


COWEEMAN NEWSLETTER

October 2024

COWEEMAN CUGARS



Important Dates

- **Oct 4-** NO School
(In-Service Day)
- **Oct 8-** 7th Grade Hearing/Vision Screenings
- **Oct 14-18-** Spirit Week
- **Oct 17-** Coffee with the Counselors
- **Oct 18-** Boo Bash Social
(flyer attached)
- **Oct 21-** Winter Sports Begin
(Wrestling and Boys BBall)

HAPPY
Spooky
SEASON

Attendance Reminders

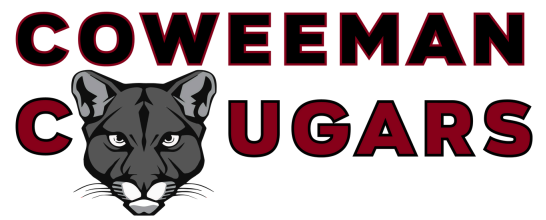
Remember to notify the school if your child will be absent.
You can call, email, or enter on Skyward your child's absence.



School Reminders

- Please send students with a water bottle each day.
- Do not send your student to school if they are not feeling well, or have one or more sick symptoms (flyer attached)

MEET the team



ROB BIRDSELL
Principal



BIANCA MULLER
Asst. Principal



TOM D'ABOY
*Dean of
Students*



KILA INGLES
*Administrative
Secretary/
Registrar*



KANDI HARMON
*Athletics/ASB
Secretary*



THERESA WALTER
Attendance



DANAE MCGREGOR
Health Specialist

MEET OUR *Counselors*



KALI DALTON
Last Names A-L

x1771
kali.dalton@kelsosd.org



RACHEL LEINWEBER
Last Names M-Z

x1773
rachel.leinweber@kelsosd.org

@CMS.COUNSELORS

Check us out on Instagram!

Letter from the Principal, Mr. Birdsell

October 1, 2024

Dearest Coweeman Families:

Wow! What a great start to the school year! Enrollment is up! Test scores are up! And, as always, a team of incredible teachers, counselors, ParaProfessionals, nutrition services, custodial, and transportation folks are all ready to greet your Cougs daily!

The month of October is always special. Students get the routines down and find their groove. Teachers and staff have had the opportunity to get to know you Cougs and are forming the bonds that lead to successful years in middle school; and our Cougs have made new friends and the lines of elementary school have merged into WE are Coweeman!

Each year Coweeman is able to offer Intramural activities to our Cougs. This year we have scheduled the following Intramurals (as of September 30, 2024):

Fall Jazz Club - Oct 14 through Jan 24

Mr. Swart - Band Room

Fall Board Games Club - Oct 7 through Jan 27

Mr. Mozes - A8

Spring Jazz Club - Jan 28 through June 3

Mr. Swart - Band Room

Spring Board Game Club - Feb 3 through June 9

Mr. Mozes - A8

Spring Running Club - Feb 24 through April 3

Ms. Joy - out and about - meet in commons

CoEd Volleyball Club - Jan 6 through Jan 24 & May 22 through June 6

Ms. Moi - Gym

As the Fall Sport Season is coming to a close, please be sure to get your Cougs ready for Winter Sport Season I - Boys Basketball (7th & 8th) and Wrestling (B/G 6th, 7th, 8th). Be sure to get the physical and complete all information in Final Forms. Need more information? Call Ms. Harmon at 360.501.1756 - she has all the 'deets'.

Sincerely

Rob Birdsell - Principal

A Message From:

MRS. PULLINGS

Student
Assistant
Professional

Dear Parents/Guardians,

Welcome to the 2024/2025 school year! I am the Student Assistance Professional here at Coweeman Middle School and I want to take a moment to introduce myself and explain a little about the services that I offer our students. I am Mrs. Pullings, and I have worked throughout the Kelso School District in a variety of positions over the last eight years including at Kelso High, Butler Acres, Barnes, Coweeman, and as of this year Huntington as well! Most simply put, my job here is to provide a wide variety of support services to our students including but not limited to:

- Helping students build confidence and self-esteem as well as making positive choices
- Teaching students the tools needed to develop and strengthen their coping skills
- Helping to deal with any obstacles that may interfere with readiness to learn
- Providing tobacco, alcohol & other drug awareness, education, and intervention if needed
- Support and coping for students who may have use/addiction in their family

Services will be offered mainly in group sessions during one class period per week for 8-12 weeks (depending on the group). We will meet on a rotating schedule so that students do not miss the same class period week after week. Individual sessions can be scheduled as needed and will also rotate so that students do not continually miss the same class. I also provide whole-school awareness/prevention activities (Red Ribbon Week, No Vape November, etc.), run a prevention club, participate in community prevention, and provide referrals to outside services as needed.

