

November 2023

Monday	Tuesday	Wednesday	Thursday	Friday	
		1	2	3	<p>Menu is subject to change if necessary.</p> <p>Elementary Breakfast: \$1.60 Lunch: \$2.65 Snack Milk: \$50.00 per year (.40 per carton in all grades)</p> <p>Middle School Breakfast: \$1.60 Lunch: \$2.90</p> <p>High School Breakfast: Free LG schools only Lunch: \$3.15</p> <p>Reduced Price Breakfast: \$0.30 Lunch: \$0.40</p> <p>Adults Breakfast: \$2.45 Lunch: \$4.10</p> <p>Please visit our website to submit an application to qualify for free or reduced meals.</p> <p>2nd choice is offered daily at High School and Middle Schools.</p> <p><i>This institution is an equal opportunity employer.</i></p> <p>*N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.</p> <p>NOTICE: The data contained within this report and the HPS menu planner and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.</p>
6	7	8	9	10	
Cheeseburger/WG Bun Lettuce & Tomato Applesauce Fruit Snacks Milk-asst. varieties	Cheese Dunkers Marinara Sauce Carrot Sticks & Cucumbers Hummus Pears Milk-asst. varieties	Chicken Patty Sandwich French Fries Fresh Broccoli & Cauliflower Peaches Milk-asst. varieties	Ham/Turkey & Cheese Sub Lettuce, Tomato Fresh Fruit Baked Chips Cookie Milk-asst. varieties	Grilled Chz. Sandwich Tomato Soup assorted Fresh Vegetables Fruit Cocktail Goldfish Crackers Milk-asst. varieties	
13	14	15	16	17	
No School	2 Tacos/ WG Tortillas Lettuce, Tomato, Cheese Refried Beans Pears Rice Krispy Treat Milk-asst. varieties	Popcorn Chicken Dinner Roll with butter Fruit Cocktail Fresh Cauliflower & Celery Milk-asst. varieties	Sloppy Joe on bun Spudsters Peaches Cauliflower & Carrots Ice cream cup Milk-asst. varieties	Cheese Quesadilla Rice Pineapple Mandarin orange mix Fresh Broccoli & Carrots Milk-asst. varieties	
20	21	22	23	24	
Chicken Nuggets Steamed Vegetables Fresh Cucumbers & Broccoli Fruit Cocktail Milk-asst. varieties	Personal Pan Pizza Fresh Broccoli and Celery Peaches Frozen Fruit Bar Milk-asst. varieties	No School	No School	No School	
27	28	29	30		
Grilled Chicken Patty Sandwich Sweet Potato Fries Fruit Cocktail Lettuce & Tomato Milk-asst. varieties	Cheese Dunkers Marinara Sauce Carrot & Cucumbers Hummus Pears Milk-asst. varieties	Mini Corn Dogs French Fries Fresh Romaine Salad Applesauce Fruit Icee Milk-asst. varieties	Spaghetti with WG Noodles Garlic Bread Fresh Garden Salad & Cauliflower Peaches Milk-asst. varieties		
Breakfast (Elementary & Middle School)					
WG Muffin 1/2c Fruit 100% Juice Milk-asst. varieties	WG Donut Holes 1/2c Fruit 100% Juice Milk-asst. varieties	Chex Mix String Cheese 1/2c Fruit 100% Juice Milk-asst. varieties	Cook's Choice 1/2c Fruit 100% Juice Milk-asst. varieties	Granola Bar Yogurt 1/2c Fruit 100% Juice Milk-asst. varieties	