

# WYNOT PUBLIC SCHOOLS



## ACTIVITIES HANDBOOK

## **NON-DISCRIMINATION**

The Wynot School District does not discriminate on the basis of race, color, national origin, sex, disability, religion, age or other protected status in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following persons have been designated to handle inquiries regarding the non-discrimination policies:

Paul Hans, Superintendent, PO Box 157, Wynot, NE 68792 (402) 357-2121 (paul.hans@wynotpublicschools.org.)

Complaints or concerns involving discrimination or needs for accommodation or access should be addressed to the appropriate Coordinator. For further information about anti-discrimination laws and regulations, or to file a complaint of discrimination with the Office for Civil Rights in the U.S. Department of Education (OCR), please contact the OCR at 8930 Ward Parkway, Suite 2037, Kansas City, Missouri 64114, (816)268-0550 (voice), or (877)521-2172 (telecommunications device for the deaf), or ocr.kansascity@ed.gov.

## **ALCOHOL, DRUGS, AND TOBACCO**

The use of alcohol, illicit drugs, and tobacco by students in grades 7 through 12 participating in extra-curricular (non-graded) activities is expressly and absolutely prohibited. Accordingly, the following policy is to govern the pre-season and regular season conduct of students who have **voluntarily** committed to extra-curricular activities:

1. Students that participate in extracurricular activities that include (speech, one-act play, girls volleyball, girls basketball, girls track, boys football, boys basketball, boys track, girls golf, and boys golf) are advised that the use or possession of alcohol, illegal drugs, and any form of tobacco is not acceptable and violation of this prohibition will be subject to the outlined provisions.
  - 1) **First Offense** - - suspended from extra-curricular activities for a period of seven (7) days in the event of self-reporting to a coach/sponsor of the activity or to a school administrator.
  - 2) **Second Offense** - - suspended from extra-curricular activities for a period of thirty (30) days in the event of self-reporting to a coach/sponsor of the activity or to a school administrator.
  - 3) **Third Offense** - - suspended from all extra-curricular activities for the 90 days in the event of self-reporting to a coach/sponsor of the activity or to a school administrator. A student involved in two or more alcohol or drug related violations in a given school term will also be recommended for an appropriate evaluation via the School Community Improvement Program.
2. A student who does not self-report violation of the prohibited conduct will be notified by the activities director or head coach that he/she has been observed and reported as being in violation of the policy. The student has 24 hours to either; one self-report and begin the seven (7) days suspension or **appeal** of the reported infraction. (This is the student's due process.)
3. The student's appeal of the violation will be conducted by a panel of at least three faculty members designated from an available pool determined by the Board of Education who have no discernible conflict of interest with the reporting party and the student. The appeal hearing will be scheduled in 48 hours and no later than 72 hours following the student's request.
4. A student opting for an appeal hearing must be accompanied by one parent or guardian at designated hearing. The reporting party must also be present at the hearing.

The hearing officer will be designated by the hearing panel prior to commencement of the hearing. Each party will be given time for statements. Questions will be allowed at the

discretion of the hearing committee and the committee may question all parties involved.

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The committee will render a decision within one-half hour of the hearing conclusion. The panel is to either uphold the reported infraction or exonerate the student. A student whose appeal is denied will encounter the following consequences:

**First Offense** - - Extra-curricular suspension will be for a period of fourteen (14) days.

**Second Offense** - - Extra-curricular suspension for 60 days.

**Third Offense** - - Extra-curricular suspension for the remainder of the school term.

5. At any time up to the commencement of the hearing committee, a student has the option to self-report and the required days of suspension begin at the time of self-reporting.

Parents will be invited to pre-season meetings detailing expected conduct.

Students violating the prohibition during **pre-season** at a minimum will not be allowed to participate in the season's first contest regardless of the time frame of the self-report and/or this is directed to be the case in the event of an appeal denial. Unless the student takes diversion, in this situation the court case is dismissed as well as the student suspension from activities.

Reports of the infraction may be made by police, school personnel or Board of Education members ***within 72 hours of the incident***. Further, the reporting party must document **in writing** the event related to the violation and must be present at the follow-up hearing in the event of an appeal.

The school administration shall act as the agent for the convening of the hearing committee in the event a student chooses to appeal a reporting.

Violations of prohibited use of alcohol, drugs, and tobacco are to be accumulative for the school term. (Example - a suspension for tobacco is the first offense; a later infraction for alcohol would be the student's second violation under the terms of this policy, etc.)

**Appeal Committee Membership** will be held in confidence prior to conducting the hearing to help insure as impartial as possible a hearing.