This program as well as all the services it offers are absolutely free and available to all Coweeman students. My supports can vary widely and are mostly unlimited so please, do not hesitate to reach out to me if you would like your student to be able to benefit from any services over the course of the school year. You can reach out to me via email, phone, or even in person. I look forward to getting to know the Coweeman families and helping our students be successful!

Sincerely,

Heather Pullings

Student Assistance Professional

Coweeman Middle School

360-501-1770 | heather.pullings@esd112.org



KELSO SCHOOL DISTRICT

601 Crawford Street • Kelso, WA 98626 • 360.501.1900 • kelso.wednet.edu • #WeAreKelso

Dear Parents/Caregivers of Students in Grades 4-12:

The Kelso School Board follows the State Guidelines for Sexual Health Information and Disease Prevention. Per District Policy 2125, curriculum will “be medically and scientifically accurate, age appropriate, and inclusive of students”. It will include factual information regarding contraception and disease prevention, and instruction in abstinence education.

Students in grades 4 through 12 are scheduled to receive this information in their PE, science, health, social studies, or biology class during the school year.

The AIDS Omnibus Act (RCW 28A.230.070) requires parents to preview the Human Growth & Development and/or HIV/STD Prevention Curriculum if they want to excuse their child from the instruction. Students who are excused from the instruction will be given other lessons during that time.

We want to inform each parent about how we teach these topics. Teachers and administrators will be available to answer questions at the following Parent Night preview sessions. A complete list of preview sessions follows:

Grades	School(s)	Curriculum	Date & Time	Viewing Location
4-5	Barnes Carrolls Rose Valley Wallace	Grade 4 - Human Growth & Development Grade 5 - HIV/STD Prevention	October 22, 2024 6:00-7:00 PM	Rose Valley Elementary
4-5	Butler Acres Lexington	Grade 4 - Human Growth & Development Grade 5 - HIV/STD Prevention	March 4, 2025 6:00-7:00 PM	Butler Acres Elementary
4-5	KVA	Grade 4 - Human Growth & Development Grade 5 - HIV/STD Prevention	March 4, 2025 6:00-7:00 PM	Kelso Virtual Academy
6-8	Coweeman	HIV/STD Prevention	October 3, 2024 6:00-7:00 PM	Coweeman MS
6-8	Huntington	HIV/STD Prevention	October 1, 2024 6:00-7:00 PM	Huntington MS
9-12	Kelso HS	HIV/STD Prevention	October 15, 2024 6:00-7:00 PM	Kelso HS

We have developed a balanced program that stresses interpersonal relationships, communication skills, and decision making to give students tools to make decisions about these issues in their lives.

Remember—although your attendance is OPTIONAL, it is REQUIRED if you wish to excuse your child from this instruction. If you cannot attend your school meeting, or have questions, please contact your child’s teacher.

Sincerely,

Kim Yore

Director of Teaching and Learning

7TH GRADE

Hearing & Vision Screening

All 7th Grade students will complete the hearing and vision screenings on Tuesday, October 8th. Please plan to have your child(ren) to school on time this day. If your child wears glasses or contact lenses have them bring/wear them for testing.

If you any questions or would like to opt out of testing please call the health room at 360-501-1774 to speak with the Health Care Specialist, Danae McGregor.



FOR MORE INFORMATION:



360-501-1774



danae.mcgregor@kelsosd.org

Coweeman Counseling Center

COFFEE *with the* COUNSELORS

**October Topic:
Bullying Prevention**

Join us for coffee and
connection on current topics
impacting our students.

**for parents/guardians*

Come and Join Us!



Thursday, October 17
8:00am

Coweeman Middle School Library



Join Us For
Coweeeman's Fall Social

BOO BASH

GAMES, DANCING,
FOOD AND MORE!

October 18th

Tickets will be PRESALE ONLY

\$6 w/o ASB

\$4 w/ ASB

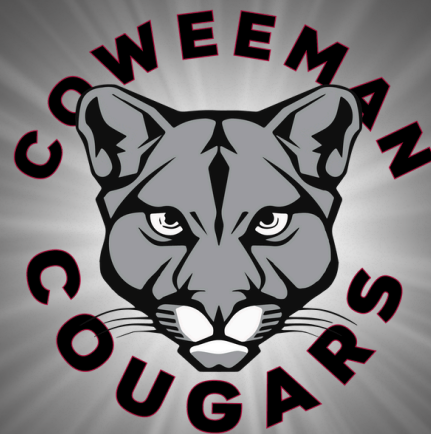
*remember a signed permission slip is
needed in order to purchase a ticket*

From 3:00-4:30

Students will stay after school if
they are attending the social.
Please pick students up promptly
when social ends.



Upcoming events.



