


Breakfast & Lunch Menu

April 2024

EAST PRIMARY SCHOOL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BANANA BREAD ... PIZZA DELI SANDWICH	2 MINI WAFFLES ... CHICKEN SOFT TACOS DELI SANDWICH	3 FRUDEL ... HAMBURGER DELI SANDWICH	4 PANCAKE WRAP ... CHICKEN PATTY SANDWICH DELI SANDWICH	5 BREAKFAST ROUND ... HALF DAY GRAB N GO CORN DOGS
8 PANCAKE BITES ... CHEESY BREADSTICKS GRILLED CHEESE	9 SNACK WAFFLE ... HOT DOGS GRILLED CHEESE	10 CINNAMON BUN ... SPIRAL SPAGHETTI + ROLL GRILLED CHEESE	11 ENGLISH MUFFIN + YOGURT ... FISH STICKS GRILLED CHEESE	12 CHOCOLATE CHIP BENEFIT BAR ... HALF DAY GRAB N GO PB&J
15 BAGEL ... PIZZA DELI SANDWICH	16 MUFFIN + STRING CHEESE ... BEEF SOFT TACOS DELI SANDWICH	17 CINN TOAST CRUNCH BAR ... MAC + CHEESE + BREADSTICK DELI SANDWICH	18 SOFT PRETZEL ... CHICKEN NUGGETS DELI SANDWICH	19 MINI CINNI ... HALF DAY GRAB N GO CORN DOGS
22 FRENCH TOAST BENEFIT BAR ... MINI CHEESE PIZZA CHEESE QUESADILA	23 WAFFLE STICKS ... ORANGE CHICKEN + RICE CHEESE QUESADILLA	24 BREAKFAST BURRITO ... NACHOS CHEESE QUESADILLA	25 POP TART + STRING CHEESE ... FISH STICKS CHEESE QUESADILLA	26 APPLE DONUT ... HALF DAY GRAB N GO PB&J
29 MUFFIN BREAD ... CHEESY BREADSTICKS CHEESE QUESADILLA	30 ZEEZEE BAR + STRING CHEESE ... PIZZA STICKS GRILLED CHEESE			

Menu subject to change without notice.

Assorted fruit and vegetables offered daily. Milk choices included with both breakfast and lunch.

Students must take all of the following meal components:

BREAKFAST: at least 3 items, 1 must be a fruit or vegetable

1 Serving of Milk

1 half cup of a Fruit and/or Vegetable

1 Serving of Whole Grain

and/or 1 Serving of Meat/Meat Alternate*

LUNCH: at least 3 items, 1 must be fruit or vegetable

1 Serving of Milk

1 half cup of Fruit and/or Vegetable (or more)

1 Serving of Whole Grain

and/or 1 Serving of Meat/Meat Alternate*

(*meat/meat alternate examples: cheese, chicken, yogurt, pork, beef, etc)

This institution is an equal opportunity provider.

ALL MEALS ARE FREE OF CHARGE FOR ALL STUDENTS IN THE DISTRICT!