

JANUARY
2024

BUENA VISTA MIDDLE SCHOOL

BUENA VISTA DEMONS

Greetings and Salutations Middle School Families,

Happy New Year! Welcome back students! I hope everyone had a great winter break and had time to rest and recharge as we prepare to take on the challenges ahead. The 3rd quarter traditionally is the toughest for students, but where there is a will, there's a way! We have some fun things planned for the second half of the school year to help motivate students along the way. First, we have our annual RISE Winter Olympic Games on January 17th during advisory. As always, this event will include some fun (and funny) competitions for class bragging rights. Things can get loud and frenzied, but it's a good way for students to blow off some steam and have some fun!

Next, our 2nd quarter honor roll students will be invited to attend a field trip to Leadville to go sledding at Dutch Henri Sledding Hill tentatively scheduled for February 7th. Leadville needs some snow (as does the rest of the state) before we can confirm the date. We will keep you posted. Check out the honor roll list on page 3 of this newsletter. Congrats on powering through the second quarter! Parents, look for permission slips to come home soon.

Then, we have the world-famous BVMS Ice Fishing Festival at Clear Creek Reservoir on Saturday, February 24th. This is the 11th Anniversary of the event and we are going to keep a new tradition that we started last year...a chili cook off competition! Parents are encouraged to enter the contest by bringing their chili to the ice that day. The chili will be judged by the kids and the adults, with prizes being awarded to the top three vote-getters. Students will need to register for the competition. There are forms available at the front office. We hope you can make it!

Last, but not least, I wanted to mention that the 3rd quarter honor roll trip to the Sand Dunes in May is one of the students' favorite trips of the year. We really want to take every BVMS student on that trip! So, kids, work hard, get those assignments in, ask for help when you need it, and make the honor roll this quarter so you can be invited! Commit yourselves to success by putting in the extra effort! Have a great start to 2024 everyone...work hard, play hard, and RISE to reach your peak of success!

John Emilsson, Principal BVMS



CALENDAR OF EVENTS*

DATE	EVENT
January 3	Students return from winter break
January 15	Morning Assembly Schedule in celebration of Martin Luther King Jr Day
January 11	Basketball Pizza Party after school (details to come on announcements!)
January 17	RISE Olympics during advisory
January 24	Parent Leadership Team Meeting with Principal Emilsson—8am @ BVMS TRI-M Day Field Trip—optional for 8th grade music students (see Ms. Bott for details)
January 26	Professional Learning Day—no students at school
February 3	Card Club Field Trip, Colorado Springs
February 5	Wrestling Practice Starts this week
February 7	Q2 Honor Roll Field Trip—Dutch Henri Hill, Leadville
February 8-9	All State MS Choir in Denver
February 16	Professional Learning Day—No School
February 19	President's Day Holiday
February 24	11th Annual BVMS Ice Fishing Tournament—Clear Creek Reservoir
*Detailed sports calendar is available online: www.tripeaksleague.org	



A huge thank you from all the staff to Amber Gaston for treating us to Brown Dog on the last day before the winter break. The little extra "boost" was so appreciated!

Congratulations, 2nd Quarter Honor Roll!

