



# Breakfast & Lunch Menu

## March 2024

### EAST ELEMENTARY SCHOOL

FRIDAY

<b>THE FIRST WEEK OF MARCH IS NATIONAL SCHOOL BREAKFAST WEEK!</b>				1 <b>NO SCHOOL</b> IN SERVICE <b>GRADES K - 5</b>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
4 <b>BANANA BREAD</b> ... PIZZA  DELI SANDWICH	5 <b>STRAWBERRY WAFFLES</b> ... TERIYAKI CHICKEN + RICE  DELI SANDWICH	6 <b>CHOC CHIP BANANA BAR</b> ... HAMBURGER  DELI SANDWICH	7 <b>NO SCHOOL</b> CONFERENCES <b>GRADES K - 5</b>	8 <b>NO SCHOOL</b> CONFERENCES <b>ALL GRADES</b>
11 FRUDEL ... PIZZA STICK  HAM + CHEESE BAGEL	12 CINN TOAST CRUNCH BAR ... SLOPPY JOES  HAM + CHEESE BAGEL	13 SNACK WAFFLE ... NACHOS  HAM + CHEESE BAGEL	14 CINNAMON BUN ... CHICKEN NUGGETS  HAM + CHEESE BAGEL	15 BENEFIT BAR ... <b>HALF DAY</b> PB&J
18 PANCAKE WRAP ... CHEESY BREADSTICKS  GRILLED CHEESE	19 MINI CINNI ... ORANCE CHICKEN + RICE  QUESADILLA	20 BREAKFAST BURRITO ... FISH STICKS  GRILLED CHEESE	21 APPLE DONUT ... <b>SACK LUNCHESES</b> PB+J	22 POP TART ... <b>HALF DAY</b>  CORN DOG
25	26	27	28	29
<b>HAVE A SAFE AND HAPPY SPRING BREAK!</b>				

**Menu subject to change without notice.**

Assorted fruit and vegetables offered daily. Milk choices included with both breakfast and lunch.

**Students must take all of the following meal components:**

**BREAKFAST: at least 3 items, 1 must be a fruit or vegetable**

- 1 Serving of Milk
- 1 half cup of a Fruit and/or Vegetable
- 1 Serving of Whole Grain
- and/or 1 Serving of Meat/Meat Alternate\*

**LUNCH: at least 3 items, 1 must be fruit or vegetable**

- 1 Serving of Milk
- 1 half cup of Fruit and/or Vegetable (or more)
- 1 Serving of Whole Grain
- and/or 1 Serving of Meat/Meat Alternate\*

(\*meat/meat alternate examples: cheese, chicken, yogurt, pork, beef, etc)

This institution is an equal opportunity provider.

**ALL MEALS ARE FREE OF CHARGE FOR ALL STUDENTS IN THE DISTRICT!**