

HERKIMER BOCES SCHOOL LUNCH MENU NOVEMBER 2023

Menu is subject to change.

Milk is served with every meal.

All milk is 1% or fat free.

Fruit is served with all meals.

Vegetables are served with all lunches.

All breads, pasta and rolls are whole grain or wheat.

We serve brown rice.

Condiment Allergens:

Mayo (SE)
Soy Sauce (S)
Peanut Butter (SP)
Butter Spread (S)
Sweet & Sour (S)
Cream Cheese (M)
Ranch Dressing (SEM)
Blue Cheese Dressing (SM)
Caesar Dressing (SM)
Italian Dressing (S)

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	01	02	03
		BBQ Rib Patty(S) On a Bun(W) Baked Beans Fruit Milk	Hot Dog On a Bun(W) Carrots Fruit Milk	Cheese Pizza(WM) Garden Salad Fruit Milk
06	07	08	09	10
Chicken Patty(W) On a Bun(W) Green Beans Fruit Milk	Taco Nachos(MS) Fiesta Rice w/Beans Fruit Milk	Cheeseburger(WM) Or Burger on a bun(W) French Fries Fruit Milk	Pepperoni or Cheese Pizza(WM) Carrot Sticks Fruit Milk	NO SCHOOL  VETERAN'S DAY
13	14	15	16	17
Chicken Nuggets(W) Dinner Roll(W) Corn Fruit Milk	Meatball Sub(WS) Carrots Fruit Milk	Grilled Cheese(WM) Tomato Soup(W) Green Beans Fruit Milk	Chicken Stir Fry(FWS) Veggie Rice Broccoli Fruit Milk	Buffalo chicken Pizza Or Garlic Pizza(SEMW) Carrot Sticks Fruit Milk
20	21	22	23	24
Turkey and Gravy(WS) Stuffing(W) Dinner Roll(W) Corn Apple Crisp(W) Milk	Cheese Pizza(WM) Carrots Fruit Milk	THANKSGIVING RECESS NO SCHOOL		THANKSGIVING RECESS NO SCHOOL
27	28	29	30	01
BBQ Rib Patty(S) On a Bun(W) Mixed Veggies Fruit Milk	Taco Nachos(MS) Fiesta Rice w/Beans Fruit Milk	Chicken Alfredo Bake(WMES) Broccoli Fruit Milk	Hambutger Gravy(WSM) Mashed Potatoes Green Beans Fruit Milk	
04	05	Allergy Warning Label Guide If labeled, food item may contain known allergens <div> M - Milk E - Eggs F - Fish N - Tree Nuts P - Peanuts W - Wheat S - Soybean </div>		