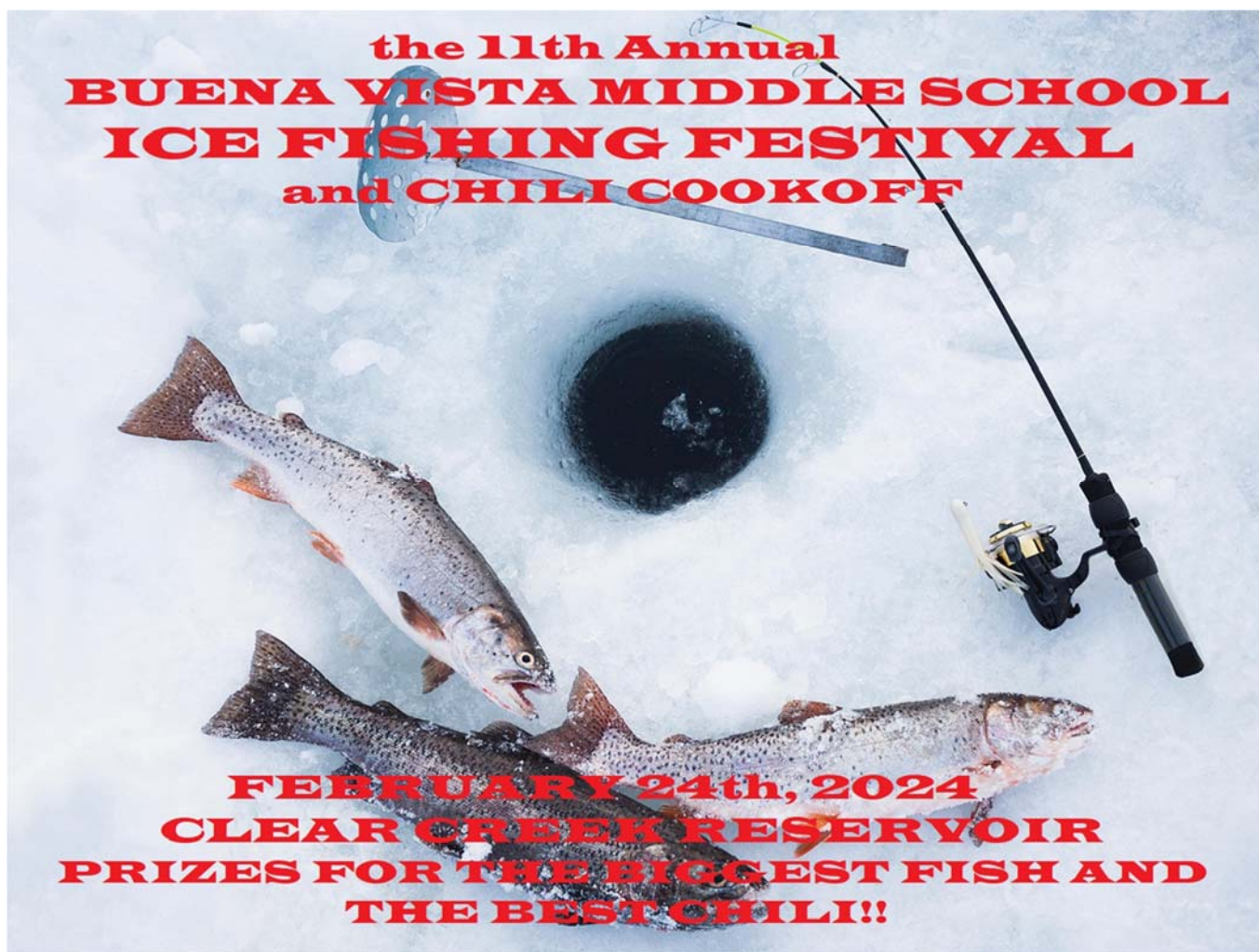
Hey kids, get ready to go *sledding!*

As long as the weather holds out and there is enough snow, that is...

Permission slips will be going out soon for the 2nd Quarter Honor Roll rewards field trip to Dutch Henri Hill in Leadville on February 7th for all students earning a GPA or work habits average of 3.5 or higher. Nice work last quarter! We'd love to see more students join us on the Q3 trip to the Great Sand Dunes in May!



