

## Arthur 2023 RTO Plan

### **Progress Report:**

#### **Please review and report your district's physical restraint, time out, and isolated time out (RTO) data related to school year**

Arthur CUSD 305 had 31 instances of restraint, timeout, and isolated timeout for the 22-23 school year. The gender make up of the students who were restrained were 11 males, and 8 females. 100% of the students who were restrained were white. 17 incidents involved standing restraint, small child restraint, or team wall restraint, and 14 incidents involved supine restraint. 11 of the restraints happened within Arthur CUSD 305's buildings, however 20 instances of restraint took place at the Humboldt Treatment and Learning Center. Humboldt TLC is the alternative school Arthur CUSD 305 uses for students who require 100% special education in an alternative school building placement on their IEP.

#### **2022-23: How has your district's school year 2022-23 RTO Reduction Plan supported improvements?**

Every staff person employed by Arthur CUSD 305 received deescalation training by Arthur's EIASE Associate Director. The training consisted of two one-hour training sessions that focused on active listening, behavior support techniques, crisis co-regulation, and post crisis response strategies. When students experience restraint or timeout, district level administrators and teachers create individualized plans for each students that outlines what staff should do if the student experiences a crisis situation again.

#### **What targeted areas for RTO reduction were not as successful (if any)? Please describe any factors that contributed to the unexpected results from your previous RTO Reduction Plan.**

Post crisis response meetings were not formalized or systemic. That is something the district will continue to work on in the 23-24 school year.

#### **List the names and titles of members of your district restraint and time out oversight team:**

Kristin Nall- Special Education Administrator

Shannon Cheek- CUSD 305 Superintendent

Chris Forman- Atwood Hammond Grade School Principal

Steffanie Seegmiller- Arthur Lovington Atwood Hammond High School Principal

Marla Graham- Lovington Grade School Principal

Alex Poe- EIASE Associate Director

Kat Burdick- Arthur Grade School LBS1

Kylie Russell- ALAH HS Counselor

Hillary Chupp- Arthur Grade School Paraprofessional

\*These members were not part of the district oversight team during the 2022-23 school year. They will be part of the oversight team during the 23-24 school year.

**List dates of oversight team meetings:**

09/21/2022

12/14/2022

02/08/2023

04/19/2023

**Goal Development:**

Goal 1: Arthur CUSD 305 will have less than 28 instances of restraint or timeout during the 23-24 school year

Goal 2: Arthur CUSD 305 will have less than 8 students experience instances of timeout or restraint during the 23-24 school year.

Goal 3: Arthur CUSD 305 will reduce the number of K-2 students experiencing RTO by 25%. Arthur had 6 students in K-2 experience RTO during the 22-23 school year. The goal for the upcoming year is to have no more than 4 students in grades K-2 experience RTO.

Required Components	Action Item	Steps to Complete Action Item	Timeline	Responsible Party
<p>Provide details of a plan to support a vision for cultural change that reinforces the following:</p> <p>A) Explain how the entity plans to adopt and utilize positive behavioral interventions and support rather than physical restraint, time out, and isolated time out;</p>	<p>Arthur has implemented a successful Positive Behavior Interventions and Supports system that the district will continue during the 23-24 school year. The district will continue to implement the DESSA screener for all students grades Kindergarten through 12th. 5 Staff will attend TCI training during the 23-24 school year, and communicate deescalation techniques with other staff. Arthur CUSD #305 has</p>	<p>The grade school principals will set a schedule for SEL groups to be implemented in K-8 classrooms. The teachers will review and implement SEL activities. The PBIS committee will continue to meet monthly to assess PBIS needs, and review effectiveness. Principals will allow 5 staff to attend TCI refresher training. The district meets with community partners monthly to review</p>	<p>The SEL screener will be completed by the end of September, 2023. The screening window will be communicated to teachers by the first week of student attendance in August 2023. The PBIS committee will meet in August, and set a schedule of meetings, and discuss data to be reviewed at each meeting. 5 staff will receive TCI refresher training by June of 2024. Counselors from the</p>	<p>School Principals and K-12 teachers.</p> <p>PBIS Committee</p> <p>5 trained staff, and principals</p>

