

Harrisburg Middle School

Weekly Announcements

October 9, 2023



THIS WEEK

Monday, October 9

- Breakfast- Pancakes w/ Syrup
- Lunch- Chicken Patty Sandwich
- Regular Board Meeting
- **Wrestling Parent Meeting at High School @ 7:30pm**

Tuesday, October 10

- Breakfast- Egg, Sausage, Cheese Scramble
- Lunch- Toasted Cheese Sandwich

Wednesday, October 11

- Breakfast- Pretzel w/ Cheese Sauce
- Lunch- Mac and Cheese
- **Volleyball Purple Team at Home. Games start @ 4:30**
- **Volleyball Black Team at Pleasant Hill. Dismiss @ 3:05**
- **Football at Home vs Lowell. Game starts @ 5:00**
- **Cross Country at Lebanon. Dismiss @ 12:50pm**

Thursday, October 12

- Breakfast- Cereal
 - Lunch- Sweet and Sassy Chicken
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- The bottom right corner of the page features a decorative graphic consisting of several overlapping geometric shapes in shades of pink and magenta, creating a modern, abstract design.

***Please make sure students are arriving at school on time!
Doors open at 8:05 and class starts at 8:10***

After School Study Hall


Monday-Thursday 3:36-4:15. Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions.
cindy.suttles@harrisburg.k12.or.us

Lunch Time

Lunch/recess is from 11:48-12:28. If you are picking up your student during this time we recommend that you call ahead of time. Letting us know in advance will help minimize wait time. Thank you for understanding! 541-995-6551

Front Office

Parents need to fill out the clipboard at the front office when checking students out early. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence.



Campus Safety

Due to safety concerns, **students should NOT be on campus after school** unless otherwise arranged with the school. We currently have middle school sports practicing in our gym during the evenings. The gym is only open to those students at this time. If your student is not attending practice they should not be on campus without supervision. Thank you for helping us keep our campus safe!

Dress Code

Please make sure students are following our school's dress code rules.

No crop tops, pajamas, blankets, slippers or any other sleepwear.

Students will be asked to change or call home if they are not following the rules. Thank you for understanding!

Water Bottles

Send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.



Winter Sports

Please make sure payment is squared away. Students will NOT be able to play another sport unless payment for their first sport has been made.

Registration for Girls Basketball and Wrestling now open. The season typically starts at the end of October. Boys Basketball will start later in the year.

How to register:

Registration is done online through FamilyID. Using a computer is preferable over a cellphone. Please go here: <https://hello.familyid.com/>

*Click the high school when registering then please select **23/24 Winter MS Athletics.**

Sports fee \$100. Payment or a payment schedule needs to be made by the first game. If a student plays a 3rd sport through HMS, the fee is \$50.

Students will be ineligible to participate/play if:

- **No physical on file**
- **No payment/payment plan in place**
- **15 minutes tardy to first period or any class throughout day (unless otherwise unexcused)**
- **Not registered on FamilyID**

If a student is 15 minutes or more late to first period, then that student may not participate in that day's athletic events. If your student has a doctor/dentist appointment, a physicians' note is required in order for absences to be excused. If a student is not well enough to come to school, then it will be determined that they are not well enough to participate in that day's sporting events. Please visit our website for more information and forms: <https://www.harrisburgathletics.com/o/athletics/page/athletics>

Interested in Wrestling??

Please attend the October 9th Parent Meeting at 7:30pm in the MPR at the high school. This meeting is for all grades levels.



Girls Wrestling - Open Mat Nights

Find out what Girls Wrestling is all about. We are offering two all girls wrestling open mat nights for grades 5th - 12th

Monday, October 23, 4:00 - 5:30 pm - HS Wrestling Room

Wednesday, October 25, 4:00 - 5:30 pm - HS Wrestling Room

STAY HOME WITH:

- Fever (100.4 or greater)
 - Vomiting/diarrhea
- Coughing or difficulty breathing
 - Eyes are pink or crusty
- Rash or skin sore that is draining

We love to see EVERYONE at school feeling well. Please keep students at home if they are feeling unwell. They can return once symptoms are gone!

Questions? Feel free to call or email us! 541-995-6551

sabrina.vaughan@harrisburg.k12.or.us or jacque.cox@harrisburg.k12.or.us

Harrisburg School District

OCTOBER 2023

All meals are served with fruit and vegetables.

