

Harrisburg Middle School

Weekly Announcements

January 29, 2024



THIS WEEK

Monday, January 29

- Breakfast- Cereal
- Lunch- Fish Sticks
- **Boys Basketball at Lincoln (Cottage Grove). Dismiss at 2:50, Depart at 3:00**

Tuesday, January 30

- Breakfast- Pancakes w/ Syrup
- Lunch- Chic' Penne

Wednesday, January 31

- Breakfast- Cinnamon Roll
- Lunch- Corn Dog
- **Boys Basketball at Creswell. Dismiss at 2:55, Depart at 3:05**

Thursday, February 1

- Breakfast- Fruit Strudel
 - Lunch- Nachos
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- The bottom right corner of the page features a decorative graphic consisting of several overlapping geometric shapes in shades of pink, magenta, and blue.

As the weather gets colder, please make sure you are sending students to school with a warm jacket. Students are outside for recess and arrival/dismissal. Thank you!

Reminder

Make sure students are arriving at school on time!

Doors open at 8:05 and class starts at 8:10. Students need to check in at the front office if they are tardy.

After School Study Hall

Monday-Thursday 3:36-4:15. Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions. cindy.suttles@harrisburg.k12.or.us

Lunch Time

Lunch/recess is from 11:48-12:28. If you are picking up your student during this time we recommend that you call ahead of time. Letting us know in advance will help minimize wait time. Thank you for understanding! 541-995-6551

Front Office

Parents need to fill out the clipboard at the front office when checking students out early. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence.

Campus Safety

Due to safety concerns, **students should NOT be on campus after school** unless otherwise arranged with the school. We currently have middle school sports practicing in our gym during the evenings. The gym is only open to those students at this time. If your student is not attending practice they should not be on campus without supervision. Thank you for helping us keep our campus safe!

Dress Code

Please make sure students are following our school's dress code rules.

No crop tops, pajamas, blankets, slippers or any other sleepwear.

Students will be asked to change or call home if they are not following the rules. Thank you for understanding!

Water Bottles

Send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.

Spring Sports

Registration is OPEN for spring sports. Season to start Mid-March. Practice times are TBD.

How to register:

Registration is done online through FamilyID. Using a computer is preferable over a cellphone. Please go here: <https://hello.familyid.com/>

*Click the high school when registering then please select **23/24 Middle School Spring Athletics.**

Sports fee \$100. Payment or a payment schedule needs to be made by the first game. If a student plays a 3rd sport through HMS, the fee is \$50. **We accept cash, check or card. Please pay at the front office.**

Students will be ineligible to participate/play if:

- No physical on file
- No payment/payment plan in place
- 15 minutes tardy to first period or any class throughout day (unless otherwise unexcused)
- Not registered on FamilyID

If a student is 15 minutes or more late to first period, then that student may not participate in that day's athletic events. If your student has a doctor/dentist appointment, a physicians' note is required in order for absences to be excused. If a student is not well enough to come to school, then it will be determined that they are not well enough to participate in that day's sporting events. Please visit our website for more information and forms: <https://www.harrisburgathletics.com/o/athletics/page/athletics>



SPRING SPORTS OPEN FOR REGISTRATION

**Baseball and Softball:
7th and 8th Grade**

Track & Field: 5th-8th Grade

Seasons start Mid-March

REQUIRED

Sports Physical
\$100 Sports Fee
FamilyID.com Registration

MORE INFORMATION

541-995-6551

HMS SPORTS FREQUENTLY ASKED QUESTIONS

WHAT IS REQUIRED TO SIGN UP?

FamilyID.com

\$100 Sports Fee- payment plan can be arranged

Sports Physical- good for 2 years

HOW WILL MY ATHLETE GET TO AWAY GAMES?

HMS does not provide bussing to away games. Parents or family members must transport students. Student athletes can also ride with a coach or another parent but transportation forms need to be filled out at the office.

WHAT GRADES CAN PLAY SPORTS?

Volleyball- 7, 8

Football- 7, 8

Cross Country- 5,6,7,8

Girls and Boys Basketball- 7,8

Wrestling- 5,6,7,8

Track & Field- 5,6,7,8

Baseball and Softball- 7,8

WHEN ARE PRACTICES?