* Nolan Alsip * Dominic Apodaca * Jaxon Argys * Jesse Arnold * Maddyn Barnaby * Evi Bell * Clarence Bellingar * Wyatt Bentley * Kinley Burandt * Aspen Calvert * Saran Calvert * Samuel Cartwright * Aubriana Cavazos * Ernesto Luis Chavez * Morgan Cordova * Adriel Cortese * Reese Crites * Nathaniel Dailey * Liberty Dietrich * Sophie Djenge * Fitz Dotson * Lavery Drake * Riley Duncan * Rubee Eggleston * Brooks Emilsson * Mason Emilsson * Jake Fahrney * Kinsey Flavin * Reagan Flavin * Darren Flores * Emerson Fritsch * Paul Gallardo * Dominic Goodwin * Chase Gorman * Carver Guillaume * Hayden Guntow * Emmett Hachmann * Hailey Hampa * Sage Hansen * Ashley Hart * Scarlett Hjelmstad * Landry Hutchins * Elena Jacquat * Isabella Jatzke-Johnson * Campbell Jayne * Maggie Krayna * Rowan Krayna * Lyric LaBounta * Clayton LaGree * Liam Lawler * Madilyn Lazaruis * Zachary Leon * Lucas Lin * Ashlynn Lingle * Miles McCool * Grace McCray * Thomas McGrath * Emma McWhirter * Addilyn Miller * Ryder Moore * Scarlet Moore-Mello * Arianna Morales * Jace Morgan * Greta Mueller * Taya Mullenax * Ella Nelsen * Braden Nold * Courtnee Palmer * Reyna Phelps * Ryder Pierce * Emerson Pikul * Alexe Propernick * Josie Puckett * Anderson Quilico * MaeBelle Quilico * Kaia Rasmussen * Olivia Rasmussen * Macy Reavis * Cambree Rinebarger * Joshua Rinebarger * Elizabeth Rodriguez * Kylar Saar * Mai Ly Sanderson * Xavier Sauter-Tarvin * Kymbreya Schulze * Carly Shepherd * Adam Snively * Talon Steed * Kaene Stokes * Henry Stromer * Hoyt Sturm * Trace Tweddell * Ermuun Uranzorig * Jovana Vidakovich * Fiona Walsh * Blake Williams * Jasper Williams * Taos Williams * Levi Windle * Grady Wingfield * Johanna Wright * Kathryn Yeager * Daniel Young * Mason Young *



11th ANNUAL BVMS ICE FISHING FESTIVAL + CHILI COOKOFF!

Saturday, February 24 ☆ 9am—1pm ☆ Clear Creek Reservoir

BVMS students are invited to participate in the 11th Annual Ice Fishing Festival! This year, we have added a chili cookoff contest for the parents/guardians.

There are several great prizes for both fishes and chili! Bundle up and join us on the ice at beautiful Clear Creek Reservoir!

Get details and the registration form by the middle school front office.

DECEMBER PHOTOS

7TH GRADE LANGUAGE ARTS—THE TOTEM POLES!

The annual 7th grade totem poles are a well-known BVMS tradition! The students seem to really get into this one, and the results are amazing! If you missed viewing the totem poles during the Celebration of Learning, here are some highlights!

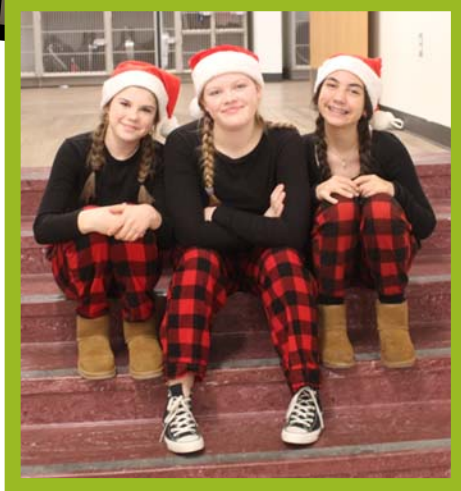




DECEMBER PHOTOS

HOLIDAY SPIRIT WEEK—DECEMBER 2023

We saw a ton of holiday spirit right before winter break!



DECEMBER PHOTOS

AROUND THE CLASSROOMS





▲ Student Council checking out recess equipment purchased through the Parent Leadership Team (PLT), and the new equipment cart purchased from the fall fundraiser money. We thank everyone who helped and contributed!

It's been great giving kids more options to get active and play during lunch recess. And the checkout process helps ensure that all the borrowed equipment gets returned each day.

If you are interested in helping the PLT plan and raise funds to enhance the middle school experience, please join the meeting on January 24th or email elizabethcleon@hotmail.com.



**BUENA VISTA MIDDLE
SCHOOL**

**P0 Box 2027
Buena Vista, CO 81211**

**Phone: 719.395.7060
Email: bvms@bvconnect.org**

Web:
www.bvschools.org/page/buena-vista-middle-school

WEEK 05

BECOME PERFECT FOR FAMILY



BECOME PERFECT: FOR FAMILY

When it comes to developing character, failures and consequences come with the territory. We will not be next to our children every step of their journey through life to save and comfort them, nor should we be. The best thing we can do as parents is to equip them to have the intelligence, grace, and grit to tackle life's challenges. Let's not focus on the failures, but on how to use those failures to further prepare our children for the future.

