

Emergency Substitute Teacher (EST) Project Professional Development

An initiative to support Washington's ESTs

funded from the Office of the Superintendent of Public Instruction (OSPI)

January - March 2024



When you register, you will receive an email 1-2 days prior to course with Zoom link

Courses are available free to all ESTs and substitute teachers.



Social Emotional Learning in Education for EST's and Substitutes (3 Clock hours*) *Pending Approval*** *Pending Approval***

Thursday, January 27, 2023 / 4:30 PM - 7:30 PM

This course for emergency substitute and substitute teachers introduces five social and emotional (SEL) competencies as well as specific strategies that can be implemented in various educational settings. The course also touches upon the concept of emotional intelligence and how it can be used to guide one's thinking and actions. The course is structured so that participants independently and collaboratively participate in activities that utilize each competency and gain new learning by analyzing and reflecting on content.

Register: https://www.surveymonkey.com/r/SEL4ESTJan24

Relationship Building Strategies for Emergency Substitute Teachers (3 Clock Hours*)

Tuesday, October 10, 2023 / 4:30 PM - 7:30 PM

*Pending Approval

This course is designed to equip participants with the essential skills and knowledge needed to cultivate strong and meaningful relationships. This course will also help participants discover strategies and resources to generate successful outcomes between educators and students. These outcomes will promote maintaining valuable relationship building skills that establish boundaries. Thus, encouraging emotionally intelligent connections between educators and students.

Register: https://www.surveymonkey.com/r/Relationship4ESTJan2024

Understanding Cultural Differences to Reduce Trauma for ESTs and Substitutes (3 Clock hours*) *Pending Approval

Thursday, January 25, 2024 / 4:30 PM - 7:30 PM

Cultural differences are a gift to the educational environment. Participants in this course for emergency substitutes and substitute teachers will become aware of how different cultures guide and enrich the learning experience, and how to develop the skills of self-discovery and empathy to create a welcoming, safe, and productive environment that validates culture and reduces trauma.

Register: https://www.surveymonkey.com/r/CulturalDiffESTJan2024

After each series, in approximately 10 business days, you will receive a course evaluation via email. Once you've completed and submitted the course evaluation, you will receive a clock-hour verification form via email. Please check your spam/junk folders for emails. Use the clock hour verification form to process your clock hours and/or attendance according to your district policies.

Gender Identity and Intersectionality for ESTs and Substitutes (3 Clock hours*)

Tuesday, February 20, 2024 / 4:30 PM - 7:30 PM

*Pending Approval

This course will outline the importance of acknowledging one's gender identity and why it's critical to use appropriate pronouns. The course will examine the Washington state laws that protect student's right to be addressed according to their preferred gender identity. Participants will explore common gender roles and how stereotypes and biases can affect a student's classroom experience, academic performance, subject choice and well-being. Intersectionality and the impact it has on education will be assessed. The course will also highlight various strategies for inclusion that support gender identity in an educational setting. Educators will engage in various activities throughout the course to support providing an inclusive educational environment for all students.

Register: https://www.surveymonkey.com/r/IntersectionalityESTFeb24

Special Education for ESTs and Substitutes (3 Clock hours*)

*Pending Approval

Thursday, February 22, 2024 / 4:30 PM - 7:30 PM

This course for emergency substitutes and substitute teachers is designed to provide participants with an overall understanding of the history, legislation, and essential concepts in the field of Special Education. By exploring its evolution from origin to present day, participants will examine the societal shifts, and legal mandates that were cornerstones in the development of this program. Through engaging dialogue, discussions, and practical activities, participants will also gain insight into the key differences between the Individualized Education Plans (IEP), 504 plans, and the critical components of the IEP. Participants will also learn about the importance of a Free Appropriate Public Education (FAPE) as a fundamental concept in Special Education. To ensure that every student has access to an equitable education, participants will be equipped with knowledge to facilitate a safe and inclusive classroom environment.

Register: https://www.surveymonkey.com/r/SPED4ESTFeb2024

Understanding Cultural Differences to Reduce Trauma for ESTs and Substitutes (3 Clock hours*) *Pending Approval

Tuesday, March 19, 2024 / 4:30 PM - 7:30 PM

Cultural differences are a gift to the educational environment. Participants in this course for emergency substitutes and substitute teachers will become aware of how different cultures guide and enrich the learning experience, and how to develop the skills of self-discovery and empathy to create a welcoming, safe, and productive environment that validates culture and reduces trauma.

Register: https://www.surveymonkey.com/r/UnderstandingCulturalDiffESTMar2023

Successful Inclusion in Education for ESTs and Substitutes (3 Clock hours*)

Wednesday, March 20, 2024 / 4:30 PM - 7:30 PM

*Pending Approval

This course is designed to provide emergency substitute teachers and substitutes with a comprehensive understanding of equity, dispelling misconceptions, and equipping them with effective strategies for promoting equity in the classroom. Participants will explore the definition of equity, its historical origins, recognizing its roots in social justice movements and the ongoing fight for equal opportunities, and the common misconceptions surrounding it. By examining what equity is not, educators will gain the knowledge and tools necessary to foster an inclusive and fair learning environment. By exploring these foundations, educators will gain a deeper appreciation for the importance of equity in education.

Register: https://www.surveymonkey.com/r/SuccessfulInclusionESTMarch2024

After each series, in approximately 10 business days, you will receive a course evaluation via email. Once you've completed and submitted the course evaluation, you will receive a clock-hour verification form via email. Please check your spam/junk folders for emails. Use the clock hour verification form to process your clock hours and/or attendance according to your district policies.