



# 2024 Pioneer Learn to Swim Lessons

Saturdays, March 9, 16, 23, April 6, 13, 20

Pioneer High School Pool

Students K-8 in the Pioneer School District



**\*Please register your children for the class appropriate to their ability based on the swim level and criteria below:**

**Level 1: Introduction to Water Skills, 10:10- 10:40, 10:50-11:20, 11:30–12:00 or 12:10-12:40**

Skills Required:

- Comfortable swimming with a lifeguard and group of kids, without parent on deck

**Level 2: Swimming Fundamentals, 9:30-10:00, 10:10-10:40 or 10:50-11:20, 11:30-12:00**

Skills Required:

- Exhale under water (full face in water); Float front to back
- Use arm and leg motion

**Level 3: Stroke Development, 8:50-9:20 or 9:30-10:00, 10:10-10:40, 10:50-11:20**

Skills Required:

- Tread water; swim front and back without assistance
- Jump into deep water from the side of the pool without assistance

**Level 4: Advanced swimming – (Instruction is given from deck), 8:00- 8:40**

Skills Required:

- Extremely comfortable in deep water and willing to dive in deep water
- Front and back crawl the length of the pool unassisted (25 yards)
- This class will work on refining strokes (freestyle, backstroke, breaststroke, butterfly)

**Toddler Swim - Intro to Water 12:40-1:30** (No registration needed)

- Ages 6 months – 4 years
- **Parent Must Accompany Child in Water!!!**
- Not instructed, you can enter and leave at any time, no sign up needed.

## Questions:

**Email:** [vpiatek@pioneerschools.org](mailto:vpiatek@pioneerschools.org) or Call/Text Tori Piatek (716) 425-8326 or Joellen Morey (716) 492-9301

### **\*Parents/Guardians:**

Please have your swimmer ready and seated on the pool bench 5 minutes prior to the start of their lesson.

**Please watch the lesson from the pool's balcony. This will help the instructors get your swimmers full attention.**

THANK-YOU





Return completed registration by **February 28th**:



Pioneer High School, Athletic Department  
PO Box 579  
Yorkshire, NY 14173

(If you return to child's class, please put in envelope with address above)

Mail Too:

**\*Children must have a parent or guardian present during lessons and can watch from designated areas.**

Student Name: \_\_\_\_\_

Age: \_\_\_\_\_

Grade: \_\_\_\_\_

Level: \_\_\_\_\_

Please identify your and second choice of time: 1. \_\_\_\_\_

2. \_\_\_\_\_

Level 1-3: In the event your child's  
class times are filled are you able to attend one  
of the other times listed:  
YES OR NO

Parent Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Students Name: \_\_\_\_\_

\*You will not receive any further verification of selected class time unless you are called to bring your child to a different lesson time due to over enrollment in a particular class. Please have your child present at the first class based on your registration.

\*This is a free program for children within the Pioneer School District.