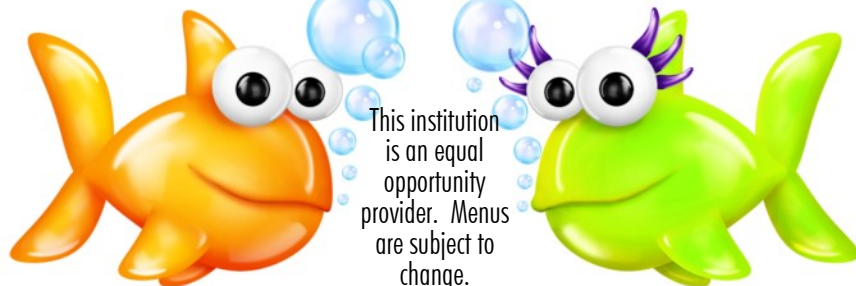


# Menus for February 2024

Fairfield City  
Schools  
Grade 9-12



This institution  
is an equal  
opportunity  
provider. Menus  
are subject to  
change.

**Monday, February 5**

## Breakfast

Mini Pancakes (WG)  
Fruit cup, Fruit Juice  
Milk

## Lunch

Chicken Nuggets  
Dinner Roll (WG)  
Green Beans  
Baked Potato Wedges  
Garden Salad  
Fruit Variety  
Milk Choices

**Tuesday, February 6**

## Breakfast

Breakfast Pizza (WG)  
Fruit cup, Fruit Juice  
Milk

## Lunch

Corndog (WG)  
Baked Beans  
Steamed Carrots  
Garden Salad  
Fresh Fruit  
Milk Choices

**Wednesday, February 7**

## Breakfast

Ham & Cheese Biscuit (WG)  
Fresh Fruit, Fruit Juice  
Milk

## Lunch

Crispy Chicken Sand. (WG)  
Blackeye Peas  
Sweet Potato Fries  
Garden Salad  
Fruit Variety  
Milk Choices

**Thursday, February 8**

## Breakfast

Poptart (WG)  
String Cheese  
Fruit cup, Fruit Juice  
Milk

## Lunch

Spaghetti w/Meat Sauce  
(WG), Dinner Roll (WG)  
Green Beans  
Steamed Corn  
Garden Salad  
Fruit Variety  
Milk Choices

**Friday, February 9**

## Breakfast

Cereal w/ Toast (WG)  
Fresh Fruit  
Fruit Juice  
Milk

## Lunch

Turkey & Cheese  
Sand. (WG), Doritos (WG)  
Let.Tom,Pickle  
Carrot Sticks  
Garden Salad  
English Peas, Choc Chip Cookie  
Milk Choices



**Thursday, February 8**

## Breakfast

Oatmeal w/Berries (WG)  
Sausage Link  
Fruit cup, Fruit Juice  
Milk

## Lunch

Cheeseburger (WG)  
Let. Tom. Pickle  
Steamed Broccoli  
Baked Potato Wedges  
Garden Salad  
Fresh Fruit  
Milk Choices

**Friday, February 9**

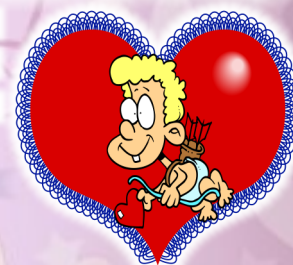
## Breakfast

Cereal w/ Toast (WG)  
Fresh Fruit  
Fruit Juice  
Milk

## Lunch

Pepperoni Pizza (WG)  
English Peas  
Steamed Corn  
Garden Salad, Choc Chip  
Cookie, Fruit Variety  
Milk Choices

# YOU'RE GOOD



**ALL STUDENTS EAT ALL MEALS @  
NO COST ALL YEAR LONG**

**FAIRFIELD CITY SCHOOLS CHILD NUTRITION PROGRAM**

# 2024

# 龍

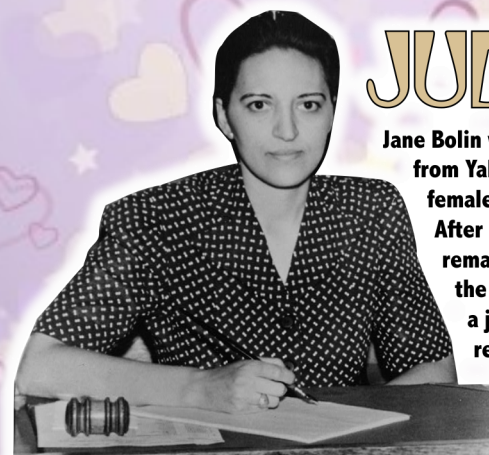
The Chinese New  
Year begins with  
the new moon on  
February 10, 2024  
is the Year of the  
Dragon.



# YEAR OF THE DRAGON



Every complete meal  
we serve comes with  
your choice of milk!



# JUDGE JANE

Jane Bolin was the first black woman to graduate from Yale Law School and the first black female judge ever in the United States. After her appointment in 1931, she remained the sole black female judge in the country for 20 years. After serving as a judge for nearly half a century, she retired and volunteered as a reading instructor in New York City public schools before her death at 98 years old in 2007.