OCT

05

XC @ UNIVERSITY
PLACE, WA

OCT

07

VOLLEYBALL @
HOME

OCT

09

FOOTBALL @ HOME

VOLLEYBALL @
MONTICELLO

OCT

14

VOLLEYBALL @
CASTLE ROCK

OCT

15

XC CHAMPIONSHIP
@ WOODLAND

OCT

16

FOOTBALL
CHAMPIONSHIP @
WOODLAND

VOLLEYBALL
CHAMPIONSHIPS @
TBD

OCT

25

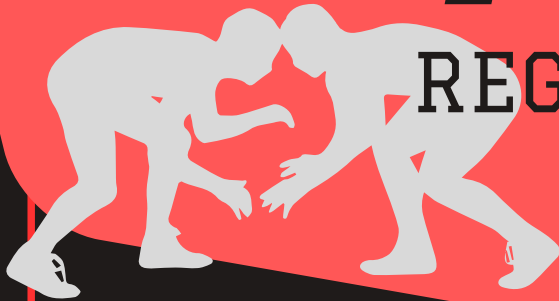
WINTER SPORTS
START

-WRESTLING
-BOYS BASKETBALL

COWEEMAN MIDDLE SCHOOL



WINTER *sports*



REGISTRATION
NOW
OPEN

BOYS BASKETBALL- OCT 21ST
WRESTLING- OCT 21ST

7TH AND 8TH GRADE BASKETBALL
6TH/7TH/8TH BOYS AND GIRLS
WRESTLING

[HTTPS://KELSO-WA.FINALFORMS.COM/](https://kelso-wa.finalforms.com/)

Interested in Free College?

You could be
CollegeBound!

OVER **65**
COLLEGES,
UNIVERSITIES, &
TECHNICAL
PROGRAMS

How to Qualify:

- 1) STUDENTS ARE ENROLLED IN SCHOOL
 - 2) COMPLETE A FREE/REDUCED LUNCH FORM TO APPLY
 - 3) MEET INCOME GUIDELINES
- *STUDENTS IN FOSTER CARE IN 7TH GRADE AUTOMATICALLY QUALIFY

**Covers Tuition, Fees,
& Books!**

For more information:

collegebound.wa.gov



Complete Application
Form Here

OUTFIT OUTFIT **OF THE** OF THE **DAY** DAY

Wednesdays:

**Coweeman/Coug
gear or colors**

Thursdays:

**college or career
gear**

Fridays:

**Kelso gear/Kelso
colors**





CNEEB

Child Nutrition Eligibility & Education Benefit Application

Did you know that completing the yearly CNEEB application helps your student's school receive important funding for a variety of programs. Upon review from our Nutrition Services Staff your family could qualify for other free/reduced programs within our district such as ASB card fees, testing fees, and sports fee. Remember to complete the Consent to Share form so the school knows if your student qualifies.

Only 1 application needs to be completed per family.

You can find the CNEEB survey [here](#):
You can find the Consent To Share [here](#):



SCHOOL WIDE FUNDRAISER

SCHOOL WIDE FUNDRAISER
SUPPORTING COWEEMAN ASB.
FUNDRAISER STARTS OCT 7TH AND
ENDS OCT 25TH. ALL ITEMS WILL BE
DELIVERED TO SCHOOL ON NOV 5TH.

**Ask your student for their unique
link.**

All items sold online.

Questions? Contact Us

360-501-1750

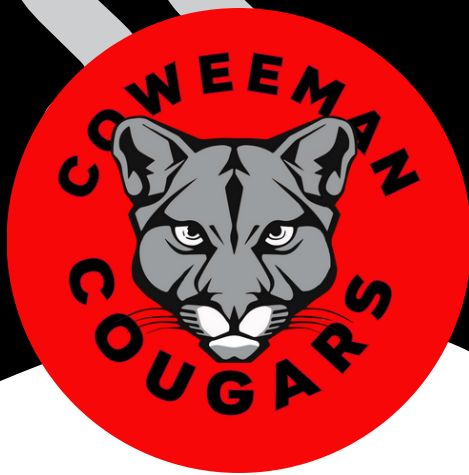


**JOIN
TODAY!**

Coweeman PTO

Are you looking for ways to get involved?

Join us at our bi-monthly meetings to
discuss way in supporting Coweeman
students and school.



President:

Katie Howard

Vice President:

TBD

Secretary:

Caitlyn Polk

Treasure:

Rochelle Thomas

Upcoming Dates

Next meeting

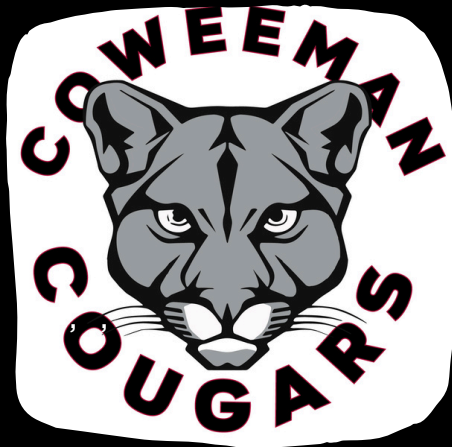
Nov 12

4:30pm

Youth and Family Link

AFTER SCHOOL PROGRAM

Sept. 11, 2023 - June 7, 2024



Register Now

Space is limited!

