# Blackhawk Parent News

September

### **Blackhawk Mission**

Blackhawk is committed to partnering with families and the community to provide a welcoming, safe, and engaging environment where all students feel a sense of community, accountability, and purpose as they grow and develop into critical thinkers who desire to solve problems and have fun while learning.



# A Great First Week

What can I say!! This is who we are; this is what we do!! We all made it through the 2 weeks of school. Seeing all the smiling children standing outside waiting for their teachers with all their school supplies and bookbags was such a joy. Seeing our students walk through the doors every day, happy and smiling is beautiful. Our students are greeted at the door daily by staff members who genuinely care about and value them. Our daily goal is for our students to feel safe knowing they are in this building with caring adults with their best interests at heart. We look forward to working hand in hand together to make this a great year!!!







# Title 1 Meeting at 5:30 PM and Open House is Thursday, September 7, 2023 at 6:00 PM.

- 1. Parents can receive valuable information on the school's curriculum, extracurricular activities, and educational offerings. They can also gain insight into the school culture and atmosphere by speaking with the faculty and staff. Additionally, parents can build relationships with teachers and administrators that will be important for their children's educational journey.
- 2. At a school open house, parents can also observe classrooms and facilities, giving them a better understanding of the quality of education being offered. This can often help parents choose the best school for their child.
- 3. On top of this, attending an open house is a great way to meet other families from the school community who may have children of similar ages. This can be especially beneficial if parents are new to the area and looking to get involved in the community.

Overall, joining an open house event has many benefits for parents. By attending, parents can gain invaluable insights into the educational environment and learn more about the available resources. Additionally, they can make connections with the school community and other parents.

# **Parent Communication**



This year, our School District will use Thrillshare to communicate with parents, and we will not use Classroom Dojo. Rooms offer better parent-teacher communication. Parents can see classroom announcements and message teachers in the same app where they get district and school news and updates. Teachers can find all of their messages on one platform. Students can message their teacher directly with questions about upcoming assignments. This is a safe space for student-teacher communication that administrators monitor. I will also post important school information via Thrillshare weekly to keep you informed. You will be notified when you can use Thrillshare to communicate with your child's teacher.

## **Blackhawk Means of Communication**

- Weekly Thrillshare messages
- Monthly Blackhawk Parent Newsletter
- Flyers
- PTO Meetings
- Phone Calls

### **Attendance Matters**

The first day of attendance for our Blackhawk students was August
21, 2023! Let's continue to ensure our students come to school
daily and on time. Students who attend school regularly have been
shown to achieve higher levels than students who do not have regular attendance. This
relationship between attendance and achievement may appear early in a child's school career. If
your child(ren) cannot attend school, please call our secretary, Ms. Albright, at (708)668-9502.
Our School Day:

8:15 a.m.-3:00 p.m.

Breakfast Begins:

7:50 a.m.

Early Dismissals 8:15 a.m.-12:30 p.m.

### **Blue Point Drill**

All Park Forest – Chicago Heights School District 163 schools are equipped with the Blue Point Alert System. Blue Point is a life-safety response system with components that look and function

like a fire alarm system, but it is designed for police and medical emergencies. Activating the system will instantly alert police or paramedics in the event of a life-threatening emergency. We have a long-term commitment to providing a safe learning environment for all who enter our doors and have installed the Blue Point Alert System to complement and enhance the safety and security measures we have in place.



The Blue Point System:

- Automates and accelerates emergency response
- 🛮 Provides internal communications for our leadership team
- Improves situational awareness with real-time information for police or paramedics On Wednesday, September 6, 2023, staff and students will participate in a safety drill. Before this, students will receive information from their teacher about the drill. As required by the Illinois School Code and District 163 Board Policy, the drill will involve the police department to ensure we are as prepared as possible. To communicate appropriately to students, the District will regard this training as a "blue lockdown in the event there is a dangerous intruder."

# PBIS (Positive Behavior Intervention Strategies)

PBIS aims to create a positive school climate where students learn and grow. With PBIS, schools teach students positive behavior strategies just as they would about any other subject. PBIS recognizes that students can only meet behavior expectations if they know what the expectations are. Everyone learns what's



considered appropriate behavior. And they use a common language to talk about it. Students understand what's expected of them throughout the school day — in class, at lunch, and on the bus.

