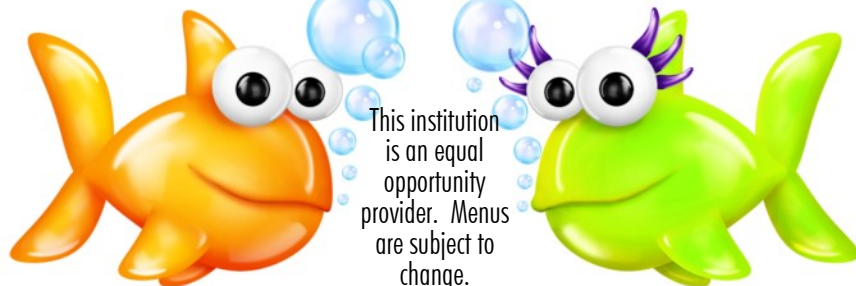


Menus for February 2024

Fairfield City
Schools
Grades K-8



This institution
is an equal
opportunity
provider. Menus
are subject to
change.

Monday, February 5

Breakfast

Mini Pancakes (WG)
Fruit cup, Fruit Juice
Milk

Lunch

Chicken Nuggets
Dinner Roll (WG)
Green Beans
Baked Potato Wedges
Garden Salad
Fruit Variety
Milk Choices

Tuesday, February 6

Breakfast

Breakfast Pizza (WG)
Fruit cup, Fruit Juice
Milk

Lunch

Corndog (WG)
Baked Beans
Steamed Carrots
Garden Salad
Fresh Fruit
Milk Choices

Wednesday, February 7

Breakfast

Ham & Cheese Biscuit (WG)
Fresh Fruit, Fruit Juice
Milk

Lunch

Crispy Chicken Sand. (WG)
Blackeye Peas
Sweet Potato Fries
Garden Salad
Fruit Variety
Milk Choices

Thursday, February 8

Breakfast

Poptart (WG)
String Cheese
Fruit cup, Fruit Juice
Milk

Lunch

Spaghetti w/
Meat Sauce (WG)
Green Beans
Steamed Corn
Garden Salad
Fruit Variety
Milk Choices

Friday, February 9

Breakfast

Cereal w/ Toast (WG)
Fresh Fruit
Fruit Juice
Milk

Lunch

Turkey & Cheese
Sand. (WG), Doritos (WG)
Carrot Sticks
Garden Salad
English Peas
Milk Choices



Thursday, February 8

Breakfast

Oatmeal w/Berries (WG)
Sausage Link
Fruit cup, Fruit Juice
Milk

Lunch

Cheeseburger (WG)
Steamed Broccoli
Baked Potato Wedges
Garden Salad
Fresh Fruit
Milk Choices

Friday, February 9

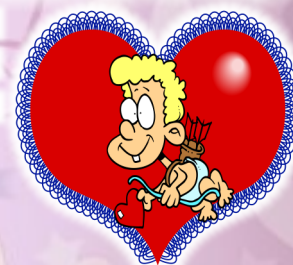
Breakfast

Cereal w/ Toast (WG)
Fresh Fruit
Fruit Juice
Milk

Lunch

Pepperoni Pizza (WG)
English Peas
Steamed Corn
Garden Salad,
Fruit Variety
Milk Choices

YOU'RE GOOD



**ALL STUDENTS EAT ALL MEALS @
NO COST ALL YEAR LONG**

FAIRFIELD CITY SCHOOLS CHILD NUTRITION PROGRAM

2024

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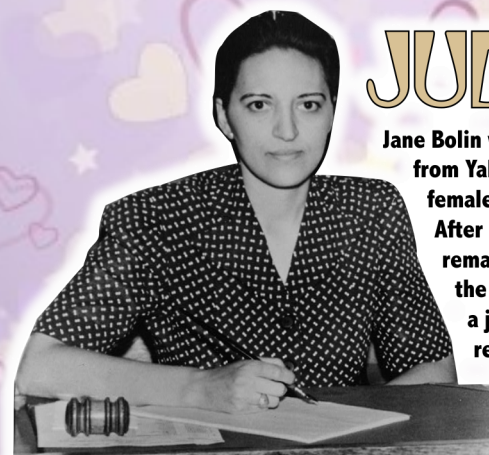
The Chinese New
Year begins with
the new moon on
February 10, 2024
is the Year of the
Dragon.



YEAR OF THE DRAGON



Every complete meal
we serve comes with
your choice of milk!



JUDGE JANE

Jane Bolin was the first black woman to graduate from Yale Law School and the first black female judge ever in the United States. After her appointment in 1931, she remained the sole black female judge in the country for 20 years. After serving as a judge for nearly half a century, she retired and volunteered as a reading instructor in New York City public schools before her death at 98 years old in 2007.