	collaborated with local health and mental health agencies to provide services to our students and families within the district school buildings.	effectiveness of the services and procedures in place.	Community partner grant are in each building weekly providing services. The Community Partners meet monthly to review the process and data of the students being served.	Community Partners
B) Identify effective ways/best practices to deescalate situations to avoid physical restraint, time out, and isolated time out;	Teachers will use environmental management techniques, proximity, hurdle help, and other deescalation techniques used in Therapeutic Crisis Intervention	Teachers will follow policy and procedure as outlined in school policy in regards to restraint and timeouts.	Ongoing	Arthur CUSD #305 staff, including but not limited to principals, teachers, and support staff
C) Describe how the entity will utilize crisis intervention techniques as an alternative to physical restraint, time out, and isolated time out; and	Arthur CUSD #305 administrators and teachers will follow the TCI model for deescalation techniques.	Crisis situations will be analyzed once the situation has ended to ensure proper deescalation techniques were utilized.	Ongoing	School administrators, guidance counselor, and other staff

<p>D) Describe the entity's plan to utilize debriefing meetings to reassess what occurred and why it occurred and to think through ways to prevent use of intervention the next time.</p>	<p>After a crisis has occurred, the principal, guidance counselor, and involved staff will discuss the event and use the TCI post crisis response form.</p>	<p>Once a crisis has occurred, the principal will set a meeting time and make a copy of the TCI post crisis response form for the team to complete.</p>	<p>As soon as possible following crisis incidents</p>	<p>Administration, counselor, and involved staff</p>
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<p>E) Include action step(s) that describe procedures to ensure that appropriate school personnel are fully informed of the student's history, including any history of physical or sexual abuse, and other relevant medical/mental health</p>	<p>Without breaking confidentiality, the school counselor will share pertinent information about a student's history when needed for school programming</p>	<p>School counselor will set a time and meeting place with required staff</p>	<p>As soon as possible when new information is provided.</p>	<p>School counselor</p>

<p>information. Such disclosures of student information must be consistent with federal and state laws and rules governing student confidentiality and privacy rights.</p>				
<p>F) Identify steps to develop individualized student plans as required by <a href="#">PA 102-0339</a>. Plans should be separate and apart from a student IEP or 504 Plan.</p>	<p>If a student has 1 or more instances of restraint, timeout, or isolated timeout, the principal and involved staff members will write an Individualized Crisis Management Plan for the student that will outline crisis prevention techniques and crisis procedures</p>	<p>If a student requires an ICMP, the principal, parent, and staff involved with the student will write the ICMP</p>	<p>Within 3 days after a restraint, timeout, or isolated timeout, the principal, parent, and staff involved will have the plan written</p>	<p>School admin, teachers, and parents</p>
<p>G) Describe how the information will be made available to parents for review.</p>	<p>The District Oversight team will meet in June of 2023 to finalize the plan. The Special Education</p>	<p>The superintendent will schedule the meeting.</p>	<p>The District oversight team will meet in November and April to analyze data collected, get feedback on</p>	<p>Arthur CUSD #305 Superintendent, and the district RTO oversight team.</p>

	<p>Administrator will present the plan to the school board at the August board meeting so it can be made available to parents and community members.</p> <p>The plan will then be available on the website for parents to access.</p>		<p>the effectiveness of the plan, and suggest improvements.</p>	
<p>H) Describe a modification process (as necessary) to satisfy aforementioned goals.</p>	<p>The oversight team will continue to meet twice a year to evaluate the plan's effectiveness, and make changes as necessary</p>	<p>The oversight team will gather and evaluate data on restraint, timeout, and isolated timeout</p>	<p>Semester meetings</p>	<p>The RTO Oversight Team</p>