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Cold Cereal, Cracker, Banana</u> Chicken & Noodles, Salad Bar	3 <u>Biscuits & Sausage Gravy, Peaches</u> Big Mac Salad, Salad Bar, Fries	4 <u>Blueberry Muffin, String Cheese, Juice</u> Sub Sandwich, Tots, Salad Bar	5 <u>Fruit Strudel, Cracker, Applesauce</u> Cheeseburger, Fries, Salad Bar	
9 <u>Pancakes w/Syrup, Mixed Fruit, Boiled Egg</u> Chicken Patty Sandwich, Chips, Salad Bar	10 <u>Egg, Sausage & Cheese Scramble, Biscuit, Peaches</u> Toasted Cheese Sandwich, Tomato Basil Soup, Salad Bar	11 <u>Pretzel w/Cheese Sauce, Orange Wedges, Cracker</u> Macaroni & Cheese, Salad Bar	12 <u>Cold Cereal, Raisins, Juice</u> Sweet & Sassy Chicken, Rice, Salad Bar	
16 <u>Pumpkin Muffins, Mandarins, String Cheese</u> Pizza, Salad Bar	17 <u>Breakfast Sandwich, Juice</u> Spaghetti, Salad Bar, Breadstick	18 <u>Ham, Eggs & Rice, Pears</u> White Chicken Chili, Salad Bar, Brownies	19 <u>Cook's Choice</u>	
23 <u>French Toast w/Syrup, Grapes</u> Chicken, Bacon, Ranch Casserole, Salad Bar	24 <u>Breakfast Pizza, Apple Wedge</u> Chic' Penne, Salad Bar	25 <u>Pancakes w/Syrup, Fruit Cup, String Cheese</u> Nachos, w/Sour Cream & Salsa, Salad Bar	26 <u>Cinnamon Rolls, Applesauce</u> Hot Dog, Fries, Salad Bar	
30 <u>Cereal, Graham Cracker, Banana</u> Chicken & Noodles, Salad Bar	31 <u>Biscuits & Sausage Gravy, Peaches</u> Big Mac Salad, Salad Bar, Fries			



MENU IS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

“This institution is an equal opportunity provider.”

Solar Eclipse watch party

HOSTED BY THE HARRISBURG LIBRARY &
MID-VALLEY STEM-CTE HUB

SATURDAY, OCTOBER 14.

8 AM-9:30 AM

AT THE HARRISBURG GAZEBO

245 1ST ST, HARRISBURG, OR 97446

FREE SOLAR ECLIPSE GLASSES!!!



Come and experience the wonder
of the solar eclipse.



It starts between **8 AM**, with a
partial eclipse, and the full eclipse
'annularity' at **9 AM**. We will have a
fun eclipse presentation with STEM
activities. Goodies and **DONUTS**
provided while supplies last.



Mid-Valley
STEM-CTE HUB

pipe
line



**HARRISBURG
PUBLIC LIBRARY**
354 SMITH ST HARRISBURG, OR

HMS THANKSGIVING FOOD DRIVE

OCTOBER 2ND-19TH

**Please send any of
the following items
to school with your
student:**

Stuffing
Instant potatoes
Canned green beans
Canned corn
Rolls
Gravy-packets or
can
Chicken broth
Cranberry sauce
Turkey pans
Roasting bags



**PTA accepts gift
cards and monetary
donations!**



**IF YOU HAVE QUESTIONS, PLEASE CONTACT
MEGHAN HOLSAPPLE
541-995-6551 EXT. 264**



Volleyball 2023 **(Grades 3-6)**



3-6 Grades Volleyball

Price: \$50

IMPORTANT DATES:

Registration closes: 10/13/23 at 9:00pm

NO LATE REGISTRATIONS

Practices: mid-end of October

Games begin: Beginning of November

Register: <https://eagleathletics.sportngin.com/page/show/6968091-registration>



Voleibol 2023 **(Grados 3-6)**



3-6 Grados Voleibol

Precio: \$50

FECHAS IMPORTANTES:

El Registro se cierra: 10/13/23 at 9:00pm

SIN REGISTROS TARDIOS

Práctica: mediados a finales de Octubre

Comienzo de los Juegos: Segunda semana de Noviembre

Registracion: <https://eagleathletics.sportngin.com/page/show/6968091-registration>



Future Events

- October 9- Regular Board Meeting
- October 19- 5th and 6th Grade Activity Night
- October 26- 7th and 8th Grade Dance
- October 26- End of 1st Quarter
- October 31- Vision Screening
- November 1-2- NO SCHOOL- Parent/Teacher Conferences
- November 20-24- NO SCHOOL
- December 2- Harrisburg Light Parade
- December 13- Band Concert
- December 18-January 1- NO SCHOOL Winter Break

Helpful links

- <https://www.harrisburg.k12.or.us/> - Harrisburg school district webpage
- <https://www.harrisburg.k12.or.us/o/hms> - Harrisburg middle school webpage
- <https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login>
-Pinnacle login
- <https://or-harrisburg.intouchreceipting.com/> - Online payment portal
- <https://www.mymealtime.com/> - Lunch accounts
- <https://www.linncountyhealth.org> - Linn County Department of Health Services - Resources for Youth
- <https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand> - Harrisburg High School Career Center

Have a great week!