**Violation of any law will be dealt with in accordance to the appropriate handbook.**

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## **WYNOT HIGH SCHOOL BLUEDEVIL BAND HANDBOOK**

The Wynot Blue Devil Band is a group whose foundation is built on pride, school spirit, and dedication. As a member of the Blue Devil Band, you have a responsibility to the music as well as to the group. Each member plays an important role in the success of this group.

Band is a combination of academic and extra-curricular course work that makes it unique. Eligibility rules do not apply to band. Daily rehearsals are structured just like other classes. This is the time that music education is taught and the student will be graded on classroom participation using a point system. Performances are assessments of what has been learned and will be graded as a test score. Absence from a performance will affect the student's grade and arrangements will need to be made to make up the points. It is very important for all members to be at all performances.

This handbook was created to assist you in becoming more familiar with the proper conduct of a band member and to outline various procedures utilized during the year.

### **Goals of Instrumental Music**

- To be aware of and recognize the value of the world's musical heritage, to feel comfortable with music in varied settings, and to respect each individual's unique aspirations and values.
- To develop listening, performance, and creative skills
- To experience beauty and express emotion through a discipline.
- To develop musicianship and a sensitivity to all of those elements which make musical performance an art as well as a skill.
- To provide students the opportunity to explore music regardless of race, sex, or cultural background.
- To develop psychomotor skills as needed for the performance of music.

### **NON-MUSICAL GOALS:**

- To encourage teamwork among students which is the #1 trait looked for by employers.
- To contribute to positive character development.
- To provide opportunities for social and group adjustment.
- To instill a sense of self-confidence in ones' ability to perform.
- To promote characteristics which encourage the development of responsibility.
- To acknowledge, in a positive manner, the self-worth of each individual.
- To assist in the development of mental and/or self-discipline.

### **REHEARSAL PROCEDURES**

1. Rehearsal time is very valuable, and with the continued use of the four-day school week, every minute must be used for good rehearsing purposes.
2. Arrive on time, get your instrument out, and see that it is in good playing condition. Be ready to play as soon as the director is ready to start. **HAVE A PENCIL WITH YOU AT ALL TIMES TO MARK YOUR MUSIC!!!**
3. If you are absent from rehearsal, and share music with another person, see that the music gets to the rehearsal.
4. *Special Projects.* These can involve a variety of things including solo and ensemble contest or occasional research and/or listening assignments. There may or may not be a Special Project for each grading period.
5. *Performance.* When planned, organized, and evaluated as a culminating activity in a learning experience, performance before an audience is a legitimate and important part of the music curriculum. The performance for the Band is comparable to a final exam. Such performance should become for the students a goal to be attained through self-directed activities, cooperative planning and organization, self-disciplined practice, creative thought and action, and self evaluation.

### **RULES OF STUDENT CONDUCT**

The rules of student conduct and behavior are expressly stated in the Student Handbook under Section B. These basic rules will be adhered to at all times during the school day and at school sponsored activities.

### **RULES OF STUDENT ATTENDANCE**

Students must be present in school the last four (4) hours of the day prior to the event, unless the event begins before the 4<sup>th</sup> hour of school. If this is the case they are expected to be here all periods before the event.

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### **RULES CONCERNING THE USE OF ALCOHOL, DRUGS, AND TOBACCO**

When during the school day, or on a school sponsored trip, the use of the above mentioned substances will result in the enforcement of the punishments stated in the Student Handbook under Section B "Regulations and Guidelines"

### **SCHOOL INSTRUMENTS**

Out of the ordinary instruments and those of high value are provided by the school and rented to individuals. Students playing these instruments will adhere to the following rules:

- Students using school instruments will fill out a School Instrument Agreement and this form will be signed by the student and parent/guardian.
- If the student uses a school instrument, a fee of \$10.00 per month will be paid to the school for the rental. This money will go toward the general maintenance of the horn and also toward the replacement of the horn in the future. All payments will be made through the Business Office.
- If the student is playing a school instrument at the request of the director, no fee will be assessed, but an Instrument Agreement will be completed.
- Students playing school instruments may be required to share the instruments with an underclassman. In this instance, more than one mouthpiece will be provided for obvious health reasons.

- All school instruments will be kept in the best possible working condition. If a school instrument needs repair, the director should be notified at once. Every attempt is made to see that all instruments are checked during the summer. Upon receiving the instrument in the fall, the student should check the playing condition.
- Any repairs needed after the initial
- Inspection will be paid for on an 80% - 20% basis. The school will be responsible for the 20% of the repair cost due to wear. Each student is responsible for the horn they rent, which includes the purchase of reeds, oil, cork grease, etc.

