



# Wilcox-Hildreth Public School News & Views

<http://whfalcons.org>

JANUARY, 2024

Hello Falcons,

January has kicked off and has been a cold month. I'm sure that I am not the only one who is looking forward to warmer weather. But, as we progress through our winter months, I would like to remind our student drivers to make sure you allow yourself enough time to get to school safely. Road conditions change very quickly during the winter.

Here are some good winter-driving tips to consider:

- Slow down- Leave early so you are not rushed and drive too quickly on poor road conditions
- Don't drive distracted
- Leave a blanket, hat, and gloves in your car for emergencies
- Again- slow down.



Greetings Falcon Nation!

I want to update you on some procedures that have been changed this school year. They both are related to your child's health. First, as some of you may know, we have begun asking for doctor's notes any time your student has a doctor's visit or is called in sick. Whether this visit is for physical therapy, orthodontist, or a routine check-up for example. The reason for this is we have been working with the county attorneys to reduce the number of student absences and unfortunately some parents call their kids in sick when they just don't want to come to school. When a parent calls in and tells us a student will be absent or a student is just absent without any notification they are considered truant without a doctor's note stating the reason for the absence.

The second part is some old and some new. Recently we have had an increased number of students acquire a concussion. When a student has a concussion they must complete a protocol before returning to school activities/athletics. Step 1 is being symptom free and completed the return to learn protocol. This means they are completing a regular school day without any modifications or accommodations. Step 2 is 10-20 minutes of light aerobic activity. Step 3 is sport specific exercises and conditioning drills for about 30 minutes. **This is the new part. When you schedule your doctor's visit let us know and we will administer the SWAY test to take to your doctor to review. We will give you the student's baseline test and most current test for the doctor to review and compare. Students must get medical clearance from a doctor clearing them for participation. With the liability involved with concussions the trainer will no longer clear them to return to play.** Step 4 is a non-contact practice. Step 5 is a full-contact practice. Step 6 is resuming competition. If there are setbacks at any of these stages we go back one step and start over.

We are looking at putting up athletic and academic record boards in the school. Here are some of the records we have at this time. Please contact us and supply documentation if you have information that would help us recognize the most accurate accomplishments of our students.

## Cross Country Records

Boys 5k	Name	Time	Grade	Year
1	Derek Gardels	17:36.9	11	2003
2	Austin Gardels	18:05.5	12	2006
3	Alex Lush	18:34.0	12	2004
4	Tyler Guthrie	18:35.9	12	2008
5	Grant Henery	18:38.3	10	2022
6	Caleb Springer	18:45.8	11	2016
7	Brandon Gardels	18:46.2	12	2008
8	Matthew Nelsen	18:49.8	11	2008
9	Micah Johnson	18:55.6	10	2022
10	Isaiah Springer	18:57.0	9	2021

Girls 5k	Name	Time	Grade	Year
1	Cara Bunger	23:46.1	11	2023
2	Kallie Linden	24:32.8	10	2023
3	Kaizelle Damit-Og	27:51.6	12	2013
4	Alexi Henery	28:23.2	10	2018
5	Reagan Johnson	29:21.7	10	2022
6	Nicole Beisel	29:52.9	11	2013
7	Chloe Johnson	30:15.8	9	2023
8	Tyla Steier	32:19.1	12	2013

Girls 3k	Name	Time	Grade	Year
1	Olivia Adam	17:00.0	12	2010
2	Abigail Harms	17:32.6	11	2008
3	Michaela Schurman	17:32.9	12	2006
4	Kaizelle Damit-Og	18:39.5	10	2011
5	Caitlin Hinrichs	19:03.8	11	2011
6	Nicole Beisel	20:18.4	10	2012
7	Rachel Cedar	20:29.9		2011
8	Tyla Steier	24:10.7	11	2012

