## APRIL 2024

### SAVANNAH R-3. 9-12



### 23/24 MEAL PRICES

**BREAKFAST** Student: \$2.35 LUNCH

Student (K-5): \$2.95. (6-12): \$3.15

Staff: \$2.55 Staff: \$3.85

Reduced: \$0.30

Reduced: \$0.40

MILK: \$0.60



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.

Savannah R-3 School District is an Equal Opportunity Employer and Provider.



### MONDAY TUESDAY THURSDAY WEDNESDAY FRIDAY April Fool's Day Cheese Omelet Cereal Pancake on a stick Cereal NO SCHOOL -PD DAY Toast Fruit Fruit Fruit Fruit Juice Juice Granola Bar Juice Milk Milk Juice Milk Milk Cereal Cook's Choice Mini Pancakes 10 Cereal Breakfast Pizza Fruit Fruit Fresh Fruit Fruit Granola Bar Juice Breakfast Bar Juice Juice Milk Juice Milk Milk Milk Cereal Mini Donuts Yogurt French Toast Sticks Cereal Fruit Granola Fruit Fruit Fresh Fruit Breakfast Bar Fresh Fruit Juice Juice Toast Juice Juice Milk Milk Juice Milk Milk Milk Bacon/Egg Biscuit Cook's Choice Cereal Pop Tarts Cereal Fruit Fruit Fresh Fruit Fruit Juice Juice Juice Toast Milk Milk Milk Juice

Mini Waffles Fruit

Juice Milk

Biscuit & Gravy Hashbrown

Fruit

Juice Milk





Milk

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April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April Fool's Day NO SCHOOL – PD DAY	Cheeseburger Baked Beans Carrot/Celery Sticks Fruit Milk	Corndog Green Beans Smile Potatoes Fruit Milk	COOK'S CHOICE 4	Chicken Patty Sandwich Veggie Cup Chips Apple Slices Milk
Soft Taco  Black Beans  Lettuce/Cheese Cup  Fruit  Milk	Turkey/Ham/Cheese Sandwich Veggie Cup Chips Fruit Milk	Chicken Nuggets Corn Mashed Potatoes Hot Roll Juice Milk	BBQ Sandwich French Fries Salad Craisins Milk	Cheese Pizza Corn Carrot/Celery Sticks Fresh Fruit Milk
Chicken Patty Sandwich Green Beans Tater Tots Juice Milk	Mac -N- Cheese Salad Chips Cinnamon Apples Milk	Walking Tacos Refried Beans Lettuce/Cheese Cup Fruit Milk	COOK'S CHOICE 18 Sweet Treat	Bosco Sticks Smile Potatoes Peas/Carrots Fresh Fruit Milk
COOK'S CHOICE 22	Breakfast for Lunch Hashbrown Patty Wango Mango Juice Apple Slices Milk	Hot Dog on Bun Baked Beans Tater Tots Fruit Milk	Country Baked Steak Corn Mashed Potatoes Hot Roll Fruit Milk	Sloppy Joe Sandwich French Fries Salad Fresh Fruit Milk
BBQ Sandwich Baked Beans Veggie Cup Fruit	COOK'S CHOICE 30 Sweet Treat			