

HERKIMER BOCES SCHOOL LUNCH MENU OCTOBER 2023

Menu is subject to change.

Milk is served with every meal.

All milk is 1% or fat free.

Fruit is served with all meals.


Vegetables are served with all lunches.

All breads, pasta and rolls are whole grain or wheat.

We serve brown rice.

Condiment Allergens:

Mayo (SE)
Soy Sauce (S)
Peanut Butter (SP)
Butter Spread (S)
Sweet & Sour (S)
Cream Cheese (M)
Ranch Dressing (SEM)
Blue Cheese Dressing (SM)
Caesar Dressing (SM)
Italian Dressing (S)

Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	29
				
02	03	04	05	06
Chicken Nuggets(W) Dinner Roll(W) Corn Fruit Milk	BBQ Pulled Pork On a bun(W) Baked Beans Fruit Milk	Baked Rigatoni With Meatballs(WSM) Green Beans Fruit Milk	Hamburger Gravy(WSM) Mashed Potatoes Dinner Roll(W) Carrots Fruit Milk	Buffalo Chicken Pizza OR Garlic pizza(SEMW) Carrot Sticks Fruit Milk
09	10	11	12	13
NO SCHOOL COLUMBUS DAY	BBQ Rib Patty(S) On a bun(W) Corn Fruit Milk	Chicken Stir Fry(FWS) Veggie Rice Dinner Roll(W) Fruit Milk	Cheeseburger(M) On a bun(W) Green Beans Fruit Milk	Cheese Pizza(WM) Garden Salad Fruit Milk
16	17	18	19	20
Sloppy Joe On Bun(W) Coleslaw Fruit Milk	Chicken Alfredo Bake(WMES) Dinner Roll(W) Broccoli Fruit Milk	Chicken Patty(W) On a bun(W) Corn Fruit Milk	Hot Dog On a bun(W) Baked Beans Fruit Milk	Pepperoni Pizza(WM) Carrot Sticks Fruit Milk
23	24	25	26	27
Meatball Sub(WS) French Fries(S) Fruit Milk	Taco Nachos(MS) Fiesta Rice Fruit Milk	HALF DAY (no lunch) GO HOME EARLY DRILL	Chicken Fried Rice(SFW) Veggie egg roll(WE) Fruit Milk	Chicken Bacon Ranch OR Garlic Pizza(SEMW) Garden Salad Fruit Milk
30	31	Allergy Warning Label Guide If labeled, food item may contain known allergens		
Chicken Nuggets(W) Dinner Roll(W) Green Beans Fruit Milk	Taco Pasta Bake(MSWE) Dinner Roll(W) Carrots Fruit Milk	M - Milk E - Eggs F - Fish N - Tree Nuts P - Peanuts W - Wheat S - Soybean		