



October 2023 Elementary Lunch Menu

	Mon	Tue	Wed	Thu	Fri	
Elementary Lunch	2 WG Corn Dogs Baked Smile Fries Peaches Veggie Salad Bar 1% Milk	3 Turkey Taco Meat w/ WG Soft Shell Apple Slices Veggie Salad Bar 1% Milk	4 WG Grilled Cheese Sandwich, Chicken Noodle Soup, Mandarin Oranges Veggie Salad Bar 1% Milk	5 WG Breaded Chicken - Patty, Mashed Potatoes Pears Veggie Salad Bar 1% Milk	Half Day 6 WG PB&J Sandwich Cheese Stick Apple Slices Carrots 1% Milk	
<i>*Meals are subject to change</i>	9 Tangerine Chicken w/ WG Rice Peaches Veggie Salad Bar 1% Milk	10 WG Beef Taco Stick Pineapple Veggie Salad Bar 1% Milk	11 Beef Goulash w/WG Noodles Garlic Sticks, Grapes Veggie Salad Bar 1% Milk	12 WG Breaded Chicken Strips, Cheesy Potatoes Peaches Veggie Salad Bar 1% Milk	13 WG Cheesy Boscoss WG Sun Chips Fresh Orange Veggie Salad Bar 1% Milk	
<i>*Option Everyday: PB & J Sandwich & Cheese Stick in place of Entree</i>	16 Beef Hamburger w/WG Bun Baked French Fries Apple Slices Veggie Salad Bar 1% Milk	17 Turkey Taco Meat w/ WG Soft Shell Peaches Veggie Salad Bar 1% Milk	18 Beef Chili WG Corn Bread Loaf Mandarin Oranges Veggie Salad Bar 1% Milk	19 Sliced Ham WG Scalloped Potatoes WG Roll Pears Veggie Salad Bar 1% Milk	20 WG Pepperoni Pizza Applesauce Veggie Salad Bar 1% Milk	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
	23 Hot Dog on WG Bun Sun Chips Pears Veggie Salad Bar 1% Milk	24 WG Beef Fiestada Sandwiches Mixed Fruit Cup Veggie Salad Bar 1% Milk	25 WG Mac & Cheese Grapes Veggie Salad Bar 1% Milk	29 WG Breaded Chicken Patty Mashed Potatoes Peaches Veggie Salad Bar 1% Milk	Half Day 27 WG PB&J Sandwich Cheese Stick Apple Slices Carrots 1% Milk	
	30 Beef Sloppy Joes w/ WG Bun WG Sun Chips Peaches Veggie Salad Bar 1% Milk	31 WG Beef Taco Stick Pineapple Veggie Salad Bar 1% Milk				1% White Milk Whole Grain (WG) Buns & Bread