

## Tri-C Elementary & Carterville Intermediate School: April 8 – May 3, 2024



Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
No School	Mini waffles	Breakfast pizza	Biscuit & gravy	Choice of donut
Eclipse Day	K-3 <sup>rd</sup> / Zoo chicken nuggets 4-6 <sup>th</sup> / Grilled chicken breast w/ BBQ sauce packet-(2) Mashed potatoes Steam broccoli/cheese sauce Dinner roll Fruit/ Animal Crackers	Italian dunkers (2) w/ marinara sauce Super sweet corn Romaine salad w/ ranch dressing Fruit	Beefy Nachos (Taco filling# w/nacho chips) Potato wedges Cheese dip / Salsa Fruit	Rib patty on bun Potato wedges Baby carrots w/ ranch dip Fruit Cookie Ketchup (2)
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Frosted Pop-tart	Pancake sausage stick, syrup,	Egg biscuit, jelly	Honey bun	Choice of donut
Hamburger on bun French fries Baked beans Frozen fruit slushy Ketchup (4) Mustard (4 <sup>th</sup> -6 <sup>th-</sup> 1 each)	Salisbury beef steak W/ brown gravy Green beans Whipped potatoes Corn bread loaf Animal crackers	Pizza Super sweet corn Romaine salad w/ ranch Orange smiles	K-3 <sup>rd</sup> : Chicken fries, Potato smiles, ketchup 4 <sup>th</sup> -6 <sup>th</sup> Oriental chicken, Fried rice, K-6 <sup>th</sup> :California vegetables Mandarin oranges	Sub sandwich (turkey and cheese on bun) Chips Baby carrots w/ ranch dip Dragon punch Fruit
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Choice of Muffin	Mini waffles juice, fruit	Bagel w/ cream cheese	Biscuit & gravy	Choice of donut
Hot dog on bun Potato wedges Baked beans Frozen fruit slushy Ketchup (4) Mustard(4 <sup>th</sup> -6 <sup>th-</sup> 1 each)	Chicken strips Baby bakers Green beans Dinner roll Fruit / Animal crackers Ketchup -2	Bosco sticks (2) w/ marinara sauce Super sweet corn Romaine salad w/ ranch dressing Apple slices	Chicken quesadilla Potato smiles Salsa with chips Frozen slushy (v) Fruit	Breaded chicken patty on bun Tater tots Baby carrots w/ ranch Fruit, Cookie Ketchup (4), Mustard (1), Mayo (4 <sup>th</sup> -6 <sup>th</sup> -1 each)
Monday 29	Tuesday 30	Wednesday May 1	Thursday 2	Friday 3
Frosted Pop-tart	Mini pancakes, syrup	Mini-cinni	Sausage biscuit, jelly	Choice of donut
Chicken nuggets Potato wedges Baked beans Frozen fruit slushy Ketchup - 3	Cheesy meatloaf patty with ketchup Whipped potatoes Green beans Dinner roll Fruit / Animal crackers	Pizza Super sweet corn Romaine salad w/ ranch Orange smiles	Hamburger on bun Oven bake fries Baby carrots w/ ranch dip Fruit Ketchup (3) Mustard (1: 4 <sup>th</sup> -6 <sup>th</sup> )	Hot Dog on bun Bowl of chili w/ Fritos Cheese stick Tater tots Fruit Ketchup (2)

## PLEASE SEND LUNCH MONEY IN ADVANCE OF MEAL PURCHASES.

(Checks preferred)

- Payments can be made on-line through your Skyward account. Contact your school's office for more information Log on to your Skyward account to view your account balance. Call your school's office for more information
- NOTE: we require a 24-hour window of time to put money on your account if you send payment to the office
- ACCOUNTS ARE AUTOMATICLY UPDATED DAILY.

*Meal statements are automatically emailed. You must have a valid email on file in order to receive the automatic notices.* <u>Help paying for students' meals</u> may be available by filling out a family income application to see if the student qualifies for a free or reduced lunch code. This information is highly confidential. More information can be obtained by calling the food service director or your school's office.

Breakfast	Lunch	
Reduced .30	.40	
K-8 <sup>th</sup> : \$1.75	\$2.60	
9-12 <sup>th</sup> : \$2.25	\$2.85	
Adult: \$2.50	\$3.60	

## 4<sup>th</sup> – 6<sup>th</sup> grade: Offer Vs. Serve

Students do not have to take all food items, but at breakfast they must take 3 items **including the fruit or juice**. At lunch they must take 3 items from the 5 groups offered (Grain, Fruit, Vegetable, Meat/meat alternate, Milk) and **one item must be a fruit or a vegetable**.

Choice of milk served at all meals. Juice is offered at breakfast Menu subject to change due to availability of food

> Jeannie Ellis, Food Service Director 681-985-2940 jellis@cartervilleschools.org

Carterville Unit #5 is an equal opportunity provider and employer.