Register online or paper packet available in school office

 linkprogram.org  khogue@linkprogram.org  360.644.6928

GOOD TO KNOW



Bus Routes

Information can be found HERE for bus routes.

Bell Schedule

Information can be found HERE for the bell schedule.

Lunch Menu

Information can be found HERE for the monthly menu.

Lost and Found

Lost and Found is disposed of after each term- please have your student check this area frequently.

Bus Pass/Early Release

If your student will be released early or riding a different bus home please call the office before 2pm to ensure there is adequate time to notify students.

For more information:

360-501-1750

ATTENDANCE

QUESTIONS ANSWERED

**IF MY STUDENT IS TARDY WILL I GET A
PHONE CALL/TEXT?**

YES

**IF MY STUDENT IS MARKED ABSENT WILL I GET A
CALL/TEXT?**

YES

**IF THEY HAVE A DOCTORS
APPOINTMENT, SHOULD I BRING
IN A NOTE?**

YES

CAN I PREARRANGE A LONG TERM ABSENCE?

YES/ASK FOR A FORM IN THE MAIN OFFICE

**CAN I ENTER ABSENCES THROUGH MY
PARENT SKYWARD PORTAL?**

YES

FREQUENTLY USED ABSENCE CODES

ABSENT REASON

MA- MEDICAL APPOINTMENT

IL- ILLNESS

L-LATE

OT-OTHER*

REQUIRES COMMENT



Attendance Matters!

Dear Parent/Caregiver,

This year, Coweeman Middle School is making a special effort to ensure that all students fully benefit from their education by attending school regularly. Student attendance is an essential first step for students to learn. We want you to know that our school is committed to supporting your student(s) to attend and access their education. Your students' future is our first priority, and we want to partner with you to ensure their success.

DID YOU KNOW? - Attendance - Why it Matters!

- By being present at school, your child learns valuable social skills and has the opportunity to develop meaningful relationships with other students and school staff.
- Absences can be a sign that a student is losing interest in school, struggling with schoolwork, dealing with a bully, or facing some other potentially serious difficulty.
- Starting in kindergarten, too many absences (excused and unexcused) can cause children to fall behind in school.
- Missing 10 percent (just two days a month or about 18 days in a year) increases the chance that your student will not read or master math at the same level as their peers.
- Students can still fall behind if they miss just a day or two days every few weeks.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.

WHAT WE NEED FROM YOU

We miss your student(s) when they are not in school and we value their contributions to our community. We would like you to help ensure that your student attends regularly and is successful in school.

**QUESTIONS OR TO REPORT YOUR
STUDENT'S ABSENCE**

**PLEASE CALL
MRS. WALTER
360.501.1772**

Kelso School District Excused and Unexcused Absence Guidance

The following guidance is given in accordance with Policy 3122 Excused and Unexcused Absences:

	After:	To Do:
□	3 Days Unexcused	Attendance staff will send a letter home to the student/caregiver.
□	5 Days Unexcused	Attendance staff will send a letter home. A conference will also be scheduled with student, parent/caregiver (if possible), and school staff. An attendance agreement and student assessment of barriers to attendance will be completed during conference. A copy of the attendance agreement will be mailed home if the caregiver does not attend. Truancy will be notified of conference results.
□	7 Days Unexcused	Attendance staff will send a letter home. The Truancy Specialist will start weekly meetings with the student on Mondays and Fridays at their school.
□	10 Days Unexcused	Attendance staff will send a letter home and notify Truancy. A petition will be filed with the court (court attendance NOT required). Community Engagement Board referral process will begin. The student has 2 months to make progress and show engagement. If this does not occur, the court process will continue resulting in court attendance requirements.
□	20 Days Unexcused Consecutively	The student is potentially unenrolled due to lack of attendance, dependent on individual circumstance. Truancy will refer the student to ESD for re-engagement support if withdrawn.

*** Note: students and families should be required to provide doctor's note after 7 excused absences in a trimester or 10 excused absences in a semester.**

Veronica LaRose - Truancy Specialist with Attendance Support
ext. 1852 or veronica.larose@kelsosd.org

Where can you find other assistance:

We understand that situations occur and additional support may be needed to ensure the success of your student. Kelso School District takes pride in connecting our families to community providers and resources, fostering a positive and resilient home environment. Here is a list of a few resources you and your student may find beneficial.

