## May 2024 - Melrose Area Public Schools <br> Middle \& High School Lunch

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| This institution is an equal opportunity provider and employer. |  |  | 1 Tater Tot Hotdish <br> Steamed Broccoli <br> Fresh Veggies <br> Fresh Melon <br> Pears <br> Dinner Roll <br> Grilled Chicken on Bun | 2 Chicken Gravy Mashed Potatoes Green Beans <br> Fresh Veggies <br> Oranges <br> Apple Slices Dinner Roll <br> Chicken Nuggets | 3 Chicken Fajitas Steamed Carrots Fresh Veggies Apples Pears Dinner Roll Pizza |
| Free \& Reduced Meal forms can be obtained from all offices throughout the year. | 6 Beef Taco Supreme Cinnamon Churro Black Beans Fresh Veggies Apples Applesauce Beef Fiestada | 7 Hash Brown Casserole Waffles <br> Steamed Carrots <br> Fresh Veggies <br> Bananas <br> Spiced Baked Apple Slices Hot Dog on Bun | 8 Shepards Pie <br> Steamed Green Bean <br> Fresh Veggies <br> Fresh Melon <br> Mandarin Oranges <br> Dinner Roll <br> Cheese Quesadilla | 9 Mandarin Orange Chicken Fried Rice/ Fortune Cookie Steamed Broccoli Fresh Veggies Oranges <br> Pineapple Corn Dog | 10 Chicken Cacciatore <br> Steamed Corn <br> Fresh Veggies <br> Apples <br> Strawberry Cup <br> Pizza |
| Lunch Prices: <br> K-12 FREE <br> Adult HS - \$4.25 <br> *New online payment option | 13 Beefy Nachos <br> Steamed Green Beans <br> Fresh Veggies <br> Oranges <br> Pineapple <br> Chicken Patty on Bun | 14 Pulled Pork on Bun <br> Steamed Carrots <br> Fresh Veggies <br> Apples <br> Applesauce <br> Corn Dog | 15 Pizza <br> Steamed Peas <br> Fresh Veggies <br> Oranges <br> Pears <br> Mini Corn Dogs | 16 Sub Sandwich <br> Baked Beans <br> Fresh Veggies <br> Apples <br> Applesauce <br> Chocolate Chip cookie <br> Chef Salad | 17 Chicken Alfredo/Pasta <br> Steamed Broccoli <br> Fresh Veggies <br> Oranges <br> Mandarin Oranges <br> Hamburger on Bun |
| Milk Choices: Chocolate Skim and 1\% white <br> Veggie Bar Daily Pizza M/W/F | 20 Sweet N Sour Chicken <br> Brown Rice <br> Cali. Blend Veggies <br> Fresh Veggies <br> Oranges <br> Pineapple <br> Hot Dog on Bun | 21 CheeseBurger Hotdish <br> Cheese Breadstick <br> Baked Beans <br> Fresh Veggies <br> Bananas <br> Applesauce <br> Grilled Chicken on Bun | 22 Pasta w Meat Sauce <br> Steamed Broccoli <br> Fresh Veggies <br> Oranges <br> Peaches <br> Corn Dog | 23 French Toast Sticks <br> Egg Omelet <br> Steamed Carrots <br> Fresh Veggies <br> Apples <br> Spiced Baked Apple Slices <br> Hamburger on Bun | 24 Chicken Fajitas <br> Steamed Corn <br> Fresh Veggies <br> Oranges <br> Pears <br> Dinner Roll <br> Chicken Nuggets |
| Menu Subject to Change | 27 NOSCHOOL | 28 Breakfast Sandwich on Bun <br> Steamed Carrots <br> Fresh Veggies <br> Oranges <br> Applesauce <br> Corn Dog | 29 Taco Salad w/Fixings <br> Steamed Peas <br> Fresh Veggies <br> Apples <br> Pears <br> Dinner Roll <br> Chicken Nuggets | 30 Pulled Pork on Bun <br> Baked Beans <br> Fresh Veggies <br> Fresh Melon <br> Mandarin Oranges <br> MIni Corn Dogs | 31 COOKS CHOICE |

