

**Saginaw Chippewa Academy
Mt. Pleasant, MI
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Saginaw Chippewa Academy

Month and year of current assessment: June 2023

Date of last Local Wellness Policy revision: June 2022

Website address for the wellness policy and/or information on how the public can access a copy:
[Documents | Saginaw Chippewa Academy \(sagchipschool.net\)](#)

Section 2: Wellness Committee Information

How often does your school wellness committee meet? 2 x year

School Wellness Leader:

Name	Job Title	Email Address
Craig Carmoney	Tribal School Principal	Ccarmoney@sagchip.org

School Wellness Committee Members:

Name	Job Title	Email Address
Christina Sharp	SCIT Education Director	csharp@sahcip.org
Corey Jones	PE/Health Teacher	cjones@sagchip.org
Bridget Fairchild	Cook	bfairchild@sagchip.org
Kelly Woodworth	Elementary School Counselor	kwoodworth@sagchip.org
Cecilia Stevens	Anishinaabe Culture & Language Teacher	cstevens@sagchip.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☐ Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

The Saginaw Chippewa Academy used the Michigan State Board of Education Model Local School Wellness Policy as a template. The Saginaw Chippewa Academy inserted the goals and standards specific to our school community.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Saginaw Chippewa Academy (SCA)

Date: June 21, 2023

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	<ul style="list-style-type: none"> Verbal check-ins with staff to ensure compliance. Teacher survey at end of school year. 	Principal	Teachers, staff, students	Yes
Teach food sovereignty to all students by engaging students in planting, harvesting, preparing, serving, and tasting foods grown in the natural setting every other month.	a. Provide teachers with a list of food sovereignty ideas. b. Provide time during PD to discuss ideas. c. Follow-up mid-year to discuss challenges and determine additional resources needed.	At the beginning of the school year.	<ul style="list-style-type: none"> Verbal check-in with staff to ensure compliance. Teacher survey at the end of the year 	Principal	Teachers, staff, students	No. Only 17% of classrooms learned food sovereignty on a monthly basis; while 83% of classrooms learned food sovereignty 1-2 this school year.
Nutrition education will be made available to parents/guardians and the community every month.	a. Provide teachers with a list of options to meet goal. b. Provide list of ideas to include in the options they select.	At the beginning of the school year.	<ul style="list-style-type: none"> Verbal check-in with staff to ensure compliance. Teacher survey at the end of the school year. 	Food Service Director	Teachers, staff, students, community	No. Only 33% of classrooms made nutrition education available while 17% of classrooms provide nutrition education every other month, 17% of classrooms provide nutrition education 1-2 times and 33% of classrooms never provide nutrition education.

SCA will provide opportunities for students' participation by surveying students on the current menu items every three months and taste testing any new menu items during the school year.	<ul style="list-style-type: none"> a. Discuss changes at the back-to-school training. b. Discuss new menu options during monthly PD. 	At the beginning of the year.	<ul style="list-style-type: none"> - Verbal Check-in with staff to ensure compliance. - Kitchen staff survey at the end of the school year. 	Food Service Director	Teachers, staff, students	No. Students were surveyed on the current menu items at the beginning of the school year only.
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Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Provide students with opportunities to get at least 45 minutes of age appropriate physical activity on all or most days of the week.	a. Provide staff with policy guidelines at the back to school training. b. Provide lists of fun, age appropriate physical activity options.	At the beginning of the school year.	<ul style="list-style-type: none"> - Verbal check-in with staff to ensure compliance. - Teacher survey at the end of the school year. 	Principal	Teachers, staff, students	No. Only 83% of classrooms received at least 45 minutes of physical activity on all or most days, while 17% of classrooms received at least 45 minutes of physical activity 1-2 times a week.
SCA offers daily opportunities for unstructured physical activity, commonly referred to as recess, for all students K through grade five.	a. Provide staff with policy guidelines at back to school training. b. Schedule recess before lunch when developing daily schedule.	At the beginning of the school year.	<ul style="list-style-type: none"> - Verbal check-in with staff to ensure compliance. - Approval of daily schedules. - Teacher survey at the end of the school year. 	Principal	Teachers, staff, students	Yes, all classrooms daily recess is scheduled before lunch.

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
SCA will not use physical activity as a punishment in the form of discipline or classroom make-up time.	d) Provide teachers with list of alternate options for make-up time. e) Discuss policy at back-to-school staff training. f) Follow-up mid-year to discuss challenges.	At the beginning of the school year.	<ul style="list-style-type: none"> - Verbal check-in with staff to ensure compliance. - Teacher survey at the end of the school year. 	Principal	Teachers, staff, students	Yes, physical activity was not use in the form of a punishment or classroom make-up time.

SCA will provide at least 20 minutes for students to enjoy eating, lunch time is scheduled near the middle of the day, and recess is scheduled before lunch.	<ul style="list-style-type: none"> a. Provide staff with schedules of recess and lunch for each grade level. b. Provide policy to staff at the back to school training. 	At the beginning of the school year.	<ul style="list-style-type: none"> - Verbal check-in with staff to ensure compliance. - Teacher survey at the end of the school year. 	Principal	Teachers, staff, students	Yes, the principal worked with the kitchen staff to schedule recess and lunch times for all grade levels.
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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
SCA offers daily reimbursable school meals that meet the USDA nutrition standards.	<ul style="list-style-type: none"> a. Kitchen staff receives School Nutrition trainings on reimbursable school meals. b. Cycle menu planning using the 6cents template. c. Discuss any challenges monthly. 	At the beginning of the school year.	<ul style="list-style-type: none"> - On-site reviews. - Kitchen staff survey at the end of the school year. 	Food Service Director	Teachers, staff, students	Yes. SCA offer daily meals that met the USDA nutrition standards for reimbursable meals.

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
SCA will encourage the Institute of Medicine Nutrition Standards for Foods in School for foods and beverages provided, but not sold, to students during the school day.	<ul style="list-style-type: none"> a. Provide staff with the Institute of Medicine Nutrition Standards. b. Provide annual trainings to review standards. 	At the beginning of the school year.	<ul style="list-style-type: none"> - Verbal check-in with staff to ensure compliance. - Teacher survey at the end of the school year. 	Food Service Director	Teachers, staff, students	Yes. Staff has received and encourages the Institute of Medicine Nutrition Standards.

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Any foods and beverages marketed or promoted to students on the school campus during the school day will meet the USDA Smart Snacks in School nutrition standards.	<ul style="list-style-type: none"> a. Provide staff with the marketing guidelines. b. Provide staff training on the USDA Smart Snacks in School nutrition standards. 	At the beginning of the school year	<ul style="list-style-type: none"> - Verbal check-in with staff to ensure compliance. - Teacher survey at the end of the school year. 	Food Service Director	Teachers, staff, students, community	Yes. Only foods that meet the USDA Smart Snacks in School nutrition standards are promoted during the school day.