### **PUBLIC APPEARANCES**

- Every band member is required to attend every performance of the band throughout the year as indicated on the Instrumental Music Calendar. The student's grade will be affected if there is an unexcused absence from a performance. • Members must report to the designated place at the time stated in order to prepare for the performance. No one is permitted to leave in advance of the group dismissal.
- Any time the band is making a public appearance, conduct must be at the highest at all times. Remember you are a representative of Wynot Public Schools.
- Each person is responsible for their own equipment needed for a particular performance.
- In going to and from an appearance, the band will travel as a unit. School Board Policy states that only a student's parents can take the student off the bus to ride with them, and then only by filling out a release form or note. School policy does not allow any student to ride with another student's parents.
- Rules set forth by the Board of Education Policy in the Student Handbook takes precedence at all times.

### **DRESS CODE FOR PERFORMANCE**

Concert or Contest: Dress Shirt & Tie, Dress Pants, Dresses or Skirts (Knee length or longer), Dress

Shoes **PEP BAND REGULATIONS**

- A call time will be given. Be on time.
- Following the half-time, students will be dismissed.
- Members are responsible for his or her music.
- Members are to keep a pep band folder.
- Members are to sit in designated area with like section.
- Only sportsmanship like behavior is acceptable.
- Only band members will sit in the band section.
- All band members will play the National Anthem.
- No drumming or horn blowing during the game.
- Always be ready to play. Members should be ready to play at all times, as we will play the school song after every touchdown. • All students are responsible for returning music and instruments immediately to their proper places in the band room following a performance.
- The band room will close 10 minutes after the last performance at the game.

### **BUS TRIPS**

1. Safety first. Stay in your seats at all times while the bus is in motion.
2. State Law states that no part of a passenger may be outside the bus while it is in motion.
3. Ask permission of the bus driver before using the emergency exit for loading and unloading the equipment.
4. Each member is responsible for loading and unloading his/her own equipment.
5. Roll call will be taken after each stop.
6. Sign up sheets will be posted prior to each trip to give each member an opportunity to ride the bus of their choice.
7. Parents of band members are encouraged to help sponsor band trips. Contact the director if you can assist. Parents, your support is needed.
8. Students who damage school or personal band property will replace/reimburse the cost of the repair or replacement.

### **NSAA TOURNAMENT PERFORMANCE**

The Wynot Blue Devil Band may perform at sub-district, district and state Championship games/matches if our football, volleyball or basketball teams qualify. Administrative approval is required. Transportation will be arranged for these events.

## **WYNOT PUBLIC SCHOOLS CHORUS AND SWING CHOIR HANDBOOK**

As a member of the Wynot High School Chorus, you have the responsibility of creating the best music possible that is within you. An old statement of fact still holds true today that any organization or team is only as strong as its weakest member. No one in this chorus should be a weak member if he or she has pride in the future of the chorus as a superior organization.

Whenever the chorus performs, you are no longer an individual, but a whole unit, and what you do as an individual within the unit effects the outcome of the group as a whole. You must never forget this.

Eligibility rules do not apply to Chorus and Swing Choir.

This handbook was created to assist you in becoming more familiar with the proper conduct of a chorus member and to outline various procedures utilized during the year.

### **GOALS OF VOCAL MUSIC**

Chorus is designed as a study in vocal production and music fundamentals. Students have many opportunities to sing for personal enjoyment and perform a variety of choral literature.

1. To develop correct vocal techniques. To develop fundamental music skills in notation and sight-singing.
2. To recognize musical elements and demonstrate expressive qualities in varying styles of choral music.
3. To contribute to the blend, balance and quality of the ensemble by developing the ability to sing a part securely.
4. To develop confidence in performing by practicing performance etiquette and decorum.
5. To have opportunities for the enjoyment of music through active participation.
6. To develop self-discipline by functioning as a responsible member of the organization.
7. To experience successful achievement and pleasure through group involvement.
8. To develop personal character traits of leadership, poise, and dependability as well as provide an avenue for self-expression.
9. To develop a desire to continue musical experiences.

