

November 2023

Breakfast

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|--|---|---|---|--|---|--|
| | | | 1 Cinni Minis or Cereal Milk Juice Fruit | 2 Bagel w/ Cream Cheese or Cereal Milk Juice Fruit | 3 French Toast Sticks or Cereal Milk Juice Fruit | 4 |
| 5 Daylight Saving Time Ends | 6 Breakfast Sandwich or Cereal Milk Juice Fruit | 7 Nutrigrain Bar or Cereal Milk Juice Fruit | 8 Chocolate Chip Oatmeal Bar or Cereal Milk Juice Fruit | 9 Homemade Muffins or Cereal Milk Juice Fruit | 10 No School Veterans Day Observed | 11 Veterans Day |
| 12 | 13 Waffles or Cereal Milk Juice Fruit | 14 Breakfast Pizza or Cereal Milk Juice Fruit | 15 Yogurt and Cereal Milk Juice Fruit | 16 Bagel w/ Cream Cheese or Cereal Milk Juice Fruit | 17 French Toast Sticks or Cereal Milk Juice Fruit | 18 |
| 19 | 20 Egg Patty w/Cheese and Toast or Cereal Milk Juice Fruit | 21 Banana Chocolate Chunk Bar or Cereal Milk Juice Fruit | 22 No School Thanksgiving Recess | 23 Thanksgiving Day | 24 No School Thanksgiving Recess | 25 |
| 26 | 27 Mini Blueberry Waffles or Cereal Milk Juice Fruit | 28 Breakfast Pizza or Cereal Milk Juice Fruit | 29 Chocolate Chip Oatmeal Bar or Cereal Milk Juice Fruit | 30 Bagel w/ Cream Cheese or Cereal Milk Juice Fruit |  | Main Course: Choose 1 menu entree or cereal w/ whole grain. Fruit: choose up to 2 one cup fruits offered 100% juice offered. Milk: choose 1 |