### Station Rotation



We will do a Station Rotation with all students at Blackhawk School. Students will rotate through various locations where the staff will act out the appropriate behaviors relevant to each area. Students may be shown a non-example first and then the appropriate example at some stations. After staff members model the appropriate behavior, students emulate the new behavior

before they rotate to the next learning station. During our station rotation, the students will learn the expected behaviors of the hallway, bathroom, recess, cafeteria, entering/exiting, and bus.

# **XSTEAM Afterschool Program is coming**

XSTEAM is coming!!!! The XSTEAM afterschool program for 2nd and 3rd students will begin October 2, 2023. Parents, be on the lookout for the permission form for XSTEAM.



The first reason to join the Parent Teacher Organization is to benefit your child. In doing so, you also help your school. But there are many more PTO advantages:



- Get Connected. There's no better way to know what's happening in your school.
- Tap into a Network. PTO functions are opportunities to meet other parents and teachers, build rapport, and discuss issues on your mind. You can share ideas, concerns, and experiences.
- Watch Yourself Grow. Volunteering with your PTO allows you to use your skills and hobbies for a noble cause—your child and all children in the community.
- Speak Up. PTO can be a way for you to suggest change at your child's school more effectively.
  Witness Improvement. You'll be part of the solution by getting involved at your child's school
  and helping make positive changes. Our PTO plays a vital role by supporting building
  improvements through advocacy and is essential in fundraising for curriculum-based
  programs and social/family events.
- Be a Role Model. Becoming a PTO member will demonstrate to your child the importance of education.

# **Important Dates**

9/4 No School-Labor Day 9/5 12:30 p.m. Early Release

9/7 5:30 p.m. Title I Parent Meeting & 6:00 p.m. Open House9/15 Summer Packet Celebration9/28 Teacher Institute-No School9/29 Student of the Month Celebration







# September Breakfast and Lunch Menus

# September 2023

District 163

**Breakfast** 

MONDAY TUESDAY WEDNESDAY **THURSDAY** FRIDAY 1

8

WG Glazed Donut (230 Cal, 29g Carbs) 🐧 🕞 🌢 🤌 Seasonal Fruit Cereal Option Offered Daily

# 5

Turkey Links (70 Cal, 0g Carbs) • Lemon Bread Slice (230 Cal. 44g Carbs) 🐧 🕞 🎼 🛕 Hashbrowns (120 Cal, 15g

6

Seasonal Fruit

Animal Crackers (120 Cal. 22g Cereal Option Offered Daily Corbs) 0 8 Seasonal Fruit

Maple Pancake Sausage Sandwich A Seasonal Fruit Cereal Option Offered Daily

7

Bagelful Strawberry Cream Cheese (240 Cal, 42g Carbs) 💍

· Seasonal Fruit Cereal Option Offered Daily



Apple Jacks Breakfast Kit (270 Cal, 58g Carbs) A Seasonal Fruit Cereal Option Offered Daily

### 12

Mini Blueberry Waffles (200 Col, 36g Carbs) 0 0 0 € Seasonal Fruit

Cereal Option Offered Daily

Cereal Option Offered Daily

Corbs) 🛆 Seasonal Fruit Cereal Option Offered Daily

### Pull Apart Donut (240 Cal, 31g . Maple Waffles (200 Cal, 35g Cortis) ( Q 0 4

Seasonal Fruit
Cereal Option Offered Daily

WG Cinni Mini (240 Cal, 40g Carbs) 🐧 🛊

Cereal Option Offered Daily

### 18

Trix Whole Grain Breakfast (110 Cal, 24g Carbs) 🛆

Seasonal Fruit Cereal Option Offered Daily

Pancake sausage on a Stick (200 Cal, 17g Carbs)

Seasonal Fruit Cereal Option Offered Daily

### 20

Strawberry Yogurt (90 Cal, 19g • Carbs) 🐧

Granola (129 Cal, 25g Carbs) Seasonal Fruit Cereal Option Offered Daily

Turkey Sausage (70 Col, 1g Corbs)

Sliced American Cheese (70 Col. to Carbs) 08

English Muffin Seasonal Fruit Cereal Option Offered Daily WG Cake Donut (150 Cal, 23g)

22

Corbs) 0 0 0 € Seasonal Fruit Cereal Option Offered Daily

WG Cinnamon Pop-tart Breakfast (350 Cal, 72g Carbs)

