

Suicide Prevention

If you or someone you know is suicidal, contact 988 or 911 immediately, or go to the nearest emergency room.

An online chat option is available at www.suicidepreventionlifeline.org.

[Know the Warning Signs](#)

[Risk of Suicide](#)

[Stories of Hope](#)

[Suicide Prevention Resource Center](#)

Mental Health Crisis Support



Call 988

988 is a three-digit phone number to call in a mental health crisis, whether that is thoughts of suicide, substance abuse issues, or other mental health problems, like depression or anxiety. Calls are answered by an in-state crisis call center to address and de-escalate mental health crises at the moment and serve as an entry point for Oklahomans to get connected with other mental health resources.



Youth Crisis Mobile Response: 833-885-CARE (2273)

Assists young people in crisis behaviorally, emotionally, physically, or socially when at school, in the home, or in the community by connecting them with a mental health professional via phone. Trained LOCAL Mobile Responders.



If you need assistance locating long-term mental health resources, talking through a problem, or exploring mental health treatment options, **call 211 to speak with a live person who can help.**

- 211 conversations are confidential, can be made anonymously, and are available in 180 languages upon request.
- If you prefer to text, use web chat, or search for resources online, [click here](#) to find more ways to contact **your local 211**.



National Alliance on Mental Illness

NAMI Oklahoma (National Alliance on Mental Illness)

Crisis Hotline: 1-800-522-9054

Text Line: text NAMI to 741741



Keep Your School Protected

Report Suspicious Activity With the Free ProtectOK App

Every student, teacher, administrator and staff member deserves to feel safe at school — and their loved ones deserve peace of mind. That's why the State of Oklahoma and the Oklahoma School Security Institute launched ProtectOK, a new safety app that's easy to use and free to download.

➤ Streamlined Safety Measures

ProtectOK consolidates all suspicious activity reporting into one easy-to-use app.

➤ Anonymous Reporting Made Easy

The ProtectOK app enables you to report suspicious activity without giving your name.

➤ Safeguard Your School

To download the free ProtectOK app, scan the QR code:

Then, spread the word! The more downloads, the more security.

<https://oklahoma.gov/dps/protect-ok-app.html>

STOPit - Anonymous Reporting

We are pleased to announce that our district is now using STOPit, an online anonymous reporting system that is designed to deter bullying, discrimination, and other inappropriate or unsafe behaviors.

Students and families can use STOPit to:

- make anonymous reports through the STOPit mobile app, website, or via phone with the 24/7 Incident Response Center
- submit photo or video evidence (App/Web Only)
- alert school administrators to issues early, before they escalate
- connect immediately via text with certified mental health counselors through the Crisis Text Line located in the app

Students and family members have the power to help put an end to harmful and inappropriate behavior they see online through social media and other means. Students can use STOPit to reach out for help if they or a peer are facing a personal crisis or experiencing bullying, abuse, or are in need of mental health support. STOPit can be used to report bullying, cyberbullying, discrimination, harassment, violence, threats, weapons, alcohol or drug related issues, mental health struggles like suicidal ideations, or any other concerns.

How does STOPit work?

1. Students or family members make a tip via mobile app, [website](#) or [phone hotline](#).
2. Incident Response Center monitors and reviews the submission.
3. School administrators receive and act on tip submission.

How to Report Your Concern

Website: <https://appweb.stopitsolutions.com/directory>

Mobile App: Download the app from the [App Store](#), search Lindsay Public School, and select your school.

Phone: Call the 24/7 Incident Response Center to submit a report at **1-916-562-3130**

STOPit is anonymous

No personal information is needed to use STOPit. The only way personally identifiable information will be accessible through STOPit is if a student/family member voluntarily includes it within the content of a request or report. Lindsay Public School and STOPit are committed to protecting the privacy of student data. STOPit is a signatory to the [Student Privacy Pledge](#), spearheaded by the Future of Privacy Forum and the Software & Information Industry Association. You may review STOPit's [Privacy Policy](#) for details, including more information on how anonymous reporting works.

<https://youtu.be/hpg-bli0xas>

<https://youtu.be/BTzDhSlqe4M>