## Track Records

Track	Girls	Boys
50 M		6.8 Jacob Brummer 2004
55 M	7.5 Samantha Johnson 2008	
100 M	12.5 Samantha Johnson 2008	11.1 Jacob Brummer 2004
200 M	25.7 Samantha Johnson 2008	22.9 Bryce Johnson 2003
400 M	1:01.54 Samantha Johnson 2008	50.9 Jacob Brummer 2004
800 M	2:28.1 Shelby Aspegren 2010	2:01.5 Blake Keiser 2005
1 MILE		4:35.7 Derek Gardels 2003
1600 M	5:59.0 Emily Bergstrom 2016	4:31.6 Derek Gardels 2005
2 MILE		10:48.4 Derek Gardels 2003
3200 M	12:57.0 Michaela Shermann 2007, Olivia Adam 2016	10:22.3 Derek Gardels 2005
100 M Hurdles	16.15 Holly Carr 2006	
110 M Hurdles		15.0 Jacob Brummer 2004
300 M Hurdles	47.1 Kristi Blank 2007	40.5 Jacob Brummer 2004
400 M Relay	50.9 Brandi Brummer, Hannah Blum, Samantha Johnson, Hannah Artz 2010	44.2 Brett Paben, Bryce Johnson, Jacob Brummer, Ryan Schultz 2004
1600 M Relay	4:21.6 Shana Guthrie, Holly Carr, Kristi Blank, Hannah Woollen 2006	3:39.2 Alex Lush, Blake Keiser, Matt Schepler, Dillon Blank 2005
3200 M Relay	10:45.1 Shelby Asprgren, Caitlin Hinrichs, Nicole Beisel, Rachel Arehart 2010	8:34.8 Blake Keiser, Derek Gardels, Matt Schepler, Alex Lush 2005
Shot	37-02.75 Natalie Billington 2021	50-06.75 Drew Feucker 2005
Discus	127-04 Morgan Farley 2011	149-09 Josh Jones 2006
Long Jump	16-10 Jana Morgan 2005	22-08 Jeff Brummer 2007
Triple Jump	Emily Harms 2006	43-08 Jeff Brummer 2007
High Jump	35-04 Samantha Johnson 2010	6-05 Michael Nelson 2013
Pole Vault	5-04 Emily Harms 2006	14-00 Ben Harms 2012, Aaron Jenkins 2019
	9-06 Hayley Beason 2015	

Go Falcons!

Shannon Lovin

Wilcox-Hildreth Public School  
Board of Education Regular Meeting  
Monday, January 15, 2024 ~ 7:00 PM  
Posting Locations:  
Minden Courier Posting Date 01/04/2024  
Franklin Chronicle Posting Date 01/03/2024  
Conference Room - Wilcox  
404 Sapp Street  
Wilcox, NE 68982-0190

**1. Call to Order. Roll Call**

**2. Announce location of posted Open Meetings Act**

**3. Consent Agenda**

Motion by Alan Casper, seconded by Teresa Carey, to approve the consent agenda. Motion Passed.

Teresa Carey: Yea, Alan Casper: Yea, John Donley: Absent, Kert Hansen: Yea, Ryan Knaus: Absent, Kirk Nelson: Yea  
Yea: 4, Nay: 0, Absent: 2

**3.A. Approval of Agenda**

**3.B. Approval of minutes of Regular December 18, 2023 Board Meeting**

**3.C. Approval of Claims**

**3.D. Financial Report**

**4. Visitors and communication from the public**

No members of the public were present at the meeting.

## **5. Action Items**

### **5.A. Reorganization of the Board of Education. Discuss, Consider and take all necessary action to approve officers and committee assignments**

*Current positions:*

*Kirk Nelson Board President,*

*Kert Hansen Board Vice President,*

*Alan Casper Board Treasurer,*

*Ryan Knaus Board Secretary.*

*Administrative Staff Negotiations-Kert Hanson, John Donley, Teresa Carey;*

*Certified Staff Negotiations-Kirk Nelson, Alan Casper, Ryan Knaus*

*Americanism-Kert Hanson, John Donley, Teresa Carey;*

*Technology and Equipment-Kirk Nelson, Alan Casper;*

*Support Services-Kert Hanson,*

*Curriculum and Instruction-Teresa Carey, Alan Casper;*

*Building and Grounds-Kirk Nelson, Kert Hanson, Ryan Knaus;*

*Transportation-Alan Casper, Teresa Carey;*

*Finance-Kirk Nelson, Alan Casper,*

*Volunteers in Public School-John Donley, Teresa Carey;*

*WACF-Teresa Carey, Kert Hanson;*

*Franklin County Community Foundation- Alan Casper*

*Phelps County Community Foundation-Alan Casper;*

*GRN-Alan Casper, Kert Hanson.*

Motion by Teresa Carey, seconded by Alan Casper, to approve officers and committee assignments as presented. Motion Passed.

