




Carterville High School Menu: April 8 – May 3, 2024



Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Breakfast	Lunch
No School	French toast sticks, syrup	Bagel w/scramble. egg & sausage topping	Biscuit & gravy, sausage patty	Cinnamon roll	K-8th: \$1.75	\$2.60
Eclipse Day 	Spicy chicken strips OR BBQ grilled chicken Baby bakers Green Beans Dinner roll	Italian dunkers OR Garlic French Bread Marinara sauce Side salad /Dressing Potato wedges	Boneless Sriracha wings OR Chicken strips Steam broccoli w/ cheese sauce Whipped potatoes Dinner roll	Sloppy Joe OR Breaded fish patty w/cheese on bun Mac & cheese Baby carrots w/ ranch dip Smokey beans Chocolate chip cookie	9-12th: \$2.25	\$2.85
	Adult: \$2.50				Reduced .30	Reduced .40
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19		
Mini-Cinnis	Pancake sausage stick, syrup,	Egg patty, bacon, biscuit	Biscuit & gravy, sausage patty	Cinnamon roll		
Meatball sub OR Grilled Chicken Patty/ bun Krinkle Kut fries Baked beans	Salisbury steak w/ gravy OR Chicken Drumsticks Green beans Mashed potatoes Corn bread loaf	Bosco sticks w/ marinara OR Buffalo chicken hot pocket Side salad w/ ranch Steamed broccoli	Tangerine chicken OR Chicken strips Vegetable fried rice California Vegetables Mango wango/ Dragon punch Chocolate chip cookie	Cheeseburger on bun OR Philly cheese steak on bun French fries Super sweet corn		
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26		
Assorted muffins	French toast sticks, syrup	Mini bagel with strawberry cream cheese	Biscuit & gravy, sausage patty	Cinnamon roll		
Lion's bowl (all in one bowl) OR Chicken nuggets Mashed potatoes Simply sweet corn Dinner roll	Polo loco chicken (chicken with white cheese sauce) OR Chicken & cheese quesadilla Spanish rice Salsa and tortilla chips Fiesta black beans	Italian dunkers OR Garlic French Bread Marinara sauce Potato wedges Side salad /Dressing	Buffalo chick mac & cheese OR Toasted ravioli with marinara California Blend Veggies Mango wango /Dragon punch Garlic breadstick	Corn dog OR Hot ham & cheese on bun Tomato soup w/goldfish crackers Tater tots Baby carrots w/ ranch dip		
Monday 29	Tuesday 30	Wednesday May 1	Thursday 2	Friday 3		
Bagels w/ cream cheese	Pancake sausage stick, syrup,	Chicken on a biscuit	French toast, syrup	Cinnamon roll		
Chicken alfredo OR Chicken strips Au gratin potatoes Corn on cob	Breaded beef steak OR Chicken fries w/ gravy Glazed carrots Whipped potatoes Dinner roll	Pizza slice- Cheese OR Pepperoni Super sweet corn Waffle fries Rice krispie treat	Taco/soft shell (beef taco filling, shredded cheese & lettuce) OR Fiesta beans Salsa & chips	Breakfast for Lunch: Biscuit & gravy OR pancakes w/ syrup Sausage OR Bacon Hash brown Mango Wango /Dragon Punch		

PLEASE SEND LUNCH MONEY IN ADVANCE OF MEAL PURCHASES. (Checks preferred)
 Payments can be made on-line through your Skyward account. Contact your school's office for more information Log on to your Skyward account to view your account balance.
NOTE: we require a 24-hour window of time for the money to show up on your account if you send check/cash to the office

ACCOUNTS ARE AUTOMATICLY UPDATED DAILY. MEAL BALANCE STATEMENTS ARE AUTOMATICLY GENERATED AND SENT VIA EMAIL. There is a \$25.00 "grace" charge limit on all food service accounts. If the account is not paid in a timely manner, you may be required to fill out a free/reduced application.

Help paying for students' lunches may be available by filling out a family income application to see if the student qualifies for a free or reduced lunch code. This information is highly confidential. More information can be obtained by calling the food service director or your school's office.

Available at breakfast everyday Milk, juice, and fruit served daily. Choice of hot entrée (see menu) or grab and go items.

Available at lunch everyday Milk, juice, and fruit served daily. Choice of entrée and sides, dinner salad, or sub sandwich. Salad and sub choice posted daily in the cafeteria.

A La Carte items available everyday
 Price of items vary: \$1.00 \$2.00. See daily menu board for the choice.

Offer Vs. Serve
 Students do not have to take all food items, but at breakfast they must take 3 items **including the fruit or juice.** At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/meat alternate, Milk) and **one item must be a fruit or a vegetable.**

Jeannie Ellis, Food Service Director
 618-985-2940
 jellis@cartervilleschools.org

Carterville Unit #5 is an equal opportunity provider and employer.