



**Hopewell Valley Regional  
School District  
Nursing Services Plan  
2023-2024**

# Hopewell Valley Regional School District

## Nursing Services Plan

### 2023-2024

(NJAC 6A:16-2.1 through 2.5)

**District Name:** Hopewell Valley Regional School District

**School Year:** 2023-2024

**Board of Education Approval Date:** November 13, 2023

**District Contact Person:** Paulette DiNardo

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#### **I. Description of Basic Nursing Services Provided to All Students: (N.J.A.C. 6A 16-2.1 (b) 2 (i))**

**Basic services:** NJAC and NJSA, federal law and N.J. Sanitation Code. Under the direction of the School Physician, the following services are provided to students:

<b>A. Health Records (N.J.A.C. 8:57-4.1 through 4.20)</b>	
<b>1. Maintain and review student health documents</b>	(N.J.A.C. 6A:16-2.2 (g))
a) State of New Jersey Health History and Appraisal record i.e., A-45 cards	
b) Immunization record	(N.J.A.C.:16-2.2 (a))
c) Medical history	
d) Conduct and record health screenings (i.e., height, weight, hearing, vision, scoliosis and blood pressure as per current NJ statues)	(N.J.A.C. 6A:16-2.2 (k))
e) Physical examinations for:	
(1) Athletic Pre-Participation Physical Examination Form Part A & B as part of student's health record	(NJAC 6A:16-2.2 (f) 6) and (N.J.A.C. 6A:16-2.2 (h) 1)
(2) New or transfer student	(N.J.A.C. 6A:16-2.2 (h) 2)
(3) Working Papers health exam	(N.J.A.C. 6A:16-2.2 (h) 3)
(4) Comprehensive child study team evaluation	(N.J.A.C. 6A:16-2.2 (h) 4)
(5) Evaluation of student suspected of being under the influence of alcohol or a controlled dangerous substance	(N.J.A.C. 6A:16-2.2 (h) 5)
f) Transference and request of health records i.e. A-45 and current physical exam	(N.J.A.C. 6A:16-2.4 (d))

g) Adherence to Family Education Rights and Privacy Act	(FERPA- 20 U.S.C.§1232g, 34 CFR Part 99, N.J.A.C. 6A:16-2.2 (h) 5 and N.J.A.C. 6A:32-7)
2. Determine student status for admission or retention with unacceptable evidence of immunizations	
3. Conduct tuberculosis testing as directed by the NJ DHSS	(N.J.S.A. 18A:40-16 & N.J.A.C. 6A:16-2.2 (a))
<b>B. Medications, health care treatments, procedures and care:</b>	(N.J.A.C. 6A:16-2.1 (a) 2)
1. Administer authorized medications, health care treatments and care	(N.J.A.C. 6A:16-2.1 (a) 2 )
2. Approval of self administered medications	(N.J.A.C. 18A:40-12.3 & 12.4 & N.J.A.C. 6A:16-2.1 (a) 2v)
3. Designate and train annually epinephrine auto injector delegates and glucagon delegates	(N.J.S.A. 18A:40-12.5 & 12.6)
<b>C. Review and create IHP/IEHP for Do Not Resuscitate (DNR) orders</b>	(N.J.A.C. 6A:16-2.1 (a) 3)
<b>D. Provide Health Care</b>	(N.J.A.C. 6A:16-2.1 (a) 4)
1. Provide nursing health care and execute medical regimens to students as per: NJ Nurse Practice Act, District Collaborative Standing Orders, IHP, IEHP, and Medical Home Practitioner's orders.	(N.J.A.C. 6A:16-2.1 (a) 4 (ii)), N.J.A.C. 6A:16-1.4 (a) and N.J.S.A. 45:11-23.- New Jersey Board of Nursing Statutes
2. Isolate, exclude and re-admit any student or employee with a communicable disease	(N.J.A.C. 6A:16-1.4 (a))
3. Report "Reportable Communicable Disease" to County health officer	(N.J.A.C. 8:57-1 & N.J.A.C. 6A:16-2.2 (d))
4. Arrange for transportation and supervision of students in need of emergency health care	(N.J.A.C. 6A:16-2.1 (a) 4 (iii))
5. Notify parents of need for emergency care	(N.J.A.C. 6A:16-2.1 (a) 4 (iv))
6. Administer emergency medications i.e., anaphylaxis (epinephrine), hypoglycemia (glucagon), or asthma medications etc.	(N.J.A.C. 6A:16-2.1 (a) 4 (v))
7. Write and update annually student individualized health care plans (IHP's) and individualized emergency health care plan (IEHP's) for student's medical needs and instruction of staff.	(N.J.A.C. 6A:16-2.3 (b) 5 (xiii))
8. Establish, annually review and implement Standards of Care/Collaborative Standing Orders with the School physician for deliverance of daily and emergency health care	(N.J.A.C. 6A:16-2.3 (b)xi)
<b>E. Administer asthma related care</b>	(N.J.A.C. 6A:16-2.1 (a) 5)
1. Obtain training for administration of medication via nebulizer	(N.J.S.A.18A:40-12.8 (a) & (N.J.A.C. 6A:16-2.1(a) 5(i))
2. Maintain one nebulizer per school	(N.J.A.C. 6A:16-2.1 (a) 5)
3. Require Students to have a current "Asthma Action Plan	(N.J.A.C. 6A:16-2.1 (a) 5 (iii))
<b>F. Health history and examinations</b>	(N.J.S.A. 18A:40-4, NJSA 18A:35-4.8, N.J.A.C. 6A:16-2.2 and N.J.A.C. 6A:16-2.1 (a) 6)
1. Provide health examination for student's without medical homes	(N.J.A.C. 6A:16-2.2 (f) 6)