- At Risk Youth (DSHS) 1-866-764-2233
- Columbia Wellness/ WISE 360-423-0203
- CORE Health 360-200-5419
- Youth and Family Link 360-423-6741
- Parents Place 360-414-9212
- Strengthening Families 360-261-3971

Additional resources: [Behavioral Health Services Navigation - Brochure](#)



Kelso Families

The State of Washington and the Kelso School District receive state funding each year from the U.S. Department of Education and the Washington State Legislature to support the education of homeless students in school programs.

The McKinney-Vento Act defines homeless children as "individuals who lack a | fixed, regular, and adequate nighttime residence." The act provides examples of children who would fall under this definition:

- Children and youth sharing housing due to loss of housing, economic hardship or a similar reason
- Children and youth living in motels, hotels, trailer parks, or camp grounds due to lack of alternative accommodations
- Children and youth living in emergency or transitional shelters
- Children and youth abandoned in hospitals
- Children and youth whose primary nighttime residence is not ordinarily used as a regular sleeping accommodation (e.g. park benches, ~~etc~~)
- Children and youth living in cars, parks, public spaces, abandoned buildings, substandard housing, bus or train stations
- Migratory children and youth living in any of the above situations

If one of these examples represents your current situation, please remember that you are not alone. Last year over 27,000, students and families in the state of Washington found themselves in one of these situations.

Shown on the next page is a housing questionnaire that may be completed and returned to your student's school office.

In you need assistance in completing this form or have any questions, please contact: Nancy Baldwin, Family Support Specialist, Kelso School District at (360-501-1933) for further information or if we can help you in any way.

Thank you!



Kelso School District

Student Housing Questionnaire

If you own/rent your own home, you do not need to complete this form.

The answers to the following questions can help determine the services this student may be eligible to receive under the McKinney-Vento Act 42 U.S.C. 11435. The McKinney-Vento Act provides services and supports for children and youth experiencing homelessness. (Please see reverse side for more information.)

If you do not own or rent your own home, please check all that apply to your current housing.

- | | |
|---|---|
| <input type="checkbox"/> Living in a motel | <input type="checkbox"/> Living in a car, park, campsite, or similar location |
| <input type="checkbox"/> Living in a shelter | <input type="checkbox"/> Living in transitional housing |
| <input type="checkbox"/> Moving from place to place/couch surfing | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Living in someone else's house or apartment with another family | |
| <input type="checkbox"/> Living in a residence with inadequate facilities (no water, heat, electricity, etc.) | |

Name of Student: _____
First Middle Last

Name of School: _____ Grade: _____ Birthdate: _____ Age: _____
Month/Day/Year

Gender: _____
☐ Student is unaccompanied (not living with a parent or legal guardian)
☐ Student is living with a parent or legal guardian

ADDRESS OF CURRENT RESIDENCE: _____

PHONE NUMBER OR CONTACT NUMBER: _____ NAME OF CONTACT: _____

Print name of parent(s)/legal guardian(s): _____
(or unaccompanied youth)

*Signature of parent/legal guardian: _____ Date: _____
(or unaccompanied youth)

*I declare under penalty of perjury under the laws of the State of Washington that the information provided here is true and correct.

Please return completed form to any Kelso School District Office, or mail to Student Services Department, Kelso School District, 601 Crawford St, Kelso WA 98626.

For School Personnel Only : For data collection purposes and student information system coding

☐ (N)Not Homeless ☐ (A)Shelters ☐ (B)Doubled-Up ☐ (C)Unsheltered ☐ (D)Hotels/Motels



KELSO SCHOOL DISTRICT NO. 458

2024-2025

Student School Calendar

AUGUST 2024						
Su	M	T	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
SEPTEMBER 2024						
Su	M	T	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					
OCTOBER 2024						
Su	M	T	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
NOVEMBER 2024						
Su	M	T	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
DECEMBER 2024						
Su	M	T	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
JANUARY 2025						
Su	M	T	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

STUDENT FIRST AND LAST DAYS OF SCHOOL

August 28 First Day
June 12 Last Day

GRADUATION

June 7

STUDENT NON-ATTENDANCE DAYS

September 2 Labor Day
October 4 In-Service Day
November 11 Veterans Day
November 22 Trimester Break
November 25-27 Elementary School Conferences
(No School for Elementary Students ONLY)
November 28-29 Thanksgiving Break
Dec. 23 - Jan. 3 Winter Break
January 20 MLK Day
January 27 Semester Break
February 17 Presidents' Day
March 7 Trimester Break
March 14 In-Service Day
April 7 - 11 Spring Break
May 26 Memorial Day

EARLY DISMISSAL DAYS

Elementary 1:55 pm, Secondary 1:00 pm
November 27* *Secondary Students Only
December 20
April 4

Last Day of School: Elementary 11:10 am
Secondary 10:05 am

TERM-END DAYS

Trimesters (Elementary and High School)

