

# Blackhawk Parent News

October 2023

## Blackhawk Mission

Blackhawk is committed to partnering with families and the community to provide a welcoming, safe, and engaging environment where all students feel a sense of community, accountability, and purpose as they grow and develop into critical thinkers who desire to solve problems and have fun while learning.



**HISPANIC**  
HERITAGE MONTH

Hispanic Heritage Month is a month-long celebration of Hispanic and Latino history and culture. While we celebrate Hispanic and Latino communities beyond this month, from September 15 to October 15, we give extra recognition to the many contributions made to the history and culture of the United States, including important advocacy work, vibrant art, popular and traditional foods, and much more.

Hispanic Heritage Month provides an additional opportunity to explore Latinas and Latinos' incredible impact on the United States for generations.



# Important Dates

- 10/2 - XSTEAM begins for registered 2nd and 3rd Grade Students
- 10/3 - 10/16 Hispanic Heritage Month
- 10/3 Early Dismissal 12:30 p.m. and Parent-Teacher Conferences  
1:00 - 4:00 p.m.
- 10/9 No School - Columbus Day
- 10/17 Early Dismissal 12:30 p.m.
- 10/20 1st Quarter Ends
- 10/23 Board Meeting Education Committee 6:00 p.m. and Regular  
Session 7:00 p.m.
- 10/27 Student of the Month Celebration
- 10/31 Character Day

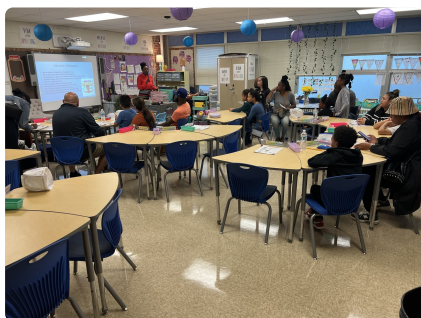


## Title 1 Meeting and Open House

Thank you to all families who attended our Title 1 Meeting and Open House on September 7th. Positive connections between parents and teachers have been shown to improve children's academic achievement, social competencies, and emotional well-being. When parents and teachers work as partners, children do better at school and at home.

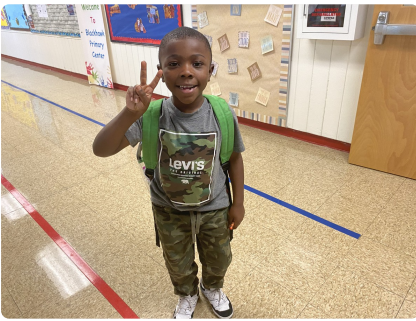
Research shows that when a partnership approach between parents and teachers is evident, children's work habits, attitudes about school, and grades improve. They demonstrate better social skills, fewer behavioral problems, and a greater ability to adapt and get along. Parents and teachers benefit, too. When working together as partners, it's been found that parents and teachers communicate more effectively, develop stronger relationships with one another, and develop skills to support children's behaviors and learning.

The staff at Blackhawk is looking forward to having a great year with your children!



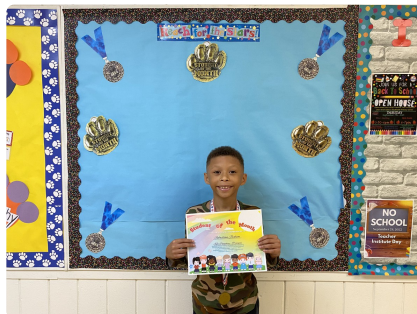
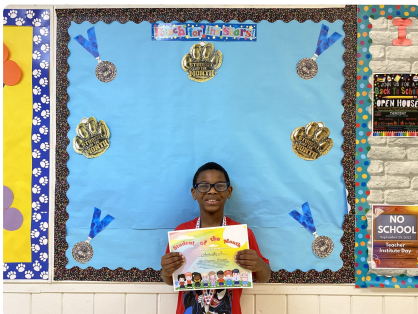
## Blackhawk "Kindess" Spirit Week

We can't wait until the next Spirit Week!