2. Maintain Athletic Pre-Participation Physical Examination Form Part A & B as part of student's health record	(N.J.A.C.6A:16-2.2 (f) 6)
G. Establish and maintain procedures for universal precautions	(N.J.A.C.6A:16-2.1 (a) 7)
H. Provide nursing services to nonpublic school located in district	(N.J.A.C. 6A:16-2.1 (a) 8)
I. Instruct students/teachers/staff:	(N.J.A.C. 6A:9-13.3, N.J.S.A. 18A:40-3; and N.J.A.C. 6A:16-2.3 (b)5 (xv))
1. communicable diseases, blood borne pathogens	
2. Asthma management	
3. Anaphylaxis	
4. classroom health curriculum (not CSN with a "Non-Instructional" certificate)	
5. Diabetes and Glucagon Management	
6. Head Injury Management	
7. Other Health Concerns	
J. Provide information for:	
1. NJ Family Care program	(N.J.A.C. 6A:16-2.2 (i))
2. Pregnancy Assistance	
K. Implementation of the Nurse Practice Act i.e., appropriate delegation	
L. Certified School Nurse Functions as Certified School Nurse (CSN) and Registered Nurse	N.J.S.A. 45:11-23.- New Jersey Board of Nursing Statutes
1. Nursing Diagnosis /Case-finding of actual or potential physical health problems	
2. Provision of nursing care for actual or potential emotional health problems	
3. Health teaching in health office	
4. Health teaching in classroom	
5. Health counseling	

## II. Summary of Nursing Services Required to Address Specific Health Care Needs of Individual Students (N.J.A.C. 6A:16-2.1 (b)2 (ii))

Indicate number of students ages 3-21 for which you are providing services. From the list below add or delete nursing services that are provided or not provided by your schools within district, respectively.

Services Required to Address Specific Health Care Needs of Individual Students with acute care needs, chronic illness, special health needs, procedures and administration of medications, procedures or treatments.	Toll Gate Elementary	Stony Brook Elementary	Bear Tavern Elementary	Hopewell Elementary	Timberlane Middle School	Central High School
Nursing Process followed for illness/injury (assess, plan, implement, evaluate)	6195	5,479	6,370	8,200	1,200	15,476
Health Screenings Ht., Wt., & BP yearly	309	400	453	363	750	1,103
Visual Acuity screening	309	270	315	363	500	665
Auditory screening	230	280	313	225	200	273
Scoliosis screening biennially age 10-18	46	60	70	68	100	273
Diabetic Glucose testing, insulin pump management	0	1	3	0	1	96
Mantoux/PPD testing	12	1	0	3	0	0
59Medication Administration - daily	4	5	1	4	5	5
Medication Administration - PRN	55	37	50	39	220	1,914
Nebulizer/inhalers/peak flow measurements	83	3	20	20	1	82
Medically Ordered Procedures (tube feedings, catheterizations, tracheotomy care, etc.)	0	0	0	0	0	0
Ventilator Care	0	0	0	0	0	0
Referral for Height and/or Weight evaluations	0	0	0	0	0	0
Referral for Blood Pressure evaluations	0	0	0	0	0	0
Referral for Vision evaluations	12	16	7	34	30	6
Referral for Hearing evaluations	2	8	2	3	0	0
Referral for Scoliosis	2	1	2	3	10	0
Referral for Alcohol and Drug use/abuse testing	0	0	0	0	0	12
Referral for Pregnancy	0	0	0	0	0	0

Health teaching in classroom	2	0	2	4	0	450
Athletic Pre-Participation Packet Review	0	0	0	0	825	830
Diagnosed Concussion Management	2	1	1	5	17	138
<b>Other (List)</b>						
Attendance	182	182	182	182	182	182
TB Records Management	12	0	0	8	14	6
Hearing Aid Visits	0	0	0	0	0	5
Head Lice Checks	18	28	20	10	3	12
Head Lice Referrals	2	5	2	1	0	2
Student on Ketogenic Diet	0	0	0	0	0	0
Student Record Review	127	102	370	95	287	1,111
Staff Conferences/Consultations	283	100	220	440	650	594
Parent Conferences	606	1,613	510	800	1,500	2,161



