv

OR

Homemade

Pepperoni Pizza

Featured Vegaies:

Mashed Potatoes

Fresh Romaine Salad

Red Delicious Apple / Milk

Day 1

Friday

Walking Loco Taco with Dinner Roll

Homemade Stuffed Crust

Cheese Pizza Featured Veggies: Steamed Corn Homemade Baked Beans Chilled Applesauce / Milk Day 3

Macaroni & Cheese w/ Whole Wheat Bread OR

Homemade Stuffed Crust Cheese Pizza

Featured Veggies:

Homemade Baked Beans Fresh Baby Carrots Chilled Mixed Fruit / Milk

Day 2

18

Macaroni & Cheese w/ Whole Wheat Bread Homemade

Pepperoni Pizza

Featured Veggies: Steamed Green Peas Fresh Celery & Carrots Red Delicious Apple / Milk

Day 6

19

Homemade Ham & Cheese Stromboli with Sauce

Homemade Stuffed Crust Cheese Pizza

Featured Veggies: Steamed Mixed Vegetables Fresh Cherry Tomatoes Chilled Mixed Fruit / Milk Day 1

25 Walking Loco Taco with Dinner Roll

Homemade Pepperoni Pizza

Featured Veggies: Steamed Corn

Homemade Baked Beans Chilled Applesauce / Milk Day 5

26

Homemade Ham & Cheese Stromboli with Sauce Homemade Stuffed Crust

Cheese Pizza

Featured Veggies:

Steamed Mixed Vegetables Fresh Cherry Tomatoes Chilled Mixed Fruit / Milk Day 6

on Roll

Featured Vegaies: Steamed Carrots Homemade Baked Beans Chilled Pears / Milk Day 1

Pancakes & Syrup with Oven Browned Sausage OR

Featured Veggies:

Day 2







Hot Dog

Homemade Cheese Pizza

30

Homemade Pepperoni Pizza

Hash Brown Triangles Fresh Cherry Tomatoes Mandarin Oranges / Milk

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