# AFRICAN AMERICAN HISTORY MONTH



**Monday, February 12**

**Breakfast**

Mini French Toast (WG)  
Fresh Fruit  
Fruit Juice  
Milk Choices

**Lunch**

Pulled Pork Sandwich (WG)  
Baked Beans  
Steamed Corn  
Garden Salad  
Fruit Variety  
Milk Choices

**Tuesday, February 13**

**Breakfast**

Chicken Biscuit (WG)  
Fresh Fruit  
Fruit Juice  
Milk Choices

**Lunch**

Waffle Sticks (WG)  
Scrambled Eggs  
Sausage Links  
Carrot Sticks, Tator Tots,  
Garden Salad, Salsa  
Fruit Variety  
Milk Choices

**Wed., February 14**

**Breakfast**

Grits w/Toast (WG)  
Sausage Link  
Fruit cup, Fruit Juice  
Milk Choices

**Lunch**

Spaghetti w/Meat Sauce  
(WG), Dinner Roll (WG)  
Green Beans  
Steamed Carrots  
Garden Salad  
Fruit Variety  
Milk Choices

**Thursday, February 15**

**Breakfast**

Cereal w/ Toast (WG)  
Fresh Fruit  
Fruit Juice  
Milk Choices

**Lunch**

Turkey & Cheese Sand. (WG)  
Let.Tom,Pickle  
Mixed Vegetable Medley  
Carrot Sticks, Choc Chip Cookie  
Garden Salad  
Milk Choices

**Friday, February 16**

**E— Learning  
Day**



*Swans are one of the few animals that will mate for life!*

*Happy Valentine's Day!*

**Monday, February 19**

*Presidents' Day*



*No School Today*

**Tuesday, February 20**

**Breakfast**

Mini Pancakes (WG) &  
Fruit Cup  
Fruit Juice  
Milk Choices

**Lunch**

Taco Tuesday (2)(WG)  
Steamed Rice (WG)  
Mexicali Corn  
Peas & Carrots, Salsa  
Garden Salad  
Fruit Variety  
Milk Choices

**Wed., February 21**

**Breakfast**

Muffin (WG) & Yogurt  
Fruit cup Fruit Juice  
Milk Choices

**Lunch**

Chicken Alfredo (WG)  
Breadstick (WG)  
Broccoli  
Mixed Vegetable Medley  
Garden Salad  
Fruit Variety  
Milk Choices

**Thursday, February 22**

**Breakfast**

Steak Biscuit (WG)  
Fresh Fruit  
Fruit Juice  
Milk Choices

**Lunch**

Oven Roasted Turkey & Gravy  
Steamed Rice (WG)  
Dinner Roll (WG)  
Glazed Carrots  
Blackeye Peas  
Fresh Fruit  
Milk Choices

**Friday, February 23**

**Breakfast**

Cereal w/ Toast (WG)  
Fresh Fruit  
Fruit Juice  
Milk Choices

**Lunch**

Pepperoni Pizza (WG)  
Baked French Fries  
Steamed Green Beans  
Garden Salad, Choc Chip Cookie  
Fruit Variety  
Milk Choices

**NUTRITION TO GO**

**Winter is the season when the fresh orange crop is at its juicy peak -- and that's also when we can really use the color, flavor, and aroma of fresh oranges, tangerines, and clementines. Oranges (mainly in juice form) are easily the primary source of vitamin C for Americans, but choose whole fresh oranges for a good shot of fiber, too.**

**A QUICK BITE FOR PARENTS**

**Monday, February 26**

**Breakfast**

Mini Cinnis (WG)  
Fruit cup  
Fruit Juice  
Milk

**Lunch**

Cheesburger Deluxe (WG)  
Let.Tom,Pickle  
Potato Wedges  
Steamed Green Beans  
Garden Salad  
Fresh Fruit  
Milk Choices

**Tuesday, February 27**

**Breakfast**

Breakfast Yogurt Parfait  
W/Graham Crackers (WG)  
Fruit cup  
Milk

**Lunch**

Chicken Fajita  
Steamed Rice (WG)  
Steamed Corn  
Refried Beans  
Garden Salad  
Fruit Variety  
Milk Choices

**Wed., February 28**

**Breakfast**

Sausage Biscuit (WG)  
Fresh Fruit  
Fruit Juice  
Milk

**Lunch**

Hotdog (WG)  
Baked Beans  
Peas & Carrots  
Garden Salad  
Fruit Variety  
Milk Choices

**Thursday, February 29**

**Breakfast**

Egg Patty & Toast (WG)  
Sausage Link  
Fresh Fruit  
Fruit Juice  
Milk

**Lunch**

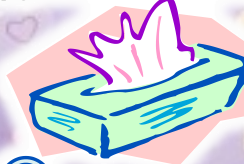
BBQ Pulled Pork Plate (WG)  
Blackeye Peas  
Glazed Carrots  
Coleslaw  
Fruit Variety  
Milk Choices

**Flu Powder?**

Harry Potter and his pals use magical FLOO Powder to move around their world, but in our world there's no magic cure for the FLU. But there are three ways you can help keep yourself and others healthy during flu season.



**1 Wash your hands frequently.**



**2 Cover up when you sneeze or cough.**



**3 If you do get sick, stay home.**