Teresa Carey: Yea, Alan Casper: Yea, John Donley: Absent, Kert Hansen: Yea, Ryan Knaus: Absent, Kirk Nelson: Yea

Yea: 4, Nay: 0, Absent: 2

### **5.B. Discuss, consider and take all necessary action to approve the absence of Ryan Knaus**

Motion by Kert Hansen, seconded by Alan Casper, to approve the absence of Ryan Knaus and John Donley. Motion Passed.

Teresa Carey: Yea, Alan Casper: Yea, John Donley: Absent, Kert Hansen: Yea, Ryan Knaus: Absent, Kirk Nelson: Yea

Yea: 4, Nay: 0, Absent: 2

**5.C. Discuss, consider and take all necessary action to approve the Master Service Agreement with ESU 11 for the 2024-2025 school year.**

Motion by Kert Hansen, seconded by Teresa Carey, to approve the Master Service Agreement with ESU 11 for the 2024-2025 school year. Motion Passed.

Teresa Carey: Yea, Alan Casper: Yea, John Donley: Absent, Kert Hansen: Yea, Ryan Knaus: Absent, Kirk Nelson: Yea  
Yea: 4, Nay: 0, Absent: 2

**5.D. Discuss, consider and take all necessary action to approve the negotiated agreement with the WHEA for the 2024-2025 school year.**

Motion by Alan Casper, seconded by Kert Hansen, to approve the negotiated agreement with the WHEA for the 2024-2025 school year. Motion Passed.

Teresa Carey: Yea, Alan Casper: Yea, John Donley: Absent, Kert Hansen: Yea, Ryan Knaus: Absent, Kirk Nelson: Yea  
Yea: 4, Nay: 0, Absent: 2

**5.E. Discuss, consider and take all necessary action to approve the transfer of \$20,000 from the General Fund to the Nutrition Fund.**

Motion by Kirk Nelson, seconded by Teresa Carey, to approve the transfer of \$20,000 from the General Fund to the Nutrition Fund. Motion Passed.

Teresa Carey: Yea, Alan Casper: Yea, John Donley: Absent, Kert Hansen: Yea, Ryan Knaus: Absent, Kirk Nelson: Yea  
Yea: 4, Nay: 0, Absent: 2

**5.F. Discuss, consider and take all necessary action to approve a one-year lease with Central Nebraska Bobcat for \$5,500 for the lease of a skid steer.**

Motion by Teresa Carey, seconded by Alan Casper, to approve a one-year lease with Central Nebraska Bobcat for \$5,500 for the lease of a skid steer. Motion Passed.

Teresa Carey: Yea, Alan Casper: Yea, John Donley: Absent, Kert Hansen: Yea, Ryan Knaus: Absent, Kirk Nelson: Yea  
Yea: 4, Nay: 0, Absent: 2

**6. Discussion Items**

#### **6.A. Set date for Board Retreat.**

The Board of Education will meet at ESU 11 at 8:00am on Tuesday, March 12, 2024 for the annual retreat

#### **6.B. Discuss the proposed 2024-2025 academic calendar.**

The board discussed several aspects of the proposed school calendar for the 2024-2025 school year. Superintendent Patterson will present an additional option during the February board meeting.

#### **6.C. Discuss the evaluation of Superintendent Patterson**

The Board discussed Superintendent Patterson's evaluation. The Board and Mr. Patterson set a goal for the district to improve student academic success and educator effectiveness.

### **7. Administrator Report**

#### **7.A. Superintendent Report**

Superintendent Patterson reported:

1. School Finance Updates
2. NASB Legislative Conference in Lincoln Monday, January 22
3. KSB Hot Topic Session January 31, 2024

#### **7.B. Principal Report**

Lovin: Update on Americanism Act progress

Update on Winter activities

Principal Muhlbach Reported:

- Fall to Winter MAP Growth Scores
- Falcon Fun Day Sponsors

**8. Next Board Meeting: 7pm Monday, February 19, 2024 in the Wilcox Conference room.**

## 9. Adjourn

Motion by Alan Casper, seconded by Kert Hansen, to adjourn at 8:30pm. Motion Passed.