## Student of the Month

Congratulations to all our students nominated for Student of the Month for showing the Character Trait: Positive Praise & Kindness



## Parent Communication



## *Blackhawk Means of Communication*

I will upload flyers, important dates, and upcoming events on the Blackhawk page on our district website. We will also send flyers home with students of upcoming events. You can click on the School District 163 logo, which will take you to our Blackhawk page.



### **Blackhawk Primary Center**

Excellence in Education

[sd163.com](http://sd163.com)

## *How Blackhawk Communicates with Parents*

- Weekly Thrillshare messages from Principal
- Monthly Blackhawk Parent Newsletter (**Located on the Blackhawk page on the district website**)
- Flyers
- PTO Meetings
- Phone Calls
- Emails

## *Attendance Matters*

Let's continue to ensure our students come to school daily and on time. Students who attend school regularly have been shown to achieve higher levels than students who do not have regular attendance. This relationship between attendance and achievement may appear early in a child's school career. If your child(ren) cannot attend school, please call our secretary, Ms. Albright, at (708)668-9502.

Our School Day:

8:15 a.m.–3:00 p.m.

Breakfast Begins:

7:50 a.m.

Early Dismissals

8:15 a.m.-12:30 p.m.

## Every Day Counts!

\*% = YTD Attendance Average



## Every Minute Counts!



## Station Rotation

We had our Station Rotation with all students at Blackhawk School on September 21, 2023. Students rotated through various locations where staff discussed and modeled the appropriate behaviors that we expect from our students. Students were shown a non-example first and then the appropriate example at some stations. After staff members modeled the appropriate behavior, students emulated the new behavior before they rotated to the next learning station. During our station rotation, the students were taught the expected behaviors of the hallway, bathroom, recess, cafeteria, entering/exiting, and bus.



## *XSTEAM Afterschool Program*

The XSTEAM afterschool program for 2nd and 3rd students will begin October 2, 2023.



I want to "Thank" all the parents/guardians who attended Blackhawk's 1st PTO meeting on Tuesday, September 26, 2023. Thank you to those who could not make it but took the time to express their desire to become active participants. Remember, there is always time to join! **Our next PTO meeting will be held at Blackhawk on October 11, 2023, from 6:30 p.m.- to 7:30 p.m.** Many great ideas were shared, and the enthusiasm was very high during the meeting. We aim to bring those great ideas to reality for our Blackhawk students and families. We want to make this year a great year for our students.

Kyra Blocker- President  
Stacy Chiappetta- Vice President  
Dione James- General  
Marisa Covington- Treasurer  
Victoria Johnson- Secretary



# THANKS

for joining **Blackhawk's PTO**



# SELF

# CONTROL

## *October SEL Strategy*

The strategy of this month is self-control. Self-control is more challenging than it sounds. The important part of self-control is teaching students new habits and ways to handle their frustrations. Students must trust the adults in their lives. Students will be able to identify what makes them upset and identify and practice safe calming strategies.

Self Control with Lyrics

# SELF

# CONTROL

# CONTROL

Simon The Self Control Seal #teaching #self-control



*October Reading Strategy of the Month*




# Inference

Use the clues in the text to discover what is NOT directly stated.

**Text:**

Amelia splashed in the cool, salty water. Then she collected shells for her mom.

**Inference:**



Amelia is at the ocean.

Our thinking strategy for the month is inferring. Making inferences is an essential reading skill. Inferring helps kids comprehend text and is a key aspect of many other reading strategies, like determining character traits, cause and effect, using context clues, and more. Families, you can use the inference activities below to practice inference skills with your child in a fun way.



## **Inference Activities Part 1: Hands on Activities - Perkins School for the Blind**

What's in the Bag, Crime Scene, Garbage Mystery, Shoe Pair and other 'detective' activities!

