



We want to hear your story!



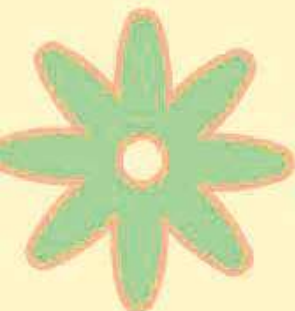
Do you have a child that was born in May 2019 through May 2023? If so, we want to hear from you. Your responses could help create possible programs to help families in these challenging times.

Scan this QR code today!



If you, or someone in your extended family or friends had a child during this time, the Tri-CHIO is interested in hearing your story. If you or someone you know is interested in (taking a survey) (being part of a focus group), or join the conversation at:

[www.knowandgrowok.org](http://www.knowandgrowok.org) or on Facebook, Instagram and LinkedIn using @knowandgrowok. For more information, please contact Lisa Bland-Selix at 580-213-3178, [lablandselix@nwsu.edu](mailto:lablandselix@nwsu.edu).



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