November 21 Trimester 1
March 6 Trimester 2
June 12 Trimester 3

Semesters (Middle School)

January 24 Semester 1
June 12 Semester 2

SCHOOL HOURS

Elementary Schools

Mon, Tues, Thurs, Fri 8:45 am - 3:25 pm
Wednesdays 8:45 am - 1:55 pm

Secondary Schools

Mon, Tues, Thurs, Fri 7:50 am - 2:30 pm
Wednesdays 7:50 am - 1:00 pm

MAKE-UP DAYS

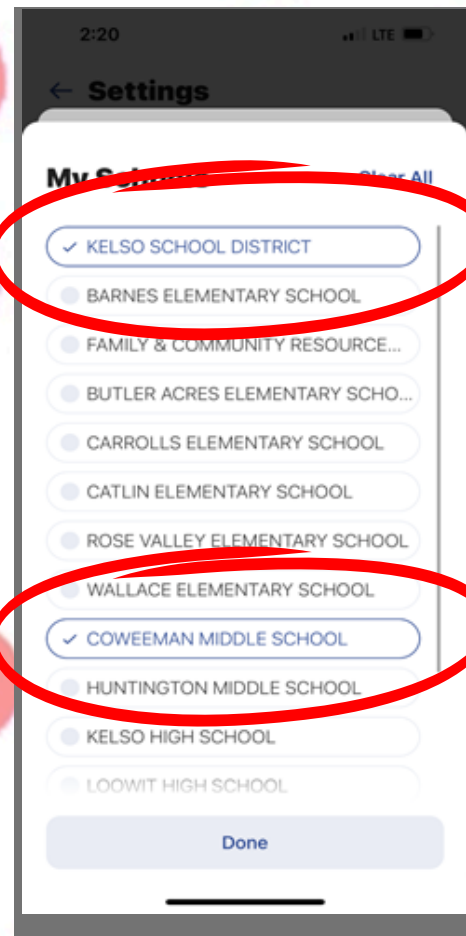
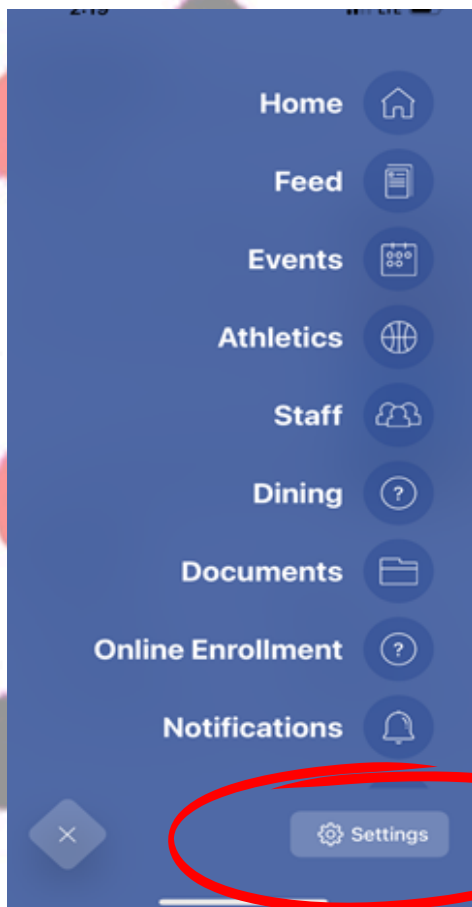
November 22
January 27
March 7
End of School Year

FEBRUARY 2025						
Su	M	T	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	
MARCH 2025						
Su	M	T	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					
APRIL 2025						
Su	M	T	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			
MAY 2025						
Su	M	T	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
JUNE 2025						
Su	M	T	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					
JULY 2025						
Su	M	T	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Coweeman Connection

Check out the Kelso School District App!

Download the app and stay connected. Search for “Kelso School District” in the app store. Once you are in the app, go to Settings to choose the school(s) for which you would like notifications. Kelso schools will be using the app to update families about bus routes, school closures and much more.