### **GRADES**

1. Individual singing assessment.
2. *Rehearsals* (Daily, Sectional, and Extra). As Chorus is a laboratory course with much of the work being done during rehearsal time, the rehearsals are an important part of the class requirements.
3. *Written Tests*. While not used often, students may occasionally be given a written test on materials covered in class.
4. *Special Projects*. These can involve a variety of things including solo and ensemble contest or occasional research and/or listening assignments. There may or may not be a Special Project for each grading period.
5. *Performance*. When planned, organized, and evaluated as a culminating activity in a learning experience, performance before an audience is a legitimate and important part of the music curriculum. The performance for the Chorus is comparable to a final exam. Such performance should become for the students a goal to be attained through self-directed activities, cooperative planning and organization, self-disciplined practice, creative thought and action, and self-evaluation.

### **RULES OF STUDENT CONDUCT**

The rules of student conduct and behavior are expressly stated in the Student Handbook under Section B. These basic rules will be adhered to at all times during the school day and at school sponsored activities.

### **RULES OF STUDENT ATTENDANCE**

Students must be present in school the last four (4) hours of the day prior to the event, unless event begins before the 4<sup>th</sup> hour of school. If this is the case they are expected to be here all periods before the event.

### **RULES CONCERNING THE USE OF ALCOHOL, DRUGS, AND TOBACCO**

When during the school day, or on a school sponsored trip, the use of the above mentioned substances will result in the enforcement of the punishments stated in the Student Handbook under Section B "Regulations and Guidelines".

### **PUBLIC APPEARANCES**

- Every chorus member is required to attend every performance of the chorus throughout the year as indicated on the Music Calendar. The student's grade will be affected if there is an unexcused absence from a performance.
- Members must report to the designated place at the time stated in order to prepare for the performance. No one is permitted to leave in advance of the group dismissal.

- Any time the chorus is making a public appearance, conduct must be at the highest at all times. Remember you are a representative of Wynot Public Schools.
- In going to and from an appearance, the chorus will travel as a unit. School Board Policy states that only a student's parents can take the student off the bus to ride with them, and then only by filling out a release form or note. School policy does not allow any student to ride with another student's parents.
- Rules set forth by the Board of Education Policy in the Student Handbook takes precedence at all times.

### **DRESS CODE FOR PERFORMANCE**

Chorus - - Concert or Contest:

Boys . . . Dress Shirt & Tie, Dress Pants, Dress Shoes

Girls . . . Dresses or Skirts (Knee length or lower) or Dress Pants and Shoes

Swing Choir members are responsible for the purchase of their own individual performance attire.

## **WYNOT PUBLIC SCHOOLS SPEECH AND ONE-ACT PLAY HANDBOOK**

The following are rules that have been adopted by Wynot High School for Speech and One-Act Play:

- Speech and drama activities enhance the academic program at Wynot High School as well as offer opportunities for students to express themselves creatively. The activities are open to students in grades 9-12, subject to the following rules. • Academic eligibility is governed by NSAA rules and the Wynot High School Student Handbook.
- Any violation of the alcohol/drug/tobacco policy will be governed as stated on page one of this handbook. • Individual speech events are open to all eligible students. If more than two individuals prepare speeches in any one division, try-outs will be held prior to the first contest, and the two highest scoring students will participate in contests. Group events may be cast by try-outs or at the speech coach's discretion. All students must practice with the coach at regularly scheduled times in order to be allowed to participate in either try-outs or contests.
- When attending a contest at home or in other schools, students will be dressed neatly and in good taste and will be expected to conduct themselves in an appropriate manner.
- The season is designated as from the time of first try-outs until students return home (or back to the school) from the last contest of the contest year.
- If there are openings for parts in speech or a play even after the date of try-outs has passed, it will be left to the coach's discretion to choose such people to fill them. All students selected for parts in a play shall continue in the play for the duration of the season. If a student breaks agreement to participate and fulfill the part for which he/she was selected, then he/she (or they) must stand the cost for their play books and their share of the royalty of the play for that season.

In order to participate in a one-act play or speech contest, students must be present in school that day until time for departure for the contest.

## **WYNOT PUBLIC SCHOOLS NATIONAL HONOR SOCIETY RULES AND RESPONSIBILITIES**

Members are expected to maintain the standards of Scholarship, Leadership, Service, and Character that were used as a basis in their selection. Membership is a privilege, not a right.

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To become a member a student must: 1) Have a grade point average of **3.25** or above, after completing two semesters of high school work, at least one of which was at Wynot High school. 2) Apply for membership and 3) Be selected by a faculty committee **with a composite score of 2.5**. Although students are to be commended for maintaining a high scholastic average, membership is made by the faculty committee. All eligible students will be notified. All eligible students who apply for membership will be notified as to whether they are accepted or not. Only the students who become members will be recognized in the ceremony.

