

Harrisburg Middle School

Weekly Announcements

October 2, 2023



THIS WEEK

Monday, October 2

- Breakfast- Cereal
- Lunch- Chicken & Noodles
- **Volleyball Black Team at Home. Games start @ 4:30**
- **Volleyball Purple Team at Creswell. Dismiss @ 3:05**

Tuesday, October 3

- Breakfast- Biscuits & Sausage Gravy
- Lunch- Big Mac Salad
- **Picture Day!**

Wednesday, October 4

- Breakfast- Blueberry Muffin
- Lunch- Sub Sandwich
- **Volleyball Purple Team at Home. Games start @ 4:30**
- **Volleyball Black Team at Creswell. Dismiss @ 3:05**
- **Football at Central Linn High School. Game starts @ 5:30**

Thursday, October 5

- Breakfast- Fruit Strudel
- Lunch- Cheeseburger & Fries
- **Cross Country at Stayton. Dismiss @ 1:30**

***Please make sure students are arriving at school on time!
Doors open at 8:05 and class starts at 8:10***

After School Study Hall

Monday-Thursday 3:36-4:15. Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions.

cindy.suttles@harrisburg.k12.or.us

Lunch Time

Lunch/recess is from 11:48-12:28. If you are picking up your student during this time we recommend that you call ahead of time. Letting us know in advance will help minimize wait time. Thank you for understanding! 541-995-6551

Front Office

Parents need to fill out the clipboard at the front office when checking students out early. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence.

Campus Safety

Due to safety concerns, **students should NOT be on campus after school** unless otherwise arranged with the school. We currently have middle school sports practicing in our gym during the evenings. The gym is only open to those students at this time. If your student is not attending practice they should not be on campus without supervision. Thank you for helping us keep our campus safe!

Dress Code

Please make sure students are following our school's dress code rules.

No crop tops, pajamas, blankets, slippers or any other sleepwear.

Students will be asked to change or call home if they are not following the rules.

Thank you for understanding!

Water Bottles

Send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.



Winter Sports

Registration for Girls Basketball is now open. The season typically starts at the end of October. This is for 7/8th graders **ONLY**.

Wrestling and Boys Basketball will start later in the year.

How to register:

Registration is done online through FamilyID. Using a computer is preferable over a cellphone. Please go here: <https://hello.familyid.com/>

*Click the high school when registering then please select **23/24 Winter MS Athletics**.

Sports fee \$100. Payment or a payment schedule needs to be made by the first game. If a student plays a 3rd sport through HMS, the fee is \$50.

Students will be ineligible to participate/play if:

- **No physical on file**
- **No payment/payment plan in place**
- **15 minutes tardy to first period or any class throughout day (unless otherwise unexcused)**
- **Not registered on FamilyID**

If a student is 15 minutes or more late to first period, then that student may not participate in that day's athletic events. If your student has a doctor/dentist appointment, a physicians' note is required in order for absences to be excused. If a student is not well enough to come to school, then it will be determined that they are not well enough to participate in that day's sporting events. Please visit our website for more information and forms: <https://www.harrisburgathletics.com/o/athletics/page/athletics>

STAY HOME WITH:

- Fever (100.4 or greater)
 - Vomiting/diarrhea
- Coughing or difficulty breathing
 - Eyes are pink or crusty
- Rash or skin sore that is draining

We love to see EVERYONE at school feeling well. Please keep students at home if they are feeling unwell. They can return once symptoms are gone!