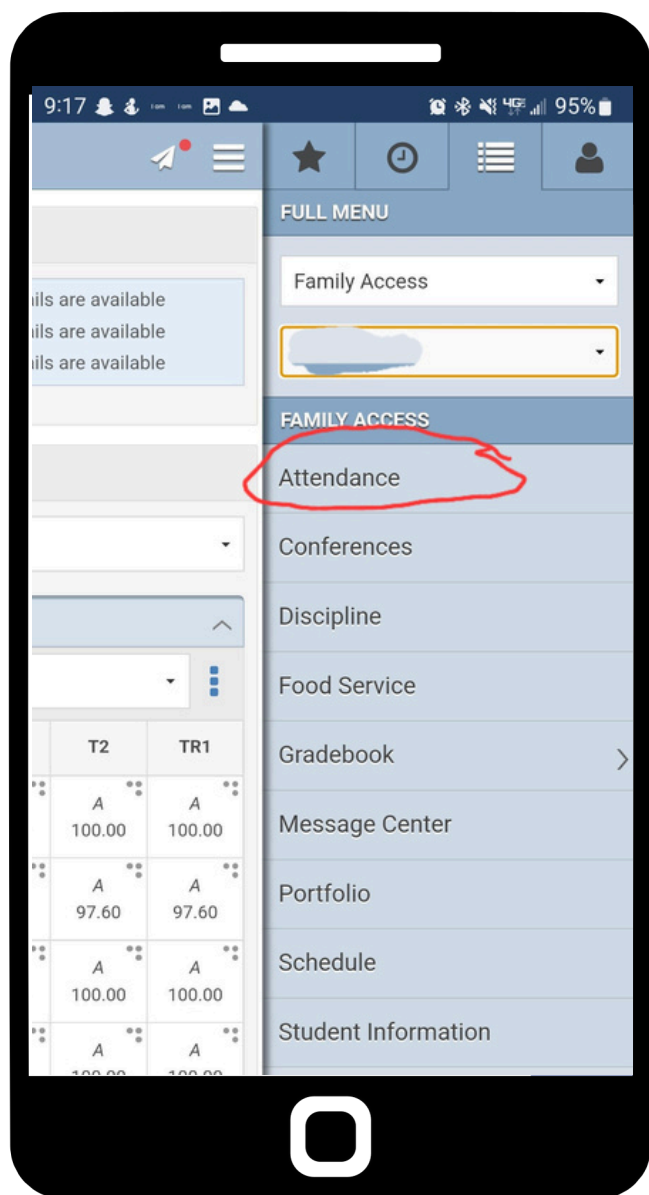


FAMILY MOBILE APP

All the benefits of Family Access on your phone

Entering your student's attendance

DOWNLOAD TODAY, AND STAY UP-TO-DATE
ON THE GO



How - To

- Log onto your Skyward account on the App
- Using the drop-down menu, choose your student
- Choose the date (date range if multiple days)
- If the absence will not be a full day, click off the toggle switch and fill in the time
- Using the drop-down menu, choose an absence reason
- Hit 'submit' when you are finished
- **THIS CAN BE DONE ON THE COMPUTER AS WELL.**

Find out more at the link below

<https://www.kelso.wednet.edu/o/ksd/page/skywardapp-attendance>

SHOULD MY CHILD BE AT SCHOOL WITH THIS ILLNESS?

Here are guidelines for sending your child to school. If you have questions, please call the health specialist at your school or your health care provider.

COLD, SORE THROAT, COUGH

Your child may go to school when he or she has **ALL** of the following:

- Only mild cold symptoms, or no cold symptoms.
- Normal temperature (under 100.4 degrees) for 24 hours or more.
- Enough energy to do school work.
- Can keep from spreading germs by washing their hands, throwing away used tissues, coughing onto their sleeve, and coughing away from other people.
- Has been taking antibiotics for **MORE** than 24 hours (or is not taking any antibiotics).

Your child may NOT go to school when he or she:

- Has a fever (temperature over 100.4 degrees) or needs fever-reducing medicine.
- Has swollen glands.
- Has been taking antibiotics for less than 24 hours.

VOMITING & DIARRHEA

Children must stay home for at least 24 hours after vomiting or having diarrhea (3 or more loose stools in a day). They must be able to eat and drink before coming back to school.

FEVER

Your child must have a normal temperature (under 100.4 degrees) for 24 hours without fever-reducing medicine (such as Tylenol) before returning to school.

HEADACHE

A child should stay home if their headache is bad enough that they cannot do school work, or if they also have other symptoms, such as fever.

EARACHE OR TOOTHACHE

A child does not have to miss school because of an earache or a toothache if they are getting medical care, have no other symptoms such as fever, and feel well enough to do school work.

RED EYES

Keep your child home if the white part of the eye is red and there is yellow or green crusty or gooey stuff in the eye.

RASH

Keep your child home if they have a rash over a large part of their body or if the rash is oozing or if it is contagious.

Thanks for helping to keep all of our children healthy!