A faculty committee will consist of the National Honor Society Advisor, the Principal, and three teachers at the secondary level.

If a member's grades fall below a Grade Point Average (G.P.A.) of **3.25**, he/she routinely fails to demonstrate the qualities of

scholarship, leadership, service, and character, he/she will be given a warning by the faculty committee and given one semester to correct the problem. If he/she fails to do so, he/she will be dismissed.

If a member receives a “D+ or lower” on his/her report card for the Quarter or Semester, they will be dismissed from the Honor Society immediately.

In the case that a violation of a school rule or a civil law is reported (included but not limited to consumption/possession of alcohol or other drugs, or cheating) the student may explain the situation before a faculty committee if he/she desires. The committee will then meet privately and decide whether the student will be dismissed or not.

If a student is dismissed before November 1<sup>st</sup>, he/she may become a candidate again that fall if he/she meets the requirements. Dismissals after November 1<sup>st</sup> must wait until the following fall. However, if a dismissed candidate is granted reinstatement, he/she will simply be reinstated and not honored a second time at the Induction Ceremony.

**If a student is currently dismissed he/she may not claim membership in any way.** This includes interviews, scholarship applications, college applications, and resumes.

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## **WYNOT PUBLIC SCHOOLS BOYS ATHLETIC HANDBOOK**

Wynot Public Schools offer an outstanding athletic program available to the students. Athletics are offered to any student who may want to participate. At Wynot, athletics is a privilege, not a right. This handbook has been established to state the guidelines that go along with those privileges of being an athlete. This is the handbook that will be followed for boys athletics.

### **ATTENDANCE AT PRACTICE AND CONTESTS**

Athletics are expected to be at all practices scheduled by the coach. Should an athlete not be able to attend practice, he must contact the coach in advance. Exceptions: When the athlete is absent from school due to illness or other legitimate reason, he does not need to notify the coach. However, coaches appreciate knowing the reason the athlete is absent from practice. **COMMUNICATE WITH YOUR COACH.**

Athletes are expected to be on time. . . in fact, ahead of time . . . for all practices, contests, and departures for contests.

Should an athlete miss a practice or contest without being excused in advance, the athlete will be required to make up this practice, either before or after a regular practice or on an off day, but the total time of the practice will never exceed the normal length of a practice. Should the athlete miss a second practice without being excused in advance, the athlete will be withheld from at least one half of the next contest in which he is scheduled to participate. Should an athlete miss a third practice or contest without being excused in advance, the athlete will be dismissed from the squad for the remainder of the season.

All practices are important, not only to the safety of the individual athlete, but to the team. In some cases, when an athlete must miss practice and is excused in advance, it is suggested he spends extra time before or after regular practice to make up the time lost. This is the only way in which coaches can help the individual regain skills which are missed because of absences from practice.

**\*\* ALL STUDENTS MUST BE PRESENT FOR THE LAST FOUR (4) HOURS THAT DAY (NOON) TO PARTICIPATE AT THAT NIGHT'S/DAY'S PRACTICE OR CONTEST, unless the event begins before the 4<sup>th</sup> hour of school. If this is the case they are expected to be here all periods before the event.**

As per School Board Policy there will be no practice, no games, or shooting sessions on days school is dismissed for inclement weather.

### **EQUIPMENT**

The athletic department tries to furnish the athlete with as much of the equipment needed as is feasible. We are confident that we have good equipment and in the case of contact sports, our athletes are well protected.

All equipment will be checked out to individuals at the beginning of the season by the coach in charge. The athlete will be responsible for this equipment and should be prepared to pay for the cost of replacement if it is not checked in at the end of the season in reasonable condition. All school equipment shall remain the property of the school. Any Wynot High School equipment observed being worn outside of an activity will be confiscated.

It is the responsibility of the athlete to check in the equipment at the end of the season or immediately, should he quit or be



dismissed from the sport. If an athlete fails to check in their equipment at the designated time, he will be expected to pay for the cost of replacement. All collections for lost equipment will be handled in the main office.

At no time should an athlete wear equipment checked out to him except for practices, game days, or

contests. **CONDUCT AND DRESS FOR HOME/AWAY GAMES**

**CONDUCT:** The athlete from Wynot High School should conduct themselves in an appropriate manner at all times. He will respect the opposition as well as the facilities of the opposition.

**DRESS:** Dress of a team member should be clean, neat, and in good taste for both home and away games. This will mean dress pants and dress shirt. This excludes blue jeans and T-shirts.