Practices are typically right after school but days/times may vary depending on the coach. Please reach out to coaches for practice schedules.

Attendance Matters. Please make sure you are calling or emailing the front office to let us know when your student is absent. If your student has a Doctor or Dentist appointment, we prefer a note excusing their absence be brought in. Thank you for understanding!



Too Sick for School?



Students can go to school if:

- They have a runny nose or little cough, but no other symptoms
- They haven't taken any fever-reducing medicine for 24 hours, and have been fever-free during that time
- They haven't thrown up or had diarrhea for 24 hours

Keep students home if:

- They have a temperature higher than 100 degrees even after taking medicine
- They are throwing up or have diarrhea
- Their eyes are pink and crusty

Call the doctor if:

- They have a temperature higher than 100 degrees for more than two days
- They've been throwing up or have diarrhea for more than two days
- They've had the sniffles for more than a week, and aren't getting better

FEBRUARY 2024

All meals are served
and vegetables. Milk

Harrisburg School District

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Fruit Strudel, Cracker, Applesauce Nachos, Salad Bar	
5 Pancakes w/Syrup, Mixed Fruit, Boiled Egg Chicken Patty Sandwich, Fries, Salad Bar	6 Pretzel w/Cheese Sauce, Orange Wedges, Cracker Fish Sticks, Fries, Salad Bar, Cookie	7 Chocolate Chip Muffin, String Cheese, Peaches Chicken Alfredo, Salad Bar	8 Cinnamon Roll, Applesauce National Pizza DAY! Salad Bar	
12 Cold Cereal, Cracker, Craisins Cheeseburger, Fries, Salad Bar	13 Waffles w/Syrup, Pears Chicken Enchilada Casserole, Salad Bar	14 Pumpkin Muffin, Mandarins, String Cheese Pulled Pork Sandwich, Chips, Salad Bar	15 Breakfast Pizza, Orange Wedges Macaroni & Cheese, Salad Bar	
19 French Toast w/Syrup, Fruit Cup Chicken/Bacon/Ranch Casserole, Salad Bar	20 Ham, Egg and Cheese Scramble, Apple Wedges Hot Dog, Fries, Salad Bar	21 Cereal, Boiled Egg, Juice Spaghetti, Garlic Bread, Salad Bar	22 Cook's Choice	
26 Fruit Strudel, Cracker, Applesauce Cheeseburger, Fries, Salad Bar	27 Breakfast Sandwich, Juice Chic' Penne, Salad Bar	28 Yogurt, Pretzel, Banana Popcorn Chicken/Corn/Potato Bowl, Salad Bar	29 Cereal, String Cheese, Cracker Sloppy Joe, Tots, Salad Bar	

MENU IS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

“This institution is an equal opportunity provider.”

Softball 5th-8th grade girls

Attention softball players

Harrisburg School skills camp. Every Sunday starting on Jan 28th through Feb 11th. The camp will take place from 12-1 or 1:30. It will consist of throwing and fielding fundamentals. It will take place at the Harrisburg High School gym.



SOFTBALL

**Put on by High
School Coach
Dave**

Anyone is welcome!

There is no fee for coming to the camp. It is free and a great opportunity to grow in this sport. Anyone interested in softball is welcome to show up.

Contact For Information:

Dave Hughes:

Phone Number: (541) 513-5374



Future Events

- February 8- 2nd Quarter Awards Assembly
- February 12- Regular Board Meeting
- March 11- Regular Board Meeting
- March 20- Band/Orchestra Concert
- March 25-28- NO SCHOOL- Spring Break
- April 4- End of 3rd Quarter
- April 23- Band Festival Middle School
- May 27- Memorial Day- NO SCHOOL
- June 10- 8th Graders Last Day
- June 13- Last Day of School (Noon Dismissal)

Helpful links

- <https://www.harrisburg.k12.or.us/> - Harrisburg school district webpage
- <https://www.harrisburg.k12.or.us/o/hms> - Harrisburg middle school webpage
- <https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login>
-Pinnacle login
- <https://or-harrisburg.intouchreceipting.com/> - Online payment portal
- <https://www.mymealtime.com/> - Lunch accounts
- <https://www.linncountyhealth.org> - Linn County Department of Health Services -
Resources for Youth
- <https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand> -
Harrisburg High School Career Center

Have a great week!

