### **Harrisburg Middle School**

#### Weekly Announcements

November 27, 2023



#### **THIS WEEK**

#### Monday, November 27

- Breakfast- French Toast w/ Syrup
- Lunch- Chicken, Bacon, Ranch Casserole
- Girls Basketball at Home. Games start @ 4:30.

#### Tuesday, November 28

- Breakfast-Breakfast Pizza
- Lunch- Chic' Penne

#### Wednesday, November 29

- Breakfast- Yogurt w/ Pretzel
- Lunch- Hot Dog
- OSU Girls Basketball Eligibility Field Trip (9:30-2:30 approximately) \*Please pack a lunch for your student if you didn't request a cafeteria lunch\*
- Wrestling at Home vs Pleasant Hill.

#### Thursday, November 30

- Breakfast- Cinnamon Roll
- Lunch- Nachos
- Girls Basketball at Central Linn. Depart after school

#### Reminder

Make sure students are arriving at school on time!

Doors open at 8:05 and class starts at 8:10. Students need to check in at the front office if they are tardy.

#### **After School Study Hall**

**Monday-Thursday 3:36-4:15.** Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions. <a href="mailto:cindy.suttles@harrisburg.k12.or.us">cindy.suttles@harrisburg.k12.or.us</a>

#### **Lunch Time**

Lunch/recess is from 11:48-12:28. If you are picking up your student during this time we recommend that you call ahead of time. Letting us know in advance will help minimize wait time. Thank you for understanding! 541-995-6551

#### **Front Office**

Parents need to fill out the clipboard at the front office when checking students out early. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence.

#### **Campus Safety**

Due to safety concerns, students should NOT be on campus after school unless otherwise arranged with the school. We currently have middle school sports practicing in our gym during the evenings. The gym is only open to those students at this time. If your student is not attending practice they should not be on campus without supervision. Thank you for helping us keep our campus safe!

#### **Dress Code**

Please make sure students are following our school's dress code rules.

No crop tops, pajamas, blankets, slippers or any other sleepwear.

Students will be asked to change or call home if they are not following the rules.

Thank you for understanding!

#### **Water Bottles**

Send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.

#### **Winter Sports**

#### Registration for Boys Basketball is now open!

#### **How to register:**

Registration is done online through FamilyID. Using a computer is preferable over a cellphone. Please go here: <a href="https://hello.familyid.com/">https://hello.familyid.com/</a>

\*Click the high school when registering then please select **23/24 Winter MS Athletics**.

**Sports fee \$100.** Payment or a payment schedule needs to be made by the first game. If a student plays a 3rd sport through HMS, the fee is \$50. **We accept cash, check or card. Please pay at the front office.** 

#### Students will be ineligible to participate/play if:

- No physical on file
- No payment/payment plan in place
- 15 minutes tardy to first period or any class throughout day (unless otherwise unexcused)
- Not registered on FamilyID

If a student is 15 minutes or more late to first period, then that student may not participate in that day's athletic events. If your student has a doctor/dentist appointment, a physicians' note is required in order for absences to be excused. If a student is not well enough to come to school, then it will be determined that they are not well enough to participate in that day's sporting events. Please visit our website for more information and forms: <a href="https://www.harrisburgathletics.com/o/athletics/page/athletics">https://www.harrisburgathletics.com/o/athletics/page/athletics</a>

# **HMS SPORTS**

Girls basketball(7/8th grade) practice at 4:30 HMS gym

Wrestling: practice at 6:30 MPR at high school

Boys basketball(7/8th grade) season starts in January

Go to HMS on our school website to check sports schedules! We update schedules throughout the season as game locations and times change. If you have a question about accuracy, please call 541-995-6551 or email our athletic secretary.

#### **HMS SPORTS** FREQUENTLY ASKED QUESTIONS

# WHAT IS REQUIRED TO SIGN UP?

FamilyID.com

\$100 Sports Fee- payment plan can

Sports Physical- good for 2 years

## HOW WILL MY ATHLETE GET TO AWAY GAMES?

HMS does not provide bussing to away games. Parents or family members must transport students. Student athletes can also ride with a coach or another parent but transportation forms need to be filled out at the office.

#### WHAT GRADES CAN PLAY SPORTS?

Volleyball- 7, 8 Football- 7, 8 Cross Country- 5,6,7,8 Girls and Boys Basketball- 7,8 Wrestling- 5,6,7,8 Track & Field- 5,6,7,8 Baseball and Softball- 7,8

# WHEN ARE PRACTICES?

Practices are typically right after school but days/times may vary depending on the coach. Please reach out to coaches for practice schedules.

Attendance Matters. Please make sure you are calling or emailing the front office to let us know when your student is absent. If your student has a Doctor or Dentist appointment, we prefer a note excusing their absence be brought in. Thank you for understanding!



## Students can go to school if:

- They have a runny nose or little cough, but no other symptoms
- They haven't taken any fever-reducing medicine for 24 hours, and have been fever-free during that time
- They haven't thrown up or had diarrhea for 24 hours

## Keep students home if:

- They have a temperature higher than 100 degrees even after taking medicine
- They are throwing up or have diarrhea
- Their eyes are pink and crusty

#### Call the doctor if:

- They have a temperature higher than 100 degrees for more than two days
- They've been throwing up or have diarrhea for more than two days
- They've had the sniffles for more than a week, and aren't getting better

# WINTER SPIRIT WEEK DECEMBER 11-14

12/11: Pajama Day

12/12: Red and Green Day

12/13: Wacky Winter Weather Wear

12/14: Holiday Movie Dress Up Day

\*OUTFITS STILL NFFD TO BF SCHOOL APPROPRIATE\*

#### **Future Events**

- November 29- OSU Basketball Eligibility Field Trip
- December 2- Harrisburg Light Parade
- December 5- Picture Retake Day
- December 11- Regular Board Meeting
- December 13- Band Concert
- December 18-January 1- NO SCHOOL Winter Break
- January 8- Regular Board Meeting
- January 15- NO SCHOOL- MLK Day
- March 25-28- NO SCHOOL- Spring Break

#### Helpful links

- <a href="https://www.harrisburg.k12.or.us/">https://www.harrisburg.k12.or.us/</a> Harrisburg school district webpage
- <a href="https://www.harrisburg.k12.or.us/o/hms">https://www.harrisburg.k12.or.us/o/hms</a> Harrisburg middle school webpage
- https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login
   -Pinnacle login
- <a href="https://or-harrisburg.intouchreceipting.com/">https://or-harrisburg.intouchreceipting.com/</a> Online payment portal
- <a href="https://www.mymealtime.com/">https://www.mymealtime.com/</a> Lunch accounts
- <a href="https://www.linncountyhealth.org">https://www.linncountyhealth.org</a> Linn County Department of Health Services Resources for Youth
- <a href="https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand">https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand</a> Harrisburg High School Career Center

# Have a great week!