**TRANSPORTATION:** The athlete is expected to ride to and from the games on the team bus. The only exception would be if the athlete is going to or from the game with his parents and the coaches have been notified **in writing**.

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### **ACADEMIC ELIGIBILITY**

Academic eligibility is governed by the NSAA rules and Wynot High School Student Handbook.

### **LETTERING REQUIREMENTS**

Each time an individual letters in senior high, he will be awarded a letter certificate by the coach of that sport at the conclusion of the season. The first time and only the first time, that an individual letters in any sport at the senior high level, he will be awarded by the coach of the sport, the standard chenille letter representative of athletics. These will be presented on a date set aside, as Awards Night. The athletes are urged to be present at the awards ceremony so they can receive their awards and recognition.

**FOOTBALL . . .** A major letter may be won by (1) participating in 30% of the total quarters of all games played that season. (2) the player must finish the season in good standing with the team and coach, and (3) coaches discretion due to illness, etc.

**BASKETBALL . . .** A major letter may be won by (1) participating in 30% of the total quarters of all games played that season. (2) the player must finish the season in good standing with the team and coach, and (3) coaches discretion due to illness or etc.

**TRACK . . .** A major letter may be won by (1) placing in any large meet such as conference, invitational's, or upon the coaches discretion. (2) the player must finish the season in good standing with the team and coach, and (3) coaches discretion due to illness or etc.

### **SUSPENSION**

In the event that a student is suspended from any activity for any reason, they are still part of the team and are expected to travel with the team, to and from games, and be part of that teams bench. Failure to comply may result in additional suspension. Exception would be for those events which occur during the school day, they are not permitted to attend.

### **ADDITIONAL PARTICIPANTS RESPONSIBILITIES**

In the event that student/students will be participating in an event that requires overnight lodging a comprehensive letter of expected behavior will be distributed to students and their parents/guardians. This letter will outline the expected conduct. It will also outline consequences in the event of inappropriate conduct.

### **RIGHT OF HEARING**

Any athlete or parent/guardian is entitled to an informal hearing before the coach, activities director, and superintendent regarding infractions of these rules. After appearing before this group, athletes and/or parents or guardians may request a hearing before the Board of Education.

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## **WYNOT PUBLIC SCHOOLS GIRLS ATHLETIC HANDBOOK**

Wynot Public Schools offer an outstanding athletic program available to the students. Athletics are offered to any student who may want to participate. At Wynot, athletics is a privilege, not a right. This handbook has been established to state the guidelines that go with those privileges of being an athlete. This is the handbook that will be followed for girls athletics.

## **ATTENDANCE AT PRACTICE AND CONTESTS**

Athletics are expected to be at all practices scheduled by the coach. Should an athlete not be able to attend practice, he must contact the coach in advance. Exceptions: When the athlete is absent from school due to illness or other legitimate reason, she does not need to notify the coach. However, coaches appreciate knowing the reason the athlete is absent from practice. **COMMUNICATE WITH YOUR COACH.**

Athletes are expected to be on time. . . in fact, ahead of time . . . for all practices, contests, and departures for contests.

Should an athlete miss a practice or contest without being excused in advance, the athlete will be required to make up this practice, either before or after a regular practice or on an off day, but the total time of the practice will never exceed the normal length of a practice. Should the athlete miss a second practice without being excused in advance, the athlete will be withheld from at least one half of the next contest in which she is scheduled to participate. Should an athlete miss a third practice or contest without being excused in advance, the athlete will be dismissed from the squad for the remainder of the season.

All practices are important, not only to the safety of the individual athlete, but to the team. In some cases, when an athlete must miss practice and is excused in advance, it is suggested she spends extra time before or after regular practice to make up the time lost. This is the only way in which coaches can help the individual regain skills which are missed because of absences from practice.

**\*\* ALL STUDENTS MUST BE PRESENT FOR THE LAST FOUR (4) HOURS THAT DAY (NOON) TO PARTICIPATE AT THAT NIGHT'S/DAY'S PRACTICE OR CONTEST, unless the event begins before the 4<sup>th</sup> hour of school. If this is the case they are expected to be here all periods before the event.**

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## **EQUIPMENT**

The athletic department tries to furnish the athlete with as much of the equipment needed as is feasible. We are confident that we have good equipment and in the case of contact sports, our athletes are well protected.

All equipment will be checked out to individuals at the beginning of the season by the coach in charge. The athlete will be responsible for this equipment and should be prepared to pay for the cost of replacement if it is not checked in at the end of the season in reasonable condition. All school equipment shall remain the property of the school. Any Wynot High School equipment observed being worn outside of an activity will be confiscated.

