

October 2023

Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	<p>Menu is subject to change if necessary.</p> <p>Elementary Breakfast: \$1.60 Lunch: \$2.65 Snack Milk: \$50.00 per year (.40 per carton in all grades)</p> <p>Middle School Breakfast: \$1.60 Lunch: \$2.90</p> <p>High School Breakfast: Free LG schools only Lunch: \$3.15</p> <p>Reduced Price Breakfast: \$1.60 Lunch: \$0.40</p> <p>Adults Breakfast: \$2.45 Lunch: \$4.10</p> <p>Please visit our website to submit an application to qualify for free or reduced meals.</p> <p>2nd choice is offered daily at High School and Middle Schools.</p> <p><i>This institution is an equal opportunity employer.</i></p> <p>*N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.</p> <p><i>NOTICE: The data contained within this report and the HPS menu planner and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.</i></p>
Grilled Chicken Patty Sandwich Sweet Potato Fries Fruit Cocktail Lettuce & Tomato Milk-asst. varieties	Sloppy Joe on bun Spudsters Peaches Cauliflower Carrots Milk-asst. varieties	Mini Corn Dogs Baked Beans Fresh Romaine Salad Applesauce Fruit Icee Milk-asst. varieties	Cheese Dunkers Marinara Sauce Carrot Sticks Cucumbers Pears Milk-asst. varieties	Personal Pan Pizza Fresh Broccoli and Celery Cook's choice Fresh Fruit Chocolate Chip Cookie Milk-asst. varieties	
9	10	11	12	13	
NO SCHOOL	Walking Taco Refried Beans Pears Lettuce, Tomato, Cheese Churro Milk-asst. varieties	Cheeseburger/WG Bun Baked French Fries Lettuce & Tomato Applesauce Milk-asst. varieties	Macaroni & Cheese Dinner Roll/Butter Cucumbers and Celery Peaches Ice Cream Cup Milk-asst. varieties	Cheese Quesadilla Rice Fruit Cocktail Fresh Broccoli and Carrots Milk-asst. varieties	
16	17	18	19	20	
Chicken Patty Sandwich French Fries Fresh Carrots and Cauliflower Peaches Milk-asst. varieties	Chicken Nuggets Fresh Cucumbers & Broccoli Fruit Cocktail Chocolate Chip Cookie Milk-asst. varieties	Ham/Turkey and Cheese Sub Lettuce, Tomato Applesauce Baked Chips Milk-asst. varieties	2 Tacos/ WG Tortillas Lettuce, Tomato, Cheese Refried Beans Pears Rice Krispy Treat Milk-asst. varieties	Grilled Chz. Sandwich Tomato Soup Carrots and Celery Peaches Goldfish Crackers Milk-asst. varieties	
23	24	25	26	27	
Hot Dog on WG Bun Baked Beans Applesauce Carrots and Grape Tomatoes Fruit Icee Milk-asst. varieties	Spaghetti with WG Noodles Garlic Bread Fresh Garden Salad & Cauliflower Peaches Milk-asst. varieties	WG Chicken Strips with Roll Tater Tots Pears Fresh Carrots Cookie Milk-asst. varieties	Cook's Choice	NO SCHOOL	
30	31				
Cheese Dunkers Marinara Sauce Carrot Sticks Cucumbers Pears Milk-asst. varieties	Macaroni & Cheese Dinner Roll/Butter Cucumbers and Celery Peaches Frozen Fruit Bar Milk-asst. varieties				
Breakfast (Elementary & Middle School)					
Crunchmania Yogurt 1/2c Fruit 100% Juice Milk-asst. varieties	Cereal 1/2c Fruit 100% Juice Milk-asst. varieties	Mini Cinnamon Rolls 1/2c Fruit 100% Juice Milk-asst. varieties	WG Muffin Smoothie cup 100% Juice Milk-asst. varieties	Elf Grahams String cheese 1/2c Fruit 100% Juice Milk-asst. varieties	