[perkins.org](http://perkins.org)


# School Menus




## October Breakfast and Lunch Menus

October 2023

District 163  
Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <ul style="list-style-type: none"> <li>Lucky Charms Breakfast Kit (110 Cal, 23g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>3</b> <ul style="list-style-type: none"> <li>WG Mini Waffles (200 Cal, 35g Carbs)   </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li>Blazin' Banana Bread (280 Cal, 44g Carbs)   </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>Pancake sausage on a Stick (200 Cal, 17g Carbs)</li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>Cinnamon Rolls (209 Cal, 38g Carbs)   </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>
<b>9</b> 	<b>10</b> <ul style="list-style-type: none"> <li>WG Mini Pancake (210 Cal, 35g Carbs)   </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>WG Blueberry Blast Muffin (990 Cal, 32g Carbs)   </li> <li>Mozzarella String Cheese (60 Cal, 1g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>Chicken Sausage (100 Cal, 1g Carbs) </li> <li>WG Biscuit (100 Cal, 14g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>WG Glazed Donut (230 Cal, 29g Carbs)   </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>
<b>16</b> <ul style="list-style-type: none"> <li>WG Cinnamon Toast Crunch Breakfast (120 Cal, 22g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>17</b> <ul style="list-style-type: none"> <li>Turkey Links (70 Cal, 0g Carbs)</li> <li>Hashbrowns (120 Cal, 15g Carbs)</li> <li>Animal Crackers (120 Cal, 22g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>Apple Cinnamon Breakfast Round (310 Cal, 50g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>Maple Pancake Sausage Sandwich </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>Bagelful Strawberry Cream Cheese (240 Cal, 42g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>
<b>23</b> <ul style="list-style-type: none"> <li>Apple Jacks Breakfast Kit (270 Cal, 58g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>24</b> <ul style="list-style-type: none"> <li>Mini Blueberry Waffles (200 Cal, 36g Carbs)   </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>Pull Apart Donut (240 Cal, 31g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>WG Mini French Toast (220 Cal, 37g Carbs)   </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>WG Cinni Mini (240 Cal, 40g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>
<b>30</b> <ul style="list-style-type: none"> <li>Trix Whole Grain Breakfast (110 Cal, 24g Carbs) </li> <li>Seasonal Fruit</li> <li>Cereal Option Offered Daily</li> </ul>	<b>31</b> <ul style="list-style-type: none"> <li>Danimals Strawberry yogurt (70 Cal, 14g Carbs) </li> <li>Granola (129 Cal, 16g Carbs)</li> <li>Seasonal Fruit</li> </ul>	<div style="background-color: #333; color: white; padding: 5px; border-radius: 10px; display: inline-block;">             Page 1 / 1             <span style="margin-left: 20px;"> </span> </div>		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <ul style="list-style-type: none"> <li>• BBQ Pulled Chicken on Bun (200 Cal, 34g Carbs)</li> <li>• Creamy Coleslaw (180 Cal, 19g Carbs)</li> <li>• Fresh Cucumber Slices (10 Cal, 2g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>• Turkey Taco Meat (110 Cal, 2g Carbs)</li> <li>• Leaf Romaine (10 Cal, 2g Carbs)</li> <li>• Shredded Cheddar Cheese (110 Cal, 3g Carbs)</li> <li>• Tortilla Shell (110 Cal, 19g Carbs)</li> <li>• Salsa (40 Cal, 8g Carbs)</li> <li>• Corn and Bean Fiesta (140 Cal, 24g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>• Orange Chicken (262 Cal, 22g Carbs)</li> <li>• Vegetable Fried Rice (184 Cal, 23g Carbs)</li> <li>• Broccoli (26 Cal, 5g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>• Taco Pasta Bake (317 Cal, 26g Carbs)</li> <li>• Green Peas (70 Cal, 12g Carbs)</li> <li>• WG Garlic Breadstick (140 Cal, 14g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>• Turkey Pepperoni Pizza (240 Cal, 23g Carbs)</li> <li>• Romaine Garden Salad (19 Cal, 4g Carbs)</li> <li>• Grape Tomatoes (30 Cal, 7g Carbs)</li> <li>• Seasonal Fruit</li> </ul>