It is the responsibility of the athlete to check in the equipment at the end of the season or immediately, should he quit or be dismissed from the sport. If an athlete fails to check in their equipment at the designated time, he will be expected to pay for the cost of replacement.

All collections for lost equipment will be handled in the main office.

At no time should an athlete wear equipment checked out to him except for practices, game days, or

contests. **CONDUCT AND DRESS FOR HOME/AWAY GAMES**

**CONDUCT:** The athlete from Wynot Public School should conduct themselves in a well behaved manner at all times. She will respect the opposition as well as the facilities of the opposition and the decision of officials.

**DRESS:** Dress of a team member should be clean, neat, and in good taste for both home and away games. This will mean a dress or dress pants and blouse. This excludes blue jeans and T-shirts.

**TRANSPORTATION:** The athlete is expected to ride to and from the games on the team bus. The only exception would be if that athlete is going to or from the game with her parents and the coaches have been notified **IN WRITING.**

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Academic eligibility is governed by the NSAA rules and Wynot High School Student Handbook.

## **LETTERING REQUIREMENTS**

Each time an individual letters in senior high, she will be awarded a letter certificate by the coach of that sport at the conclusion of the season. The first time and only the first time, that an individual letters in any sport at the senior high level, she will be awarded by the coach of that sport, the standard chenille letter representative of athletics. These will be presented on a date set aside, as Awards Night. The athletes are urged to be present at the awards ceremony so they can receive their awards and recognition.

### **VOLLEYBALL**

A varsity letter may be won by: 1) entering or participating in at least one-half of the varsity matches, 2) a senior member in good standing with the volleyball team for four complete years, 3) coaches discretion due to illness, attitude, etc., may be employed due to unforeseen circumstances.

### **BASKETBALL**

A varsity letter may be won by: 1) entering or participating in 30% of varsity game quarters, 2) a senior in good standing with the basketball team for 3 complete years, 3) coaches discretion due to illness or etc.

### **TRACK**

A varsity letter may be won by: 1) placing in any major meet such as conference, invitationals, or upon the coaches discretion, 2) the player must finish the season in good standing with the team and the coach, and 3) coaches discretion due to illness or etc.

### **SUSPENSION**

In the event that a student is suspended from any activity for any reason, they are still part of the team and are expected to travel with the team, to and from games, and be part of that teams bench. Failure to comply may result in additional suspension. Exception would be for those events which occur during the school day, they are not permitted to attend.

### **ADDITIONAL PARTICIPANTS RESPONSIBILITIES**

In the event that student/students will be participating in an event that requires overnight lodging a comprehensive letter of expected behavior will be distributed to students and their parents. This letter will outline the expected conduct. It will also outline consequences in the event of inappropriate conduct.

### **RIGHT OF HEARING**

Any athlete or parent is entitled to an informal hearing before the coach, activities director, and superintendent regarding infractions of these rules. After appearing before this group, if dissatisfied, parents may request a hearing before the Board of Education.

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## **WYNOT PUBLIC SCHOOLS ACADEMIC ELIGIBILITY POLICY**

All scores used are to be cumulative grades.

The Board of Education of Wynot Public Schools recognize the value of extra-curricular activities as part of a student's educational experience. Through these activities, students may learn social skills, develop self-confidence, and learn to appreciate the value of hard work. The participation in extra-curricular activities is voluntary and considered an earned privilege granted by the successful completion of an academic program.

To be eligible to compete in extra-curriculum activities, after the second week of the quarter, a student must be passing in all but one (1) subject area. Any student failing more than one (1) course will be placed on academic probation for one (1) week (Monday Sunday). Students will have a one (1) week period to bring their grades to a passing level. If, after the end of that time, the student is failing two (2) or more classes (does not have to be the same classes), the student will be ineligible for the following week. Raising grades during that time will have no effect on the eligibility for that week. If, at the end of the week in which the student was ineligible, the student is still failing more than one (1) class, the ineligibility continues for the next week. Students do not get another week of probation until they have worked themselves off of the ineligibility list by having one (1) or fewer failing grade averages. During a period of ineligibility, students are expected to attend practice sessions for the activities in which they are involved. The eligibility list will be run by 9:00 a.m. on the first school day of the week.

The faculty and administration reserve the right to deviate from this policy in the case of students who have identified Special Education Handicapping conditions.