AFRICAN AMERICAN HISTORY MONTH

Monday, February 12

Breakfast

Mini French Toast (WG)
Fresh Fruit
Fruit Juice
Milk Choices

Lunch

Pulled Pork Sandwich (WG)
Baked Beans
Steamed Corn
Garden Salad
Fruit Variety
Milk Choices

Tuesday, February 13

Breakfast

Chicken Biscuit (WG)
Fresh Fruit
Fruit Juice
Milk Choices

Lunch

Waffle Sticks (WG)
Scrambled Eggs
Sausage Links
Carrot Sticks, Tator Tots,
Garden Salad, Salsa
Fruit Variety
Milk Choices

Wed., February 14

Breakfast

Grits w/Toast (WG)
Sausage Link
Fruit cup, Fruit Juice
Milk Choices

Lunch

Spaghetti w/Meat Sauce
(WG), Dinner Roll (WG)
Green Beans
Steamed Carrots
Garden Salad
Fruit Variety
Milk Choices

Thursday, February 15

Breakfast

Cereal w/ Toast (WG)
Fresh Fruit
Fruit Juice
Milk Choices

Lunch

Turkey & Cheese Sand. (WG)
Mixed Vegetable Medley
Carrot Sticks
Garden Salad
Milk Choices

Friday, February 16

**E— Learning
Day**



Swans are one of the few animals that will mate for life!

Happy Valentine's Day!

Monday, February 19

Presidents' Day



No School Today

Tuesday, February 20

Breakfast

Mini Pancakes (WG) &
Fruit Cup
Fruit Juice
Milk Choices

Lunch

Taco Tuesday (WG)
Mexicali Corn
Peas & Carrots, Salsa
Garden Salad
Fruit Variety
Milk Choices

Wed., February 21

Breakfast

Muffin (WG) & Yogurt
Fruit cup Fruit Juice
Milk Choices

Lunch

Chicken Alfredo (WG)
Breadstick (WG)
Broccoli
Mixed Vegetable Medley
Garden Salad
Fruit Variety
Milk Choices

Thursday, February 22

Breakfast

Steak Biscuit (WG)
Fresh Fruit
Fruit Juice
Milk Choices

Lunch

Oven Roasted
Turkey & Gravy
Steamed Rice (WG)
Glazed Carrots
Blackeye Peas
Fresh Fruit
Milk Choices

Friday, February 23

Breakfast

Cereal w/ Toast (WG)
Fresh Fruit
Fruit Juice
Milk Choices

Lunch

Pepperoni Pizza (WG)
Baked French Fries
Steamed Green Beans
Garden Salad,
Fruit Variety
Milk Choices

NUTRITION TO GO

Winter is the season when the fresh orange crop is at its juicy peak -- and that's also when we can really use the color, flavor, and aroma of fresh oranges, tangerines, and clementines. Oranges (mainly in juice form) are easily the primary source of vitamin C for Americans, but choose whole fresh oranges for a good shot of fiber, too.

A QUICK BITE FOR PARENTS

Monday, February 26

Breakfast

Mini Cinnis (WG)
Fruit cup
Fruit Juice
Milk

Lunch

Cheeseburger (WG)
Potato Wedges
Steamed Green Beans
Garden Salad
Fresh Fruit
Milk Choices

Tuesday, February 27

Breakfast

Breakfast Yogurt Parfait
W/Graham Crackers (WG)
Fruit cup
Milk

Lunch

Chicken Fajita
Steamed Corn
Refried Beans
Garden Salad
Fruit Variety
Milk Choices

Wed., February 28

Breakfast

Sausage Biscuit (WG)
Fresh Fruit
Fruit Juice
Milk

Lunch

Hotdog (WG)
Baked Beans
Peas & Carrots
Garden Salad
Fruit Variety
Milk Choices

Thursday, February 29

Breakfast

Egg Patty & Toast (WG)
Sausage Link
Fresh Fruit
Fruit Juice
Milk

Lunch

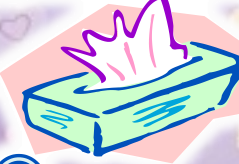
BBQ Pulled Pork Plate (WG)
Blackeye Peas
Glazed Carrots
Coleslaw
Fruit Variety
Milk Choices

Flu Powder?

Harry Potter and his pals use magical FLOO Powder to move around their world, but in our world there's no magic cure for the FLU. But there are three ways you can help keep yourself and others healthy during flu season.



1 Wash your hands frequently.



2 Cover up when you sneeze or cough.



3 If you do get sick, stay home.