Teresa Carey: Yea, Alan Casper: Yea, John Donley: Absent, Kert Hansen: Yea, Ryan Knaus:

Absent, Kirk Nelson: Yea

Yea: 4, Nay: 0, Absent: 2



# SCHOOL STUFF

## 7-12 Counselor Updates

### NHS Induction Ceremony

Congratulations to our new National Honor Society inductees: Reagan Johnson, Katelyn Bunger, Micah Johnson, Spencer Jezbera, Gavin Patterson, Madison Bunger, and Cara Bunger. An induction ceremony took place on January 16th in the south gym. Parents and family members were invited to attend. Makayla Johnson, Keya Knaus, Georgia Ramsey, and Addison Overholser, our current members, led the ceremony.

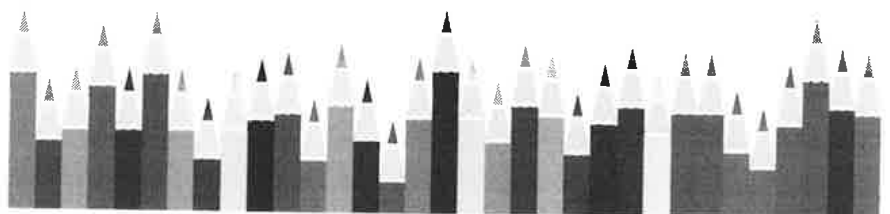
### Freshmen Group

This semester, freshmen group is going to be focusing on careers and options to consider for life after high school. Last semester, we discussed different options after high school and attended a career fair and college visit to UNK. Freshmen now will look at their transcripts and discuss the importance of maintaining a high gpa and passing classes.



### Scholarships for Seniors

Scholarship season is in full swing! If you have not applied for the FAFSA, it is important to do that as soon as possible. It is now open! Some of the scholarships require the FAFSA and the documents it produces to be eligible. One of the major scholarships students with financial need apply for is the Susan Buffett, which also requires the FAFSA to be completed before its deadline. If you need help completing this document, Education Quest is a great







## Vaping

Vaping is an ongoing issue that a lot of teens are experimenting with. Vapes are easy to hide and often look like every day items such as pens or jump drives. Teens are usually drawn to vaping because of the different flavors they come in and the instant high they can experience.

Vaping is a dangerous alternative to smoking because of the high concentration of nicotine they contain. The chemical composition is also hard to regulate and some contain THC or other drugs.

Please talk to your student about the dangers of vaping. If you would like more information, here are some good websites to consult:

<https://www.singlecare.com/blog/news/vaping-statistics/>

[https://www.cdc.gov/tobacco/basic\\_information/e-cigarettes/Quick-Facts-on-the-Risks-of-E-cigarettes-for-Kids-Teens-and-Young-Adults.html](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/Quick-Facts-on-the-Risks-of-E-cigarettes-for-Kids-Teens-and-Young-Adults.html)

<https://www.lung.org/blog/vaping-smoke-and-mirrors>

resource to consider! They will zoom with you for free and help you complete the application!

### *Upcoming Scholarship Deadlines:*

I will continue to post updates on the scholarship page, which is located on the school website. Some important upcoming deadlines include:

- Susan Thompon Buffett: Due Feb. 1st by 5 pm
- Phelps County Community Foundation Scholarships: Due Feb. 15th

There are many of other scholarships on the webpage, so please continue to check there and on ScholarshipQuest, which every senior has an account on.

## Jr. High Guidance:







The junior high students are still working through *Find Your Grind*. This semester we are focusing on how our personalities, interests, strengths, and weaknesses help us decide they life style and career we are wanting to pursue.



Valentine's Day cookie orders will be due February 9th.

They will be handed out on Wednesday, February 14.

Each cookie will be \$2. Please return your form/money to Mrs. Lambert.

