

Harrisburg Middle School

Weekly Announcements

September 4, 2023



THIS WEEK

Monday, September 4

- **NO SCHOOL- Labor Day**

Tuesday, September 5

- Breakfast- Pancake w/ Syrup
- Lunch- Chicken Patty Sandwich

Wednesday, September 6

- Breakfast- Egg, Sausage & Cheese Scramble
- Lunch- Toasted Cheese Sandwich

Thursday, September 7

- Breakfast- Pretzel w/ Cheese Sauce
- Lunch- Fish Sticks

Friday, September 8

- Breakfast- Cinnamon Roll
 - Lunch- Beef Lasagna
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- The bottom right corner of the page features a decorative graphic consisting of several overlapping geometric shapes in shades of pink and red, set against a white background.

***Please make sure students are arriving at school on time!
Doors open at 8:05 and class starts at 8:10***

After School Study Hall


Monday-Thursday 3:36-4:15. Students are invited to stop by the study hall room after school to receive help with school work. Please contact Mrs. Suttles with any questions.
cindy.suttles@harrisburg.k12.or.us

Lunch Time

Lunch/recess is from 11:48-12:28. If you are picking up your student during this time we recommend that you call ahead of time. Letting us know in advance will help minimize wait time. Thank you for understanding! 541-995-6551

Front Office

Parents need to fill out the clipboard at the front office when checking students out early. If students arrive late due to an appointment or family emergency, please call or check in with the front office to excuse the absence.



Campus Safety

Due to safety concerns, **students should NOT be on campus after school** unless otherwise arranged with the school. If your student is not involved in an after school activity they should not be on campus without supervision.

Dress Code

Please make sure students are following our school's dress code rules.

No crop tops, pajamas, blankets, slippers or any other sleepwear.

Students will be asked to change or call home if they are not following the rules.

Thank you for understanding!

Water Bottles

Send your student(s) to school with a water bottle. It's important to stay hydrated throughout the day, especially during warmer weather. There is a water station where students can refill their water bottle.



Fall Sports

Cross Country (5th-8th grade), Football and Volleyball are now open for enrollment. Please note that Football and Volleyball are for 7th and 8th graders only.

How to register:

Registration is done online through FamilyID. Using a computer is preferable over a cellphone. Please go here: <https://hello.familyid.com/>

*Click the high school when registering then please select **23/24 Fall MS Athletics.**

Sports fee \$100. Football is \$125. Payment or a payment schedule needs to be made by the first game. If a student plays a 3rd sport through HMS, the fee is \$50.

Students will be ineligible to participate/play if:

- No physical on file
- No payment/payment plan in place
- 15 minutes tardy to first period or any class throughout day (unless otherwise unexcused)
- Not registered on FamilyID

If a student is 15 minutes or more late to first period, then that student may not participate in that day's athletic events. If your student has a doctor/dentist appointment, a physicians' note is required in order for absences to be excused. If a student is not well enough to come to school, then it will be determined that they are not well enough to participate in that day's sporting events. Please visit our website for more information and forms: <https://www.harrisburgathletics.com/o/athletics/page/athletics>

*Harrisburg School District

SEPTEMBER 2023

All meals are served with fruit and vegetable. Milk included

Monday	Tuesday	Wednesday	Thursday	Friday
4 No School Labor Day	5 <u>Pancake w/Syrup, Mixed Fruit, Boiled Egg</u> Chicken Patty Sandwich, Chips, Salad Bar	6 <u>Egg, Sausage & Cheese Scramble, Biscuit, Peaches</u> Toasted Cheese Sandwich, Tomato Soup, Salad Bar	7 <u>Pretzel w/Cheese Sauce, Orange Wedges, Graham Cracker</u> Fish Sticks, Fries, Salad Bar, Brownies	8 <u>Cinnamon Roll, Applesauce</u> Beef Lasagna, Salad Bar, Roll
11 <u>Pumpkin Muffins, Mandarins, String Cheese</u> Pizza, Salad Bar	12 <u>Breakfast Sandwich, Juice</u> Sloppy Joe, Green Beans, Salad Bar	13 <u>Cold Cereal, Fruit, Boiled Egg</u> Chicken Alfredo, Salad Bar	14 <u>Yogurt, Pretzel, Blueberries</u> Nachos, Salad Bar	15 <u>Apple Pie, String Cheese</u> Beef Lasagna, Salad Bar, Roll
18 <u>French Toast w/Syrup, Grapes</u> Taco Salad, Fries, Salad Bar	19 <u>Breakfast Pizza, Apple Wedges</u> Chicken Enchilada, Salad Bar	20 <u>Ham, Eggs and Rice, Cracker, Pears</u> Corn Dog, Fries, Salad Bar	21 <u>Cooks Choice</u>	22 <u>Apple Pie, String Cheese</u> Beef Lasagna, Salad Bar, Roll
25 <u>Waffles w/Syrup, Pears</u> Cheeseburger, Fries, Salad Bar	26 <u>Biscuits & Sausage Gravy, Peaches</u> Chicken Nuggets, Mashed Potatoes, Gravy, Salad Bar	27 <u>Blueberry Muffin, String Cheese, Juice</u> BBQ Pork Sandwich, Tots, Salad Bar	28 <u>Fruit Strudel, Cracker, Applesauce</u> Teriyaki Chicken & Rice Bowl, Salad Bar	29 <u>Apple Pie, String Cheese</u> Beef Lasagna, Salad Bar, Roll

MENU IS SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY

“This institution is an equal opportunity provider.”

STAY HOME WITH:

- Fever (100.4 or greater)
 - Vomiting/diarrhea
- Coughing or difficulty breathing
 - Eyes are pink or crusty
- Rash or skin sore that is draining

We love to see EVERYONE at school feeling well. Please keep students at home if they are feeling unwell. They can return once symptoms are gone!

Questions? Feel free to call or email us! 541-995-6551

sabrina.vaughan@harrisburg.k12.or.us or jacque.cox@harrisburg.k12.or.us

Check out our counseling
website for resources and
contact information!



Harrisburg School District 7

Together We Empower All Students To Succeed

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HARRISBURG SCHOOL DISTRICT 7 // DEPARTMENTS // COUNSELING

Harrisburg School District

Counseling Department

Home Page

Navigating Homelessness

Coping Skills/Calming Space

Counseling Department Home Page

<https://www.harrisburg.k12.or.us/page/counseling>

Future Events

- September 4- NO SCHOOL- Labor Day
- September 11- Regular Board Meeting
- October 9- Regular Board Meeting
- October 26- End of 1st Quarter
- November 1-2- Parent/Teacher Conferences
- December 2- Harrisburg Light Parade
- December 13- Band Concert

Helpful links

- <https://www.harrisburg.k12.or.us/> - Harrisburg school district webpage
- <https://www.harrisburg.k12.or.us/o/hms> - Harrisburg middle school webpage
- <https://www.harrisburg.k12.or.us/o/harrisburg/page/pinnacle-parent-login>
-Pinnacle login
- <https://or-harrisburg.intouchrecepting.com/> - Online payment portal
- <https://www.mymealtime.com/> - Lunch accounts
- <https://www.linncountyhealth.org> - Linn County Department of Health Services - Resources for Youth
- <https://sites.google.com/harrisburg.k12.or.us/harrisburghighschoolcollegeand> - Harrisburg High School Career Center

Have a great week!

