

Pre-K Breakfast

Parkers Chapel School

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Monday	Tuesday	Wednesday	Thursday	rriday
Ham/Egg/Cheese Combo Bar Diced Peaches White Milk	Pre-K Cereal Variety Juice Variety White Milk	Sausage Breakfast Pizza Applesauce White Milk	Pre-K Cereal Variety Juice Variety White Milk	Sausage Croissant Pineapple Tidbits White Milk
Dutch Waffles Diced Peaches White Milk	Pre-K Cereal Variety Juice Variety White Milk	Blueberry Muffin Applesauce White Milk	Pre-K Cereal Variety Juice Variety White Milk	Sausage/Egg/Cheese Biscuit Pineapple Tidbits White Milk
French toast Sticks Diced Peaches White Milk	Pre-K Cereal Variety Juice Variety White Milk	Buttermilk Pancakes Applesauce White Milk	Pre-K Cereal Variety Juice Variety White Milk	Sausage Croissant Pineapple Tidbits White Milk
Strawberry Parfait Diced Peaches White Milk	Pre-K Cereal Variety Juice Variety White Milk	Apple Cinnamon Muffins Applesauce White Milk	Pre-K Cereal Variety Juice Variety White Milk	Sausage Biscuit Pineapple Tidbits White Milk
Grilled Cheese Diced Peaches White Milk	Pre-K Cereal Variety Juice Variety White Milk	The state of the s		CAPRIL DAI





Pre-K Lunch

Parkers Chapel School

	TOTAL CONTROL OF THE PROPERTY					
	Monday	Tuesday	Wednesday	Thursday	Friday	
`	Turkey/Cheese Croissant  Melt  Crinkle Cut Fries  Pineapple Tidbits  White Milk	Walking Taco Pinto Beans Mixed Fruit Cup White Milk	Orange Chicken Steamed Broccoli Dinner Roll Diced Peaches White Milk	Pulled Pork Sandwich  Baked Beans  Diced Pears  White Milk	Popcorn Chicken Crinkle cut Fries Applesauce White Milk	
	Cheeseburger Mashed Potatoes Pineapple Tidbits White Milk	Beef Tacos  Meximix Refried Beans  Mixed Fruit Cup  White Milk	BBQ Meatball Bites Mixed Vegetables Dinner Roll Diced Peaches White Milk	Big Breakfast Platter Diced Pears White Milk	Pepperoni Pizza Seasoned Potato Wedges Applesauce White Milk	
•	Home-style Chicken Strips Mashed Potatoes Dinner Roll Pineapple Tidbits White Milk	Chicken Crispitos String Cheese Meximix Refried Beans Mixed Fruit Cup White Milk	BBQ Bacon Cheeseburger Mixed Vegetables Diced Peaches White Milk	Homemade Lasagna 13 Garlic Texas Toast Seasoned Green Beans Diced Pears White Milk	Chicken Nuggets Crinkle Fries Applesauce White Milk	
	Crispy Chicken Sandwich Seasoned Potato Wedges Pineapple Tidbits White Milk	Sweet & Sour Popcorn 23 Chicken Carrots Mixed Fruit Cup White Milk	Beef Nachos Charro Beans Diced Peaches White Milk	Spaghetti 25 Garlic Bread Seasoned Green Beans Diced Pears White Milk	Boneless Wings Mashed Potatoes Applesauce White Milk	
	Home-style Chicken Strips Seasoned Potato Wedges Pineapple Tidbits White Milk	Crispitos  Meximix Refried Beans  String Cheese  Mixed Fruit Cup  White Milk			CAPRIL DAY	





Parkers Chapel School

#### Monday

Ham/Egg/Cheese Combo Bar Bug Bites Grahams 2 oz. Cereal Variety Diced Peaches Juice Variety White/Chocolate Milk

Dutch Waffles
Breakfast Syrup
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

French Toast Sticks
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

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Strawberry Sundae
Parfait
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Grilled Cheese
Bug Bites Grahams
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

### Tuesday

Super Donut
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Morning Breakfast Roll
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Super Donut
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Pop Tart Variety
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Super Donut
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

#### Wednesday

Sausage Breakfast Pizza
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk
PRE-K FAMILY BREAKFAST

