

## **The High School of St. Thomas More**

### **Dance Expectations**

Our goal is to insure a safe and healthy environment that honors the values & mission of The High School of St. Thomas More. These policies emerge from our shared mission in promoting Catholic values that recognize the dignity and self-worth of all people made in the image and likeness of God. **A student who is absent from school the day before a dance will need to have permission from the Administration to attend the dance.**

Dress for formal events should serve as a means to emphasize the beauty and dignity of the whole person as male and female “of a virtuous and Christ-centered person at all times, including dances and social activities.” Within this setting, dances are viewed as an opportunity for students to socialize in a supervised and safe environment. Student behavior and manner of dress should reflect this guiding principle.

### **Dance Behavior Expectations**

Students are expected to behave appropriately on and off the dance floor. Therefore, sexually explicit dancing is not allowed. These behaviors include expressing sexual innuendos, inappropriate touching and exposure, stimulating sexual activities, or participating in public displays of affection.

If a student behaves or dances inappropriately, he or she will be warned one time. Any further inappropriate actions will result in dismissal from the activity. We will notify parents before the student leaves the premises. These expectations are to help ensure and assist in living out the mission of forming our students in moral living to celebrate life in a way that promotes the dignity of the human person as male and female.

## A Guide for Gentlemen

Men should dress in a dignified manner.

Dress pants (no jeans, kilts or sweats) - may not be so tight as to show all contours of the body. Button down, collared shirt with tie or bow tie; formal jackets for prom; and belt and dress shoes (no sandals or crocs) - men's shirts must remain buttoned and dress pants or khakis worn.

### MEETS GUIDELINES



### DOES NOT MEET GUIDELINES



## A Guide to Men's Tops

Formal wear tops must be worn during the entire event and may not be unbuttoned below the collarbone. Ties or bowties are highly suggested.

### MEETS GUIDELINES



### DOES NOT MEET GUIDELINES



## A Guide to Formal Pants

Jeans, athletic pants, cargo pants, or shorts are not appropriate for formal events.

### MEETS GUIDELINES



### DOES NOT MEET GUIDELINES



## A Guide to Footwear

Appropriate footwear needs to be worn to the event. No sandals, crocs or shoes of that nature.

### MEETS GUIDELINES



### DOES NOT MEET GUIDELINES



## A Guide to Accessories

Non-formal headwear is not allowed. Males may not wear cosmetics or have painted nails for the event.

### MEETS GUIDELINES



### DOES NOT MEET GUIDELINES



## A Guide for Ladies

Dress/outfit should reflect the *unfading beauty of a gentle and quiet spirit* and be appropriate for the High School of St. Thomas More environment. Dress, skirt, blouse/top or pants outfits should be formal in nature.

It is important to understand, with respect to different body types, that this guideline will visually appear different on different individuals.

### MEETS GUIDELINES



### DOES NOT MEET GUIDELINES





## A Guide to Necklines and Busts

Dresses or tops may be strapless or spaghetti straps, but not low cut so as to expose any possible bust. Dresses should not have cut out areas on the sides or front, but small cutouts are permissible on the back, as long as the area exposed remains 2 inches above the waistline and does not spread to the sides.

### MEETS GUIDELINES



### DOES NOT MEET GUIDELINES





## A Guide to Length

Skirts, dresses, and the slit of a skirt or dress may be no shorter than 5 inches above the knee in front and back.