Students may participate in practice but not represent Wynot Public Schools in INTERSCHOLASTIC COMPETITION if they are failing in the above manner. These activities may include but are not limited to:

- Basketball, Football, Volleyball, Golf, and Track
- FCCLA, FBLA, FFA Contests
- Academic Contests

- Quiz Bowl Contests
- Field trips
- eSports Competitions

Musical concerts are not included on the above list of activities that a student may miss because of violation of the eligibility policy. In addition to the local policy above, N.S.A.A. enforces certain rules for participation in athletics. These provide additional rules to be met for each athlete in the legal participation in athletics. The local and state policies both determine eligibility. N.S.A.A. rules will be posted.

It should be understood that if a student is serving a suspension or not in school by 12:00 noon, that student will not be allowed to participate in a school-sponsored activity that evening. It is still permissible to be absent from school on Friday and participate on Saturday. The Principal reserves the authority to waive this requirement for an unusual circumstance.

Students who are failing one or more classes will be TAGGED for that week.

In effect, the student and parent should be advised: **ACADEMICS** are the primary emphasis of our school; **ACTIVITIES** are a privilege, not a right. Satisfactory progress is the responsibility of a student and his/her parents.

#### **UNFORESEEN CIRCUMSTANCES**

Every provision for appropriate, safe, learning conductive behavior over an entire school year can not possibly be anticipated in a handbook. The school administration will address the **unforeseen** as necessary. Any actions needed **will be** communicated to the parents before commencing. The Board of Education's review, council, and directives will be sought in those instances warranted.

**WYNOT PUBLIC SCHOOLS  
WEIGHT TRAINING**

I/We, \_\_\_\_\_, have been instructed in the proper use and safety involved in weight training during both supervised and unsupervised weight lifting. I/we realize improper use of equipment or improper techniques could cause injury. Therefore, I/we will follow these safety guidelines:

1. Lift with a buddy or spotter when working with free weights.
2. Observe and follow the proper techniques as posted.
3. Pins are securely locked into place.
4. Hands and shoes are dry and securely placed on handles and pedals.
5. Your back is always straight.
6. Lift with arms and legs.
7. Lift slowly and completely through a full range of motion.
8. Don't drop the weights.
9. Absolutely no pushing, shoving, or other horseplay.
10. Use proper breathing techniques.

I/We have read and understand the above letter.

\_\_\_\_\_  
(Student's Signature) (Date)

\_\_\_\_\_  
(Student's Signature) (Date)

\_\_\_\_\_  
(Student's Signature) (Date)

I have instructed the above student in weight lifting techniques.

\_\_\_\_\_  
(Coach's Signature) (Date)

I give my son or daughter permission to use weights during supervised and unsupervised lifting. I hereby waive all liability in the event of an unsupervised accident. I further understand that should I not sign this waiver my child is not to use or be in the weight room at any time, except during supervised P.E. classes or athletics.

\_\_\_\_\_  
(Parent Signature) (Date)

**PLEASE RETURN THIS SIGNED FORM TO THE OFFICE BY \_\_\_\_\_**

**WYNOT PUBLIC SCHOOLS  
STUDENT AND PARENT ACTIVITIES HANDBOOK SIGNATURE PAGE**

Circle **ALL** the activities your child/children plan(s) on participating in during the 2018-2019 school year.

\_\_\_\_\_ (Student's Name) (Student's Name) (Student's Name)

Band Band Band

Chorus Chorus Chorus

Swing Choir Swing Choir Swing Choir

Speech Speech Speech

Annual Annual Annual

National Honor Society National Honor Society National Honor Society

One-Act Play One-Act Play One-Act Play

FBLA FBLA FBLA

FFA FFA FFA

Girls Athletics Girls Athletics Girls Athletics

Volleyball Volleyball Volleyball

Basketball Basketball Basketball

Track Track Track

Golf Golf Golf

Boys Athletics Boys Athletics Boys Athletics

Football Football Football

Basketball Basketball Basketball

Track Track Track

Golf Golf Golf

I have read these rules and fully understand that infractions of them will result in the penalties which are outlined in the handbook.

\_\_\_\_\_  
(Student's Signature) (Date)

\_\_\_\_\_  
(Student's Signature) (Date)

\_\_\_\_\_  
(Student's Signature) (Date)

**I HAVE READ, REVIEWED, AND DISCUSSED THE ABOVE HANDBOOKS, IN WHICH MY CHILD OR CHILDREN WILL BE PARTICIPATING. FUTHER, THEY HAVE PERMISSION TO ATTEND THE ACTIVITIES DESCRIBED IN THIS HANDBOOK.**

\_\_\_\_\_  
(Parent's/Guardian Signature (Date)