| Monday | Tuesday | Wednesday | Thursday | Friday |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 | Menu is subject to change if necessary. <br> Elementary <br> Breakfast: \$1.60 <br> Lunch: \$2.65 <br> Snack Milk: $\$ 50.00$ per year (. 40 <br> per carton in all grades) |
| No School | Grilled Chicken Patty Sandwich Steamed Grean Beans Pears <br> Vegetable Juice <br> Fruit Snacks <br> Milk-asst. varieties | Chicken Nuggets Dinner Roll <br> Sweat Potato Tots Steamed Vegetables Fruit Cocktail Milk-asst. varieties | Mini Corn Dogs Baked Beans Carrots and Grape tomatoes Applesauce Milk-asst. varieties | Personal Pan Pizza <br> Fresh Salad and Broccoli <br> Peaches <br> Fruit Icee <br> Milk-asst. varieties |  |
| 8 | 9 | 10 | 11 | 12 | Middle School <br> Breakfast: \$1.60 |
| Cheeseburger/WG Bun <br> Baked French Fries <br> Fresh Carrots <br> Fruit Cocktail <br> WG Cookie <br> Milk-asst. varieties | Cheese Dunkers Marinara Sauce Broccoli \& Celery Sticks Hummus applesauce Milk-asst. varieties | Spaghetti Meat Sauce <br> WG Noodles <br> Garlic Bread <br>  <br> Cauliflower <br> Peaches <br> Milk-asst. varieties | Ham/Turkey/Cheese Sub Fresh Lettuce \& Tomatoes Fruit Cocktail Baked Chips Milk-asst. varieties | Cheese quesadilla <br> Rice <br> Pears <br> Fresh Snaps \& Celery Ice cream cup Milk-asst. varieties | Lunch: \$2.90 <br> High School Breakfast: Free LG schools only Lunch: \$3.15 <br> Reduced Price <br> Breakfast: \$0.30 <br> Lunch: \$0.40 |
| 15 | 16 | 17 | 18 | 19 | Adu |
| Cook's Choice Entree <br> Fruit <br> Vegetable <br> Milk-asst. varieties | Walking Taco <br> Refried Beans <br> Lettuce, Cheese, Diced Tomatoes <br> Pineapple/orange mix <br> Churro <br> Milk-asst. varieties | Macaroni \& Cheese Dinner Roll/Butter Carrots and Celery Fruit Cocktail Milk-asst. varieties | Chicken Patty Sandwich <br> French Fries <br> Fresh Salad <br> Pears <br> Milk-asst. varieties | Toasted Cheese Sandwich <br> Tomato Soup <br> Carrots and Broccoli <br> Peaches <br> Goldfish Crackers <br> Milk-asst. varieties | Breakfast: \$2.45 <br> Lunch: \$4.10 <br> Please visit our website to submit an application to qualify for free or reduced meals. <br> 2nd choice is offered daily at High School and Middle Schools. |
| 22 | 23 | 24 | 25 | 26 | This institution is an equal opportunity provider. |
| Cook's Choice | Asian Chicken <br> Rice <br> Fresh Peapods \& Peppers <br> Fresh Fruit <br> Cookie <br> Milk-asst. varieties | Salisbury Steak <br> WG Cornbread <br> Mashed