Every action results in a consequence, good or bad. Consequences build life's guardrails. No one gets mad about highways having guardrails because we all understand they exist for our safety and guidance. Similarly, consequences help build metaphorical guardrails for our safety and guidance.

When our children respect our rules, they might be given more privileges and responsibilities. When our children break the rules, they might have certain privileges limited or suspended. That's the way the world works; those types of consequences will better prepare them for life. That's why correcting our kids is loving our kids.

A tough lesson for teenagers is that their actions have consequences. "But why!?" tends to be common language in a house of high school students. It's up to us to explain our logic and reasoning to cement those concepts while they're still at home.

There is value in consequences if we have the "becoming perfect" mindset because viewing our child in this light allows every failure to be a learning experience. No one will ever "be perfect," including our children, and that's a good thing because being perfect means never growing, changing, or striving for greater things.

When our children disobey us, or fail a test, or get in a fight, there is potential for a valuable lesson. We just have to maintain the "becoming perfect" mindset to see the opportunity.

/// BEST 5 ///

THE BEST FIVE MINUTES OF THE WEEK

Share stories of times when you extracted value from a consequence in your childhood and in your adult life.

Share consequences you've experienced that didn't feel good, but ended up being for your good. How would life be different if you had not experienced that?

Why do people feel the need to "be perfect"? How does focusing on "becoming perfect" instead offer an actually achievable goal?

Consequences are easier to swallow (and learn from) if they are understood. Discuss the consequences for breaking house rules and explain the future value behind the consequences.

Why is failure a requirement for success? What failures in your life have led you to success and how?


Ask your student about this week's character development

TWO WORDS:

"Become Perfect"

January 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3 CHICKEN POT PIE WG COOKIE SALAD BAR ASST. FRUIT	4 SOFT PRETZEL W/QUESO SALAD BAR ASST. FRUIT	5 PASTA W/MEATSAUCE SALAD BAR ASST. FRUIT	6
7	8 PIZZA OR CALZONE SALAD BAR ASST. FRUIT	9 CHICKEN TENDERS MASHED POTATOES GRAVY, ROLL SALAD BAR ASST. FRUIT	10 BURRITO BOWL, FIRE ROASTED CORN, BEAN, RICE SALAD BAR ASST. FRUIT	11 MANDARIN ORANGE CHICKEN, FRIED RICE POTSTICKERS SALAD BAR ASST. FRUIT	12 TOASTED CHEESE SANDWICH TOMATO SOUP SALAD BAR ASST. FRUIT	13
14	15 MOZZARELLA BREAD STICKS, PASTA W/MARINARA SAUCE SALAD BAR ASST. FRUIT	16 HAMBURGER OR CHICKEN SANDWICH CHIPS SALAD BAR ASST. FRUIT	17 CHILI DOG ONION RINGS SALAD BAR ASST. FRUIT	18 CHICKEN NOODLE SOUP W/ MASHED POTATOES. ROLL SALAD BAR ASST. FRUIT	19 HOT WINGS STEAK FRIES SALAD BAR ASST. FRUIT	20
21	22 PIZZA SALAD BAR ASST. FRUIT	23 SOFT TACO'S RICE/ SOUTHWEST PINTO BEANS SALAD BAR ASST. FRUIT	24 BAKED CHICKEN MASHED POTATOES & GRAVY/BISCUIT SALAD BAR ASST. FRUIT	25 BBQ PULLED PORK SANDWICH BAKED BEANS, CHIPS SALAD BAR ASST. FRUIT		27
28	29 PIZZA SALAD BAR ASST. FRUIT	30 SLOPPY JOE SANDWICH STEAK FRIES SALAD BAR ASST. FRUIT	31 PORK CARNITAS RICE/REFRIED BEANS SALAD BAR ASST. FRUIT	1	2	3
4	5	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER SKIM WHITE, 1% WHITE MILK OR 1% CHOCOLATE IS OFFERED WITH EVERY MEAL				