

SHAC Meeting Minutes

April 10, 2024

The third 2023-2024 Como-Pickton SHAC meeting was held on April 10, 2024 starting at 3:45pm in the Elementary Cafeteria. We started the meeting off reminding everyone the need to update the Wellness Plan and Wellness Policy. This has to be done every three years to be in compliance. At the last SHAC meeting we went over the current Wellness Plan and Policy. Mrs. Walden, Nurse Holly, Mrs. Monk and Mrs. Fuller went over the Plan and scored it with the WellSAT: 3.0 Wellness School Assessment Tool, District Scorecard. A copy of this scorecard and the updated Wellness Plan was emailed to all the SHAC members. At today's current meeting we handed every member present a copy of both. We went over them. Questions were asked and reviewed. There were no changes or corrections to be made. The SHAC voted to present the new plan to the School Board. This along with the score card will be presented at next Monday's school board meeting.

Nurse Holly also mentioned that she will presenting the end of year SHAC report to the school board as well. She will put together a report that shows what SHAC has done this year along with goals for next year.

Mrs. Walden and Nurse Holly discussed House Bill 3908 which addresses new updates to education for staff and students.

We discussed the different mandatory education that the students have to receive every year. This also entails the other mandatory education for the staff as well. This is updated every year.

Mrs. Monk discussed the money she raised for American Heart Association and she discussed her heart zones system that she uses and implemented and how it is going this year for the Elementary. Mrs. Monk has started her FitnessGram testing. She will also look into having a Cancer Walk in May. Field Day will be May 10.

There was time for open discussion. Mrs. Walden added that there is new Science Curriculum that will be added and approved. This will not have to be approved by the SHAC but the health discussions in there will be addressed appropriately just like the new Health Education Curriculum.

The meeting was adjourned at 4:05pm

The next meeting will be in May and the date will be announced.

[Click here for recording of meeting.](#)