### MEETS GUIDELINES



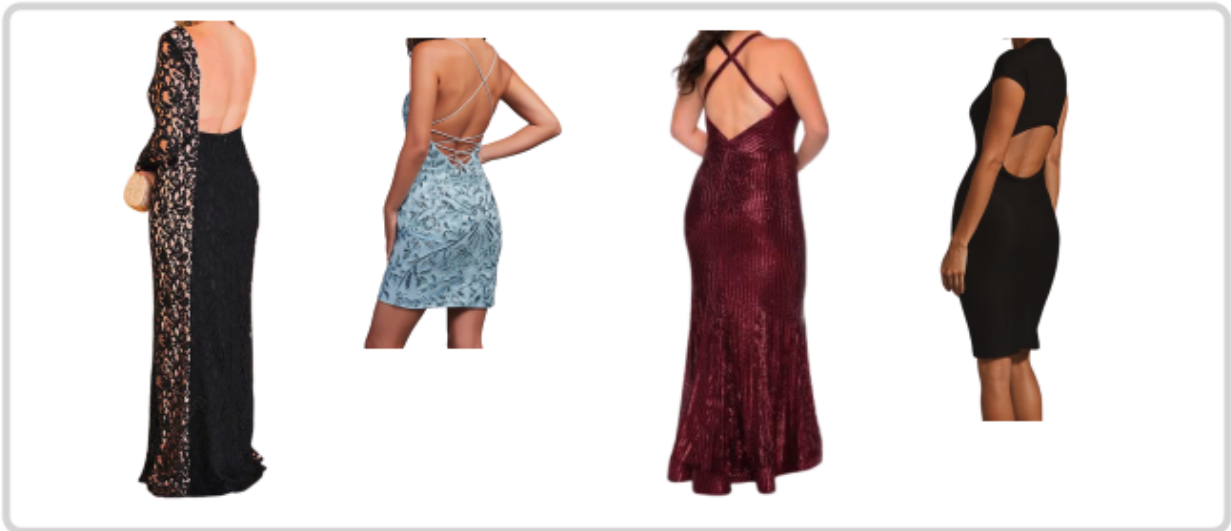
### DOES NOT MEET GUIDELINES



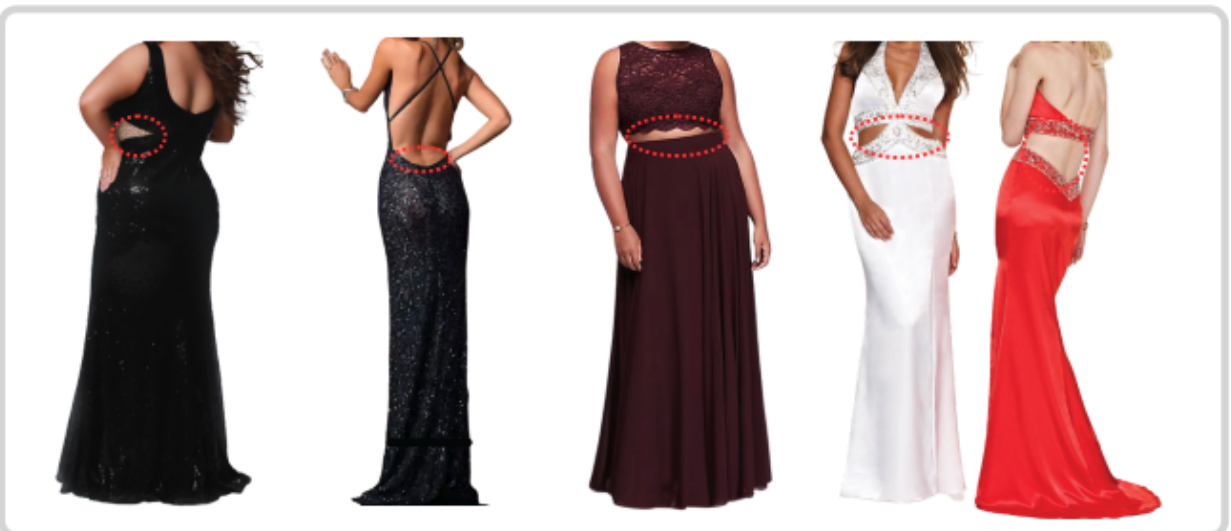
## A Guide to Backs, Sides, and Midriffs

The back of the dress must be above the navel line, as it is extended to the back. Visible skin on sides, from the armpit to the hip, and stomach should be covered when viewed from the front, with your arms at your sides.

### MEETS GUIDELINES



### DOES NOT MEET GUIDELINES



## A Guide to Sheer Materials

Areas with sheer material follow the same guidelines as if the skin was bare in those areas. Please note the solid parts of the outfit must be in alignment with the dress code guidelines.

### MEETS GUIDELINES



### DOES NOT MEET GUIDELINES