 <p><b>TO:</b> <b>FROM:</b> <b>CLASS:</b></p>	 <p><b>TO:</b> <b>FROM:</b> <b>CLASS:</b></p>
 <p><b>TO:</b> <b>FROM:</b> <b>CLASS:</b></p>	 <p><b>TO:</b> <b>FROM:</b> <b>CLASS:</b></p>
 <p><b>TO:</b> <b>FROM:</b> <b>CLASS:</b></p>	 <p><b>TO:</b> <b>FROM:</b> <b>CLASS:</b></p>

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
								<b>1</b> Break: Ham & Egg Sand. A: Popcorn Chicken B: PB&J	<b>2</b> Breakfast: Ham Bar A: Smothered Burrito B: PB&J	<b>3</b>			
<b>4</b>	<b>5</b> Breakfast: Pancakes A: Meatball Bowl B: PB&J		<b>6</b> Breakfast: Monte Cristo A: Personal Pizza B: PB&J	<b>7</b> Breakfast: Muffins A: Pulled bbq Pork on Bun B: PB&J	<b>8</b> Breakfast: Pop Tart A: Chicken Strip Wrap B: PB&J	<b>9</b> NO SCHOOL	<b>10</b>						
<b>11</b>	<b>12</b> Break: power bites A: B: PB&J		<b>13</b> Breakfast: Waffles A: Lasagna B: PB&J	<b>14</b> Break: Yougurt & Granola A: Cheese Pizza B: PB&J	<b>15</b> Breakfast: Bagel A: Hot Dogs B: PB&J	<b>16</b> Breakfast: Banana Bread A: Macaroni & Cheese B: PB&J	<b>17</b>						
<b>18</b>	<b>19</b> Break: Banana Choco. Bar A: Chicken Fried Steak B: PB&J		<b>20</b> Break: Biscuits & Gravy A: Chicken Strips B: PB&J	<b>21</b> Break: Break. Bagel Pizza A: BBQ Rib on Bun B: PB&J	<b>22</b> Breakfast: Saug. Egg roll A: FKC Bowl B: PB&J	<b>23</b> Breakfast: Break. Burrito A: Bosco Stix B: PB&J	<b>24</b>						
<b>25</b>	<b>26</b> Breakfast: Break. on Stick A: Chicken & Waffles B: PB&J		<b>27</b> Breakfast: Break. Pizza A: Combo Sub Sandwich B: PB&J	<b>28</b> Breakfast: Break. Round A:Chicken Broc. Alfredo B: PB&J	<b>29</b> Breakfast:Break Sandwich A: Chili B: PB&J								

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Breakfast: Chicken Biscuit A: Chicken Bacon Wrap B: PB&J	<b>2</b>
<b>3</b>	<b>4</b> Break: Choco. Crescent A: Mand. Orange Chicken B: PB&J	<b>5</b> Breakfast: Cinnamon Roll A: Pizza Pocket B: PB&J	<b>6</b> Breakfast: Donuts A: Salisbury steak B: PB&J	<b>7</b> Breakfast: French Toast A: Crisptos B: PB&J	<b>8</b> Breakfast: Stuffed Hash. A: Italian Dunkers B: PB&J	<b>9</b>
<b>10</b>	<b>11</b> Breakfast: Fruit Smoothie A: Bosco Bostix B: PB&J	<b>12</b> Breakfast: Granola Bar A: Corn Dogs B: PB&J	<b>13</b> Break: Ham & Egg Sand. A:spaghetti Bar B: PB&J	<b>14</b> NO SCHOOL	<b>15</b> NO SCHOOL	<b>16</b>
<b>17</b>	<b>18</b> NO SCHOOL	<b>19</b> Breakfast: Ham Bar A: Hot Ham & chesse B: PB&J	<b>20</b> Breakfast: Pancakes A: Chicken Nacho Boat B: PB&J	<b>21</b> Breakfast: Monte Cristo A: Meatball Bowl B: PB&J	<b>22</b> Breakfast: Muffins A:Fish Sandwich B: PB&J	<b>23</b>
<b>24</b>	<b>25</b> Breakfast: Pop Tart A: BBQ Chicken On Bun B: PB&J	<b>26</b> Breakfast: Scrambled Eggs A: Pigs in a blanket B: PB&J	<b>27</b> Breakfast: Waffle A: Chicken Noodle Soup B: PB&J	<b>28</b> Break: Yogurt & Granola A: Beef Enchilada B: PB&J	<b>29</b> NO SCHOOL	<b>30</b>
<b>31</b>						