<p><b>9</b></p> <p><b>COLUMBUS DAY</b></p> 	<p><b>10</b></p> <ul style="list-style-type: none"> <li>• Cheesy Breadstick (260 Cal, 28g Carbs)</li> <li>• Zesty Marinara (50 Cal, 10g Carbs)</li> <li>• Fresh Celery Sticks (0 Cal, 1g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>• Beef Philly with Green Peppers and Onions (160 Cal, 16g Carbs)</li> <li>• Seasoned Fries (120 Cal, 21g Carbs)</li> <li>• Red Pepper (20 Cal, 5g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li>• Barbecued Chicken (295 Cal, 16g Carbs)</li> <li>• Mashed Potatoes (102 Cal, 17g Carbs)</li> <li>• WG Dinner Roll (100 Cal, 19g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>• Turkey Pepperoni Pizza (240 Cal, 23g Carbs)</li> <li>• Romaine Garden Salad (19 Cal, 4g Carbs)</li> <li>• Grape Tomatoes (30 Cal, 7g Carbs)</li> <li>• Seasonal Fruit</li> </ul>
<p><b>16</b></p> <ul style="list-style-type: none"> <li>• Cheeseburger (240 Cal, 20g Carbs)</li> <li>• Tasty Tots (186 Cal, 32g Carbs)</li> <li>• Baked Beans (140 Cal, 21g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>• Cheese Quesadilla (31g Carbs)</li> <li>• Corn on the Cob (80 Cal, 19g Carbs)</li> <li>• Refried Beans (110 Cal, 20g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>• Buffalo Boneless Chicken Wings WG (200 Cal, 12g Carbs)</li> <li>• WG Dinner Roll (100 Cal, 19g Carbs)</li> <li>• Fresh Celery Sticks (0 Cal, 1g Carbs)</li> <li>• Sweet Potato Fries (160 Cal, 21g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>• Penne Pasta and Meatballs (227 Cal, 34g Carbs)</li> <li>• Broccoli (26 Cal, 5g Carbs)</li> <li>• WG Garlic Bread (70 Cal, 7g Carbs)</li> <li>• Grape Tomatoes (30 Cal, 7g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>• Turkey Pepperoni Pizza (240 Cal, 23g Carbs)</li> <li>• Romaine Garden Salad (19 Cal, 4g Carbs)</li> <li>• Grape Tomatoes (30 Cal, 7g Carbs)</li> <li>• Seasonal Fruit</li> </ul>
<p><b>23</b></p> <ul style="list-style-type: none"> <li>• Chicken Philly (478 Cal, 46g Carbs)</li> <li>• Tasty Tots (186 Cal, 32g Carbs)</li> <li>• Carrots (27 Cal, 6g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>• Soft Shell Taco (253 Cal, 20g Carbs)</li> <li>• Black Beans (109 Cal, 20g Carbs)</li> <li>• Golden Corn (100 Cal, 1g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>• Salisbury Steak (186 Cal, 6g Carbs)</li> <li>• Mashed Potatoes (102 Cal, 17g Carbs)</li> <li>• Peas &amp; Carrots (50 Cal, 10g Carbs)</li> <li>• WG Dinner Roll (100 Cal, 19g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>• Beef Hot Dog (170 Cal, 1g Carbs)</li> <li>• Sweet Potato Fries (160 Cal, 21g Carbs)</li> <li>• Fresh Cucumber Slices (10 Cal, 2g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>• Turkey Pepperoni Pizza (240 Cal, 23g Carbs)</li> <li>• Romaine Garden Salad (19 Cal, 4g Carbs)</li> <li>• Grape Tomatoes (30 Cal, 7g Carbs)</li> <li>• Seasonal Fruit</li> </ul>
<p><b>30</b></p> <ul style="list-style-type: none"> <li>• Grill Chicken Patty (212 Cal, 19g Carbs)</li> <li>• WG Burger Bun (100 Cal, 19g Carbs)</li> <li>• Green Fries (120 Cal, 21g Carbs)</li> <li>• Fresh Cucumber Slices (10 Cal, 2g Carbs)</li> <li>• Seasonal Fruit</li> </ul>	<p><b>31</b></p> <ul style="list-style-type: none"> <li>• Beef Burrito (241 Cal, 21g Carbs)</li> <li>• Golden Corn (100 Cal, 1g Carbs)</li> <li>• Black Beans (109 Cal, 20g Carbs)</li> <li>• Seasonal Fruit</li> </ul>			

**Kelli Pumphrey**

Kelli is using Smore to create beautiful newsletters