Seasonal Fruit Cereal Option Offered Daily

French Toast Sticks (210 Cal. 26g Carbs) ⚠ Seasonal Fruit

Cereal Option Offered Daily

WG Blueberry Bread (270 Col. 46g Carbs) Seasonal Fruit

Cereal Option Offered Daily



Apple Cinnamon Breakfast Round (310 Cal, 50g Carbs) A Seasonal Fruit

Cereal Option Offered Daily

Lunch THURSDAY FRIDAY TUESDAY WEDNESDAY MONDAY 1 Turkey Pepperoni Pizza (240 Col. 23g Corbs) (A. WG Cheese Pizza (296 Col. 33g Corbs) (5 = 1 d Romaine Garden Salad (19 Col. 4g Corbs)
Grape Tomatoes (30 Col. 7g Corbs)
Seasonal Fruit



Corbs) 0 Spanish Rice (69 Cal. 14g Corbs)

Refried Bears (TTO Col. 20g Corbs)
 Seasonal Fruit

Curly Fries Fresh Celery Sticks (0 Cot. 1g Corbs) Seasonal Fruit

Penne Pasta and Meatballs (322 Col. 34g Corbs) Romaine Garden Salad (19 Col. 4g Corbs)

WG Dinner Roll (100 Cot. 19g Corbs) .

Turkey Pepperoni Pizza (240 Col. 23g Corbs) A. WG Cheese Pizza (296 Col. 33g

Corbs) 0 ≥ 0 / Seasoned Green Beans (79 Cot, 4g

Corbs)
- Seasonal Fruit

12

Chicken Philly (478 Col. 46g Co Tasty Tots (186 Col. 32g Corbs) Carrots (27 Col. 6g Corbs) Seasonal Fruit

↑ Black Beans (109 Cat. 20g Carbs) Corbs) Corbs)

Clantro Lime Rice (SJ Col. 11g Carbs) Peas & Carrots (SO Col. 10g Carbs) Seasonal Fruit

19

Corbs) 6 9

Broccoli (26 Ca), Sg Carbs) WG Garlic Breadstick (140 Ca), 14p

Corts)

Seasonal Fruit

15

Turkey Pepperoni Pizza (240 Cot, 23g Corbs) Å. WG Cheese Pizza (296 Cot, 33g Corbs) Å ⊕ 0 Ø Fresh Celery Sticks (0 Cot, 1g Corbs) Fresh Celrot Sticks (50 Cot, 12g

Corbs)

Hummus (183 Col. 22g Corbs)
Seasonal Fruit

Beef Hot Dog (170 Col. 1g Corbs)

WG Hot Dog Bun (110 Col. 29g Corbs)

Salta (40 Col. 3g Corbs)

Oven Fries (120 Col. 21g Corbs)

Fresh Cucumber Slices (10 Col. 2g

Seasonal Fruit

Corbs)
- Seasonal Fruit

20

27

15g Corbs) 0 0 √ Fresh Celery Sticks (0 Col. 1g Corbs) Fresh Carrot Sticks (50 Col. 12g

Corbs)
- Seasonal Fruit

Corbs) WG Garlic Breadstick (140 Col. 14g

Corbs) Seasonal Fruit

Turkey Pepperoni Pizza (240 Cor. 23g Corbs) 🛆 WG Cheese Pizza (296 Col. 33g

Corbs) 0 € 0 / Romaine Garden Salad (19 Col. 4g

Corbs)
Grape Tomatoes (30 Col. 7g Corbs)
Seasonal Fruit

25

△ Tasty Tots (186 Col. 32g Corbs)

Baked Beans (140 Col. 29g Corbs)
 Seasonal Fruit

Walking Taco
 Turkey Taco Meat (110 Cal, 2g Carbs)

26

∆ Salsa (40 Col. 8g Corbs) Corn and Bean Fiesta (140 Col. 24g

Corbs)
- Seasonal Fruit

Hawaiian Meatballs Mashed Potatoes (102 Col. 17g)

Carbs) Green Peas (70 Cal, 12g Carbs) WG Dinner Roll (100 Cal), 19g Ca
 Seasonal Fruit



WG Cheese Pizza (296 Cal. 33g

WG Cheese Hizze (270 cm, any Corbs) 0 0 0 0 0 Turkey Pepperoni Pizza (240 Col. 23g Corbs) 4h. Fresh Cerrot Sticks (50 Col. 12g Corbs) Fresh Celery Sticks (0 Col. 1g Corbs) Hammun mitt Col. 22b Corbs)



Kelli Pumphrey

Kelli is using Smore to create beautiful newsletters