KELSO SAFE SCHOOLS EMERGENCY INFORMATION



HOLD

ISOLATED EVENT/MEDICAL ISSUE

STUDENTS

- **CLEAR** hallways, stay in room
- **CONTINUE** as usual
- **WAIT** for "all clear"

ADULTS

- **CLOSE/LOCK** the door
- **ACCOUNT** for students & adults
- **CONTINUE** as usual
- **WAIT** for "all clear"



SECURE & TEACH

POTENTIAL THREAT OF HARM

STUDENTS

- **RETURN** inside
- **CONTINUE** as usual
- **WAIT** for "all clear"

ADULTS

- **BRING** everyone indoors
- **LOCK** outside doors
- **INCREASE** awareness
- **ACCOUNT** for students & adults
- **CONTINUE** as usual
- **WAIT** for "all clear"



LOCKDOWN

DEFINITE THREAT OF VIOLENCE OR HARM

STUDENTS

- **MOVE** out of sight
- **MAINTAIN** silence
- **DO NOT** open door
- **PREPARE** to evade/defend

ADULTS

- **RECOVER** students from hall if possible
- **LOCK** room doors
- **ACCOUNT** for students & adults
- **TURN OFF** lights
- **MOVE** out of sight
- **MAINTAIN** silence
- **DO NOT** open door
- **PREPARE** to evade/defend



SHELTER IN PLACE

HAZARDOUS OUTDOOR ATMOSPHERE

STUDENTS

- **USE** appropriate strategy

HAZARD STRATEGY

Tornado.....Get to shelter
Hazard.....Seal the room
Earthquake...Drop, cover, hold
Tsunami.....Get to high ground

ADULTS

- **LEAD** safety strategy
- **ACCOUNT** for students & adults
- **NOTIFY** if missing, extra, or injured people



EVACUATE

FIRE / INTERNAL THREAT

STUDENTS

- **LEAVE** items behind if needed
- **BRING** phone if possible
- **FOLLOW** instructions

ADULTS

- **LEAD** students to location
- **ACCOUNT** for students & adults
- **NOTIFY** if missing, extra or injured people

KEY REMINDERS

- **NO PROPPED OPEN DOORS •**
- MAINTAIN ADULT VISIBILITY**
- **SEE or HEAR SOMETHING, SAY SOMETHING**

HearMeWA Tipline

CALL 888-537-1634

TEXT

HearMeWA to 738477



EMERGENCY CONTACTS

911

SUICIDE HOTLINE	988
COWLITZ CO. CRISIS LINE	360.425.6064
KELSO POLICE	360.423.1270
SHERIFF	360.577.3092
SEXUAL ASSAULT HOTLINE	1.800.656.4673
CHILD PROTECTIVE SERVICE	360.501.2600
DOMESTIC VIOLENCE	1.800.799.7233 or text START to 88788
POISON CONTROL	1.800.222.1222
DRUG/ALCOHOL HOTLINE	1.800.662.4357

911 INFORMATION

SCHOOL

ROOM #

ROOM
PHONE

IN AN EMERGENCY:

① CALL 911

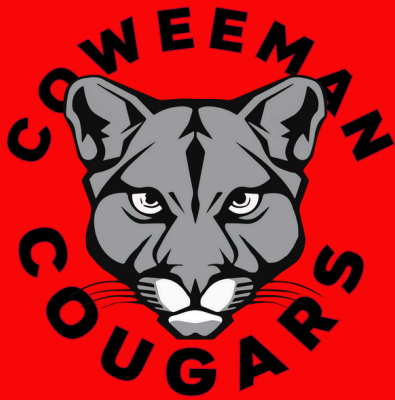
② CALL THE MAIN OFFICE @

All Kelso schools take the Harassment, Intimidation and Bullying (HIB) of students very seriously. According to the most recent Healthy Youth Survey, the majority of students in Kelso schools indicate that they feel safe at school. Any student, parent or other interested adult can report an incident of HIB using the Kelso Incident Report Form (which is available on the website and in the main office of all schools).

Harassment, Intimidation or Bullying (HIB) is an intentional electronic, written, verbal, or physical act that:

- Physically harms a student or damages the student's property.**
- Has the effect of substantially interfering with a student's education.**
- Is so severe, persistent, or pervasive that it creates an intimidating or threatening educational environment.**
- Has the effect of substantially disrupting the orderly operation of the school.**

If you have any questions about this policy please contact the principal of your child's school, or the Director of Student Services, Gunnar Guttormsen, at the Kelso School District office.



Kelso School District #458 complies with all federal rules and regulations and does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups listed in Title 36 of the United

States Code. The following employee(s) has been designated to handle questions and complaints of alleged discrimination: Holly Budge, Director of Human Resources, the school district's Title VII Officer and ADA Coordinator. People of disability may request reasonable accommodation in the hiring process by contacting, Holly Budge, Director of Human Resources, 601 Crawford Street, Kelso, WA 98626 or (360) 501-1924.

Inquiries regarding compliance procedures regarding students may be directed to Don Iverson, Director of Student Services, the school district's Title IX Coordinator or Heather Ogden, Director of Special Programs, the school district's Section 504 Coordinator, 601 Crawford Street, Kelso, WA 98626 (360) 501-1900.

KELSO SCHOOL DISTRICT IS A DRUG AND TOBACCO-FREE WORKPLACE