



October 2023 Elementary Breakfast Menu

	Mon	Tue	Wed	Thu	Fri	
Elementary Breakfast	2 WG Uncrustable Egg -Cheese Sausage Sandwich, Apple-sauce Cup, Orange Juice, 1% Milk	3 WG Cereal Bar Cheese Stick Pear Cup Apple Juice 1% Milk	4 WG Mini Confetti Pancakes Cheese Stick, Peach Cup, Grape Juice 1% Milk	5 WG Cheerios Cereal Cheese Stick Fresh Bananas Apple Juice 1% Milk	6 WG Pancake Wrap Pineapple Cup Orange Juice 1% Milk	
<i>*Meals are subject to change</i>	9 Yogurt, WG Graham Crackers Applesauce Cup Orange Juice 1% Milk	10 WG Stuffed Egg & Cheese Hash Brown Pear Cups Apple Juice 1% Milk	11 WG Mini Blueberry Waffles Peach Cup Grape Juice 1% Milk	12 WG Cereal Cheese Stick Fresh Bananas Apple Juice 1% Milk	13 WG Breakfast Pizza Bagel Mandarin Orange Cup Apple Juice 1% Milk	
	16 WG Pancake & Sausage Sandwich Applesauce Cup Orange Juice 1% Milk	17 WG Cereal Bar Cheese Stick Pear Cup Apple Juice 1% Milk	18 WG Mini French Toast, Cheese Stick Peach Cup Grape Juice 1% Milk	19 WG Cereal Cheese Stick Fresh Bananas Apple Juice 1% Milk	20 WG Pancake Wrap Pineapple Cup Grape Juice 1% Milk	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
	23 Yogurt, WG Graham Crackers Applesauce Cup Orange Juice 1% Milk	24 WG Stuffed Egg & Cheese Hash Brown Pear Cup Apple Juice 1% Milk	25 WG Mini Pancake Cheese Stick Peach Cup Grape Juice 1% Milk	29 WG Cereal Cheese Stick Fresh Bananas Apple Juice 1% Milk	27 WG Breakfast Pizza Bagel Mandarin Orange Cup Apple Juice 1% Milk	Whole Milk for age 2 year & under
	30 WG Pancake & Sausage Sandwich Applesauce Cup Orange Juice 1% Milk	31 WG Cereal Bar Cheese Stick Pear Cup Apple Juice 1% Milk				1% White Milk Whole Grain (WG) Buns & Bread