**IV. Detailed Nursing Assignments Sufficient to Provide Health Services**  
**(N.J.A.C. 6A 16-2.1 (b) 2 (iv), N.J.A.C. 6A:16-2.1 (b) 3, N.J.A.C. 6A:16-2.3)**

Schools →		Toll Gate	Stony Brook	Bear Tavern	Hopewell	Timberlane Middle School	Central High School
<b>Grade levels</b>		K-5	K-5	PK-5	PK-5	6-8	9-12
<b>Enrollment number as of July 1<sup>st</sup> or Oct. 1<sup>st</sup>.</b>		309	400	453	363	775	1,103
<b>Acuity levels</b>							
<b>Nursing dependent</b>		0	2	0	0	2	0
<b>Medically fragile</b>		4	5	3	23	10	8
<b>Medically complex</b>		22	19	22	24	85	106
<b>Health concerns</b>		30	72	14	82	200	145
<b>Number of students receiving:</b>							
<b>Special Services/ IEP's</b>		76	75	108	199	174	197
<b>504's</b>		17	7	8	25	68	130
<b>I&amp;RS</b>		26	12	25	35	10	14
<b>IHP's</b>		30	23	37	18	100	14
<b>IEHP's</b>		26	23	37	3	38	14
<b>Nursing Assignments- number of:</b>							
<b>NJAC 6A:9-13.3</b>	<b>Certified School Nurse- CSN</b>	1	1	1	1	1	1
	<b>Registered Nurse- not CSN</b>	0	0	0	0	0	1
<b>NJAC 6A:16-2.1</b>	<b>School Sponsored Activities Requiring Nursing Services</b>	11	0	25	14	5	13
<b>NJAC 6A:9-13.3 (b)</b>	<b>CPR/AED Certified</b>	5	1	1	6	12	2
<b>NJAC</b>	<b>Asthma Nebulizer trained</b>	1	1	1	1	1	2
<b>Unlicensed Assistive Personnel Assignments</b>		0	0	0	0	0	0
<b>Clerical Assistants</b>		0	0	0	0	0	0

### **III. Emergency Management (N.J.A.C. 6A 16-2.1 (b) 2 (iii))**

**(Emergency management is a description of how nursing services will be provided in all emergency situations for the entire school district or charter school. Add or delete the following services provided or not provide by your school district or charter school, respectively)**

#### **A. Acute Care Management Plan:**

1. Creation and maintenance of an Emergency Management Kit (“Go-box”, crash cart, etc.) for utilization in Crisis, Emergency Evacuations, or Shelter-In-Place and Shelter-Out-Place situations
2. Cardiac or Respiratory Distress Action Plan
  - a) AED’s (Automatic External Defibrillators) deployment and delegates trained
  - b) CPR trained school nurse (NJAC 6A:13.3)
  - c) Asthma Nebulizer trained nurses
  - d) Universal Precautions trained staff
  - e) CPR trained coaches/athletic trainers/teachers/staff
3. Concussion Management Plan

#### **B. IEHP’s/Chronic Care Management Plans:**

1. Epinephrine Auto-Injector/ Anaphylaxis Action Plan
2. Asthma Action Plan
3. Diabetic Action Plan

#### **C. District Crisis Management Plan:**

1. Triage Action Plans in District Crisis Management Plan
2. Lock-Down Health Care Action Plan
3. Shelter-In-Place Health Care Action Plan
4. Shelter-Out-Place Health Care Action Plan

#### **D. Community Rescue Squad and Emergency Paramedic Services**

1. Emergency Response Services will be provided to each school in the district as per security plan, policies, and procedures in place.



## **V. Nursing Services and Additional Medical Services provided to Non-Public Schools**

**(Add or delete the following services provided or not provide by your school district or charter school, respectively)**

**Non-public nursing services are provided by Educational Services Commission of New Jersey to the following schools which are located in the District's boundaries:**

<b>Cambridge School</b>	<b>116 Students</b>
<b>Painted Oak Nature School</b>	<b>140 Students</b>
<b>Pennington School, The</b>	<b>532 Students</b>
<b>Laurel School of Princeton</b>	<b>22 Students</b>

## **VI. Additional District Nursing Services Information:**

**(Add any additional data that your school district or charter school requires be disclosed in this Nursing Services Plan)**

**None at this time.**

Annual Nursing Services Plan prepared in consultation with the school physician and certified school nurse.

**Nursing Services Plan Review by:**

**Name:** Alicia Smith

**Signature:** 

**Title:** Certified School Nurse

**Date:** 11/7/23

**Name:** Paulette DiNardo

**Signature:** 

**Title:** Director Pupil Services

**Date:** 11/8/23

**Name:** Peter Wenger, MD

**Signature:** 

**Title:** School Physician

**Date:** 11/3/2023

**Name:** Rosetta Treece, Ed.D.

**Signature:** 

**Title:** Superintendent

**Date:** 11/3/2023

**Name:** Anita Williams Galiano

**Signature:** 

**Title:** Board President

**Date:** 11/13/2023