

Gilchrist County Middle/High School September 2023 Menu

This institution is an equal opportunity provider.
Menus are subject to change.

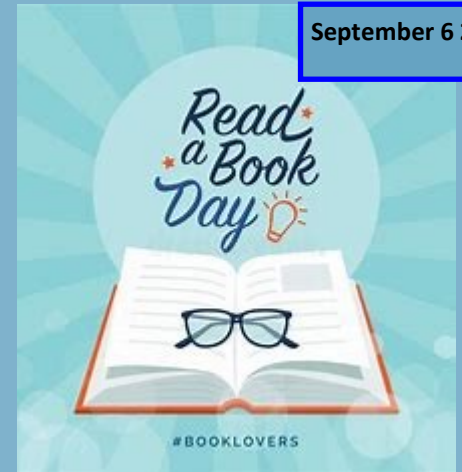


LABOR DAY

September 4th



September 6 2023



Friday, Sept. 1

Breakfast
Dunkin Sticks
Fruit Selection
100% Fruit Juice
Milk
Lunch
Mini Pizza Bagels
Green Beans
Tossed Salad
Fruit Slushie
Milk

Tuesday, Sept. 5

Breakfast
Pop Tart w/Cheese Stick
Fruit Selection
100% Fruit Juice
Milk
Lunch
Chicken Burrito Bowl
OR
Manager's Choice
Taco Trimmings
Fruit Selection
Milk

Wednesday, Sept. 6

Breakfast
Pancake Pup
Fruit Selection
100% Fruit Juice
Milk
Lunch
BBQ Pork Sandwich
OR
Hot Pocket
Fries
Cole Slaw
Peach Crisp
Milk

Thursday, Sept. 7

Breakfast
Egg & Cheese Biscuit
Fruit Selection
100% Fruit Juice
Milk
Lunch
Lasagna Roll Up w/
Breadstick
OR
Chicken Pasta Salad
Green Beans
Fruit Selection
Milk

Friday, Sept. 8

Breakfast
French Toast
Fruit Selection
100% Fruit Juice
Milk
Lunch
Stromboli
OR
Pizza
Steamed Broccoli
Tossed Salad
Fruit Slushie
Milk

Monday, Sept. 11

Breakfast
Sausage Biscuit
Fruit Selection
100% Fruit Juice
Milk
Lunch
Salisbury Steak w/Mashed
Potatoes; Breadstick
OR
Grilled Cheese
Broccoli Salad
Steamed Carrots
Fruit Selection; Milk

Tuesday, Sept. 12

Breakfast
Bagel w/Cream Cheese
Fruit Selection
100% Fruit Juice
Milk
Lunch
Mexican Combo
OR
Manager's Choice
Black Beans
Taco Trimmings
Fruit Selection
Milk

Wednesday, Sept. 13

Breakfast
Yogurt Parfait
Fruit Selection
100% Fruit Juice
Milk
Lunch
Hamburger
OR
Cheeseburger
Baked Beans
Sandwich Trimmings
Fruit Selection
Milk

Thursday, Sept. 14

Breakfast
Sausage Gravy w/Biscuit
Fruit Selection
100% Fruit Juice
Milk
Lunch
Mandarin Chicken
OR
Calzone
Rice
California Blend
Caesar Salad
Fruit Selection; Milk

Friday, Sept. 15

Breakfast
Mini French Toast
Fruit Selection
100% Fruit Juice
Milk
Lunch
Dill Chicken Bites w/Fries
OR
Pizza
Garlic Roasted Mushrooms
Green Beans
Fruit Selection
Milk



BHS
9-28-23
6:30 p.m.



Home Game
9-9-23
8a.m.

THS
BOYS & GIRLS
GOLF TEAM
SUPPORT YOUR TEAM!



**All students eat free
Breakfast and Lunch**

MEALS	ENTREES
Adult Breakfast \$3.00	Breakfast Entrée \$2.00
Adult Lunch \$4.25	Lunch Entrée \$2.65

ALA CARTE

Bread \$.50	Cheese Stick \$.50
Cookie \$.25	Frozen Fruit Bar \$2.25
Ice Cream \$1.25	Mini Rice Krispie \$.25
Muffin \$1.25	Chips \$1.00
Crackers \$1.00	Vegetable serving \$.75
Fruit Serving \$.75	Yogurt \$.50
Fruit Rollup \$.75	Cereal \$.50
Rice Krispie Treat \$.75	

DRINKS

Gatorade \$1.25	Ice Drinks \$2.25
Switch Drinks \$1.50	Milk \$.50
Water \$1.00	Flavored Water \$1.25
Juice 4oz \$.50	Capri Sun \$1.25
Slushie 8oz-\$.75 - 10oz-\$1.50 - 12oz-\$1.75	

Monday, Sept. 18

Breakfast
Muffin w/Cheese Stick
Fruit Selection
100% Fruit Juice
Milk

Lunch
Spaghetti w/Roll
OR
Calzone
Green Beans
Steamed Cauliflower
Fruit Selection
Milk

Tuesday, Sept. 19

Breakfast
Pancake Sausage Sandwich
Fruit Selection
100% Fruit Juice
Milk

Lunch
Redneck Nachos w/Chips
OR
Chicken Wrap
Waffles/Fries
Baked Beans
Sandwich Trimming
Fruit Selection; Milk

Wednesday, Sept. 20

Breakfast
Yogurt Parfait
Fruit Selection
100% Fruit Juice
Milk

Lunch
Hot Dog
OR
Corn Dog
Cole Slaw
Pasta Salad
Fruit Selection
Milk

Thursday,

Breakfast
Sausage Gravy w/Biscuit
Fruit Selection
100% Fruit Juice
Milk

Lunch
Chicken-N-Waffles
OR
Stromboli
Baby Carrots
Caesar Salad
Fruit Selection
Milk

Friday, Sept. 22

Breakfast
Cinnamon Toast Bar
Fruit Selection
100% Fruit Juice
Milk

Lunch
Club Sandwich w/Chips
OR
Pizza
Steamed Broccoli
Cucumber Slices
Fruit Selection
Milk

Monday, Sept. 25

Breakfast
Breakfast Pizza
Fruit Selection
100% Fruit Juice
Milk

Lunch
Popcorn Chicken
OR
Manager's Choice
Mashed Potatoes
Green Peas; Roll
Caesar Salad
Fruit Selection; Milk

Tuesday, Sept. 26

Breakfast
Mini Pancakes
Fruit Selection
100% Fruit Juice
Milk

Lunch
Super Nachos
OR
Quesadilla
Refried Beans
Steamed Corn
Taco Trimmings
Fruit Selection; Milk

Wednesday, Sept. 27

Breakfast
Scrambled Eggs w/Biscuit
Fruit Selection
100% Fruit Juice
Milk

Lunch
Chicken Sandwich
OR
Pizza
French Fries
Baby Carrots
Sandwich Trimmings
Fruit Selection; Milk

Thursday, Sept. 28

Breakfast
Sausage Biscuit
Hash Rounds
Fruit Selection
100% Fruit Juice; Milk

Lunch
Chicken Potstickers
OR
Manager's Choice
Steamed Broccoli
Crunchy Asian Salad
Fruit Selection
Milk

Friday, Sept. 29

Breakfast
Donut Sticks
Fruit Selection
100% Fruit Juice
Milk

Lunch
Mini Pizza Bagels
OR
Manager's Choice
Green Beans
Tossed Salad
Fruit Selection
Milk



BHS Volleyball
Invitationals
9-15/16