Buttermilk Pancakes
Breakfast Syrup
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk
KINDERGARTEN FAMILY

BREAKFAST

#### **Thursday**

Pancake on Stick
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Honey Bun
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Cinnamon Roll
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Cereal bar Variety
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

#### Friday

Sausage Croissant
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Sausage/Egg/Cheese
Biscuit
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Sausage/Egg/Cheese
Biscuit
2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk

Sausage Biscuit

2 oz. Cereal Variety
Diced Peaches
Juice Variety
White/Chocolate Milk



K-12<sup>th</sup> Grade Lunch

Parkers Chapel School

### Monday

Fajita Fries Turkey/Cheese Croissant Melt Crinkle Cut Fries/ Garlic Knots Pineapple Tidbits Fruit/Veggie Bar White/Chocolate Milk

> Boneless Honey BBQ Wings Cheeseburger Mashed Potatoes **Pineapple Tidbits** Fruit/Veggie Bar White/Chocolate Milk

> Home-style Chicken Strips **Mashed Potatoes** Mixed Vegetables Dinner Roll **Pineapple Tidbits** Fruit/Veggie Bar White/Chocolate Milk

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Crispy Chicken Sandwich Seasoned Potato Wedges Dinner Roll Pineapple Tidbits Fruit/Veggie Bar White/Chocolate Milk

Home-Style Chicken Strips Seasoned Potato Wedges Dinner Roll Pineapple Tidbits Fruit/Veggie Bar White/Chocolate Milk

#### **Tuesday**

Walking Taco Pinto Beans Mixed Fruit Fruit/Veggie Bar White/Chocolate Milk

Cheesy Chicken & Rice Bowl **Beef Tacos** Chips w/Queso Meximix Refried Beans Mixed Fruit Fruit/Veggie Bar White/Chocolate Milk

Chicken Crispitos String Cheese Meximix Refried Beans Mixed Fruit Fruit/Veggie Bar White/Chocolate Milk

Sweet & Sour Popcorn Chicken Pork & Vegetable Egg Roll Fried Rice Fortune Cookie **Diced Peaches** Fruit/Veggie Bar White/Chocolate Milk

> Crispitos Meximix Refried Beans String Cheese Mixed Fruit Fruit/Veggie Bar White/Chocolate Milk

#### Wednesday

Orange Chicken **BBQ Meatball Bites** Steamed Broccoli/Fried Rice Dinner Roll Diced Peaches Fruit/Veggie Bar White/Chocolate Milk

Turkey W/Gravy **BBQ Meatball Bites** Mixed Vegetables/Dinner Roll **Diced Peaches** Fruit/Veggie Bar White/Chocolate Milk

BBQ Bacon Cheeseburger Bayou Butter Basted Chicken Mixed Vegetables Maple Butter Biscuit Diced Peaches Fruit/Veggie Bar White/Chocolate Milk

**Beef Nachos** Charro Beans Mixed Fruit Fruit/Veggie Bar White/Chocolate Milk

#### **Thursday**

**Pulled Pork Sandwiches BBO** Chicken Baked Beans/Dinner Roll Diced Pears Fruit/Veggie Bar White/Chocolate Milk

Big Breakfast Platter **Diced Pears** Fruit/Veggie Bar White/Chocolate Milk

Homemade Lasagna Garlic Texas Toast Club Croissant Seasoned Green Beans Diced Pears Fruit/Veggie Bar White/Chocolate Milk

Spaghetti/Garlic Breadstick Meatball Sub Seasoned Green Beans **Diced Pears** Fruit/Veggie Bar White/Chocolate Milk

### Friday

Club Croissant Popcorn Chicken Crinkle Cut Fries/Dinner Roll Applesauce Fruit/Veggie Bar White/Chocolate Milk

Pepperoni Pizza Ham/Cheese Sliders Seasoned Potato Wedges Applesauce Fruit/Veggie Bar White/Chocolate Milk

Baked Potato Bar Steamed Broccoli Wheat Savory Bites Crackers **Applesauce** Fruit/Veggie Bar White/Chocolate Milk

Boneless Honey BBQ Wings Cheeseburger Mashed Potatoes Applesauce Fruit/Veggie Bar White/Chocolate Milk

