



Blackstone-Millville Regional Student-Athlete Guidelines

Fall Sport Offerings:

Varsity Field Hockey

(grades 8-12)

Head Coach Hailey Boucher

JV Field Hockey

(grades 6-12)

Head Coach Melissa DeCastro

High School Cross Country

(grades 8-12)

Head Coach Marcia Harvey

Middle School Cross Country

(grades 5-7)

Head Coach Marcia Harvey

Boys Varsity Soccer

(grades 8-12)

Head Coach Matt Wheeler

Boys JV Soccer

(grades 8-12)

JV Coach Ravi Rao

Girls Varsity Soccer

(grades 8-12)

Varsity Coach Kevin McCourt

Girls JV Soccer

(grades 8-12)

JV Coach Lucy Watson

Girls Middle School Soccer

(grades 6-8)

Head Coach John Christina

Boys Middle School Soccer

(grades 6-8)

Head Coach John Christina

Varsity Sideline Cheer

(grades 8-12)

Varsity Coach Amanda Mograss

Middle School Sideline Cheer

(grades 6-7)

Head Coach Becky Bouley

Varsity Volleyball

(grades 8-12)

Head Coach Jeremy Folster

JV Volleyball

(grades 6-12)

Head Coach Jeremy Folster

Football

(grades 8-12)

Head Coach Jamie Caprarella

Assistant Coaches:

Jarrett Niland

Mitch Silva

Karac Dolber

Joe Carlson

Jim Caprarella

Joe Domenech

Important Dates:

8/15 First day of football practice, eligibility requirements are due to participate
8/18 First day of tryouts/practices, eligibility requirements are due to participate
8/22 Rosters finalized by coaches
8/29 Athletic user fee due
9/2-9/5 Spring Sports Media Day, come in uniforms for team pictures

Tryout Schedule:**Cross Country:**

8/18, 8/20, 8/21 6-7pm at HS Track

Field Hockey:

8/18-8/21 8am-10am at High School Track Field (CHANGE IN LOCATION)

8/22 8-10am at Mount St. Charles

Boys Soccer (grades 6-12):

8/18-8/20 10am-12pm at High School Track Field

*Middle School will practice 8/21 and 8/22 at the middle school field

Girls Soccer (grades 6-12):

8/18-8/20 8-10am at High School Track Field

*Middle School will practice 8/21 and 8/22 at the middle school field

Football:

8/15 3-5pm at High School Lower Field

Volleyball:

8/18-8/20 3:30pm-6pm at High School Gym

High School Cheer:

8/24, 8/25 & 8/26 6-8pm at High School Gym

Middle School Cheer:

8/27, 8/28 3-4:30pm at Middle School Gym

Practice Locations

Boys Varsity and JV Soccer: High School Lower Fields

Girls Varsity & JV Soccer: JFK Field (pending confirmation)

Boys and Girls Middle School Soccer: Middle School Field

Varsity and Middle School Cross Country: High School track/cross country course
Varsity and JV Field Hockey: High School Lower Fields

Varsity Cheer: High School Gym

Middle School Cheer: High School Gym

Football: High School Lower Field

Varsity and JV Volleyball: High School Gym

SportsYou

SportsYou is the recommended platform for communication within our sports teams. It can be accessed via the app or online. Each sport team has their own team code that allows for individual team pages. SportsYou allows parents and students to directly message the coach, as well as see practice schedule, game schedule, and any team notifications. Students and parents can join the team pages through the following codes:

General Athletics Page: XEAZRR39

Cross Country: 3SUA-PMV6

Volleyball: JLTP73LM

Cheer: KTVU-TJD4

Boys Varsity Soccer: ZZLS3CWD

Girls Middle School Soccer: 9RHH9HDX

Boys Middle School Soccer: 82GEANG4

Boys High School Soccer: TBD

Girls High School Soccer: 9X2USSFP

Field Hockey: Players USSQEMKR /

Parents LCE27DMH

Football: PYGMHYTX

Eligibility Requirements

1. Active Physical (within 13 months) stating the student is cleared to participate in sports
2. Sport registration on Arbiter (formerly Family ID)
3. Passing 5 classes in the most recent term grades
4. Cannot be over the age of 19 as of 9/1 of current school year
5. Concussion course (students complete online:
<https://nfhslearn.com/courses/concussion-for-students>)

Participation

You are expected to regularly attend all practices and games during the season. Proper communication with coaches is expected if you are going to be absent. The Coaches reserve the right to reduce playing time based on absenteeism.