Questions? Feel free to call or email us! 541-995-6551

sabrina.vaughan@harrisburg.k12.or.us or jacque.cox@harrisburg.k12.or.us

OCTOBER 2023

Harrisburg School District

All meals are served with fruit and vegetables.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 <u>Cold Cereal, Cracker, Banana</u> Chicken & Noodles, Salad Bar</p>	<p>3 <u>Biscuits & Sausage Gravy, Peaches</u> Big Mac Salad, Salad Bar, Fries</p>	<p>4 <u>Blueberry Muffin, String Cheese, Juice</u> Sub Sandwich, Tots, Salad Bar</p>	<p>5 <u>Fruit Strudel, Cracker, Applesauce</u> Cheeseburger, Fries, Salad Bar</p>	
<p>9 <u>Pancakes w/Syrup, Mixed Fruit, Boiled Egg</u> Chicken Patty Sandwich, Chips, Salad Bar</p>	<p>10 <u>Egg, Sausage & Cheese Scramble, Biscuit, Peaches</u> Toasted Cheese Sandwich, Tomato Basil Soup, Salad Bar</p>	<p>11 <u>Pretzel w/Cheese Sauce, Orange Wedges, Cracker</u> Macaroni & Cheese, Salad Bar</p>	<p>12 <u>Cold Cereal, Raisins, Juice</u> Sweet & Sassy Chicken, Rice, Salad Bar</p>	
<p>16 <u>Pumpkin Muffins, Mandarins, String Cheese</u> Pizza, Salad Bar</p>	<p>17 <u>Breakfast Sandwich, Juice</u> Spaghetti, Salad Bar, Breadstick</p>	<p>18 <u>Ham, Eggs & Rice, Pears</u> White Chicken Chili, Salad Bar, Brownies</p>	<p>19 <u>Cook's Choice</u></p>	
<p>23 <u>French Toast w/Syrup, Grapes</u> Chicken, Bacon, Ranch Casserole, Salad Bar</p>	<p>24 <u>Breakfast Pizza, Apple Wedge</u> Chic' Penne, Salad Bar</p>	<p>25 <u>Pancakes w/Syrup, Fruit Cup, String Cheese</u> Nachos, w/Sour Cream & Salsa, Salad Bar</p>	<p>26 <u>Cinnamon Rolls, Applesauce</u> Hot Dog, Fries, Salad Bar</p>	
<p>30 <u>Cereal, Graham Cracker, Banana</u> Chicken & Noodles, Salad Bar</p>	<p>31 <u>Biscuits & Sausage Gravy, Peaches</u> Big Mac Salad, Salad Bar, Fries</p>			



MENU IS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

“This institution is an equal opportunity provider.”

Solar Eclipse watch party

HOSTED BY THE HARRISBURG LIBRARY &
MID-VALLEY STEM-CTE HUB

SATURDAY, OCTOBER 14.

8 AM-9:30 AM

AT THE HARRISBURG GAZEBO

245 1ST ST, HARRISBURG, OR 97446

FREE SOLAR ECLIPSE GLASSES!!!



Come and experience the wonder
of the solar eclipse.



It starts between 8 AM, with a
partial eclipse, and the full eclipse
'annularity' at 9 AM. We will have a
fun eclipse presentation with STEM
activities. Goodies and DONUTS
provided while supplies last.



Mid-Valley
STEM-CTE HUB

pipe
line



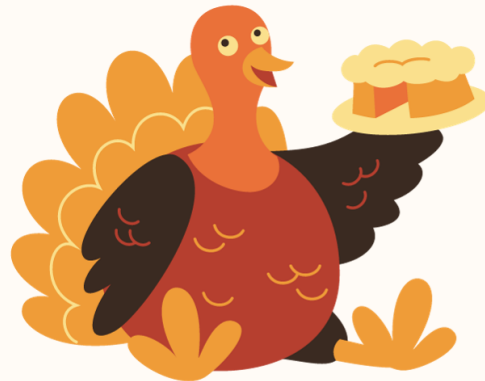
**HARRISBURG
PUBLIC LIBRARY**
354 SMITH ST HARRISBURG, OR

HMS THANKSGIVING FOOD DRIVE

OCTOBER 2ND-19TH

**Please send any of
the following items
to school with your
student:**

Stuffing
Instant potatoes
Canned green beans
Canned corn
Rolls
Gravy-packets or
can
Chicken broth
Cranberry sauce
Turkey pans
Roasting bags



**PTA accepts gift
cards and monetary
donations!**



**IF YOU HAVE QUESTIONS, PLEASE CONTACT
MEGHAN HOLSAPPLE
541-995-6551 EXT. 264**

Future Events

- October 3- Picture Day
- October 9- Regular Board Meeting
- October 19- 5th and 6th Grade Activity Night
- October 26- 7th and 8th Grade Dance
- October 26- End of 1st Quarter
- October 31- Vision Screening
- November 1-2- NO SCHOOL- Parent/Teacher Conferences
- November 20-24- NO SCHOOL
- December 2- Harrisburg Light Parade
- December 13- Band Concert
- December 18-January 1- NO SCHOOL Winter Break

Helpful links

- <https://www.harrisburg.k12.or.us/> - Harrisburg school district webpage
- <https://www.harrisburg.k12.or.us/o/hms> - Harrisburg middle school webpage
- <https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login> -Pinnacle login
- <https://or-harrisburg.intouchrecepting.com/> - Online payment portal
- <https://www.mymealtime.com/> - Lunch accounts
- <https://www.linncountyhealth.org> - Linn County Department of Health Services - Resources for Youth
- <https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand> - Harrisburg High School Career Center

Have a great week!