Bona Fide Waiver

Students who miss a practice or game due to another sport (ie. sport clinic, AAU, travel league) will be required to notify the Athletic Director at least 48 hours in advance. The MIAA requires a Bona Fide Waiver to be submitted in advance of the event.

Uniform Policy

Students are expected to return their uniform at the end of their season in the same condition as it was received. Students who do not return their uniform may be charged the cost of the uniform or prevented from participating in other school events/future teams until the uniform has been returned.

Transportation

Students are expected to ride the bus to and from away sport competitions. Parents should only be driving students home from a game in special circumstances. If a student is leaving a game with a parent, advance notice is required to be sent to the Athletic Director.

Athletics Shuttle:

For the fall season, an athletic shuttle will be provided between the Middle School and High School. Students should be changed and waiting for the shuttle by 2:10pm from the High School and 2:50pm from the Middle School. There will be no shuttle for after practices. Students are expected to have reliable transportation from practices at their practice location.

Conduct Expectations

As a student-athlete, you are expected to conduct yourself in a respectful and appropriate manner. You are a representative of the school and must be held to a high standard. Athletic participation is a privilege and participation on a team may be taken away as a result of disciplinary action. Respectful behavior is expected towards teammates, coaches, officials, and staff at all times.

Chemical Health Violations:

Students who violate chemical health violations will be disciplined in the following steps:

1st violation: suspension of 25% of games
2nd violation: suspension of 60% of games
Subsequent violations: suspension of 60% of games, higher disciplinary action may be

taken by the Athletic Director and/or
Building Administrator

Bullying:

Bullying will not be tolerated. If there is a concern of bullying occurring, a formal investigation will be conducted and students identified as aggressors may be disciplined up to removal from the team and further disciplinary action determined by the Principal and Assistant Principal. All incidents of bullying should be reported as soon as possible to the Athletic Director or Building Principal.

Parents

Parents should not be talking to officials before or after a game. It is the responsibility of the coach and the Athletic Director to dispute any calls. Parents are highly encouraged to attend our games, but to act in a manner that won't interfere with the coach or the team.

Communication with coaches

We want our student athletes to feel comfortable advocating for themselves. If there is an issue a student would like to discuss, the first step is for the student to speak with their coach. If there is no resolution, the athlete may reach out to the Athletic Director. We want parents to reach out as a last resort or for serious concerns regarding coaching staff, the safety of players, or to make a formal complaint. We want to encourage communication between coaches and students as the primary means of resolving questions or concerns.

User Fees

All sports require a user fee for participation. User fees are determined by the school district and the School Committee. The fall season user fees are as follows:

Sideline Cheer: \$100

Football: \$325

Cross Country: \$200

Soccer: \$200

Field Hockey: \$200

Volleyball: \$200

All user fees are due by 8/29. Students who have an outstanding balance after 8/29 will not be allowed to participate until the fee has been paid in full or a payment plan has been put in place with the Finance Department. Families may apply for waived athletic fees with the Supplemental Low Income Form. There is a family cap of \$600 per year for athletic fees, once the cap has been reached, the family will not be charged for the remaining athletic fees. The family cap does not apply to other activities such as band or clubs.

Head Injuries:

Every student athlete and parent/guardian is required to take the following concussion training course:

<https://nfhslearn.com/courses/concussion-for-students> (students)

<https://nfhslearn.com/courses/concussion-in-sports-2> (parents/guardian)

You must notify your coach and/or Athletic Director of any head injury within 12 hours regardless of whether the head injury took place during your sport and whether or not a concussion has been diagnosed. Prompt notification of a potential head injury is very important both for your safety and for compliance with MIAA requirements.

Building Security:

Students may not leave exterior doors open with door pegs or other items. This is a significant security risk for all students and staff inside the school.

These guidelines are meant to supplement our Athletics Handbook. The Athletics Handbook can be found at the following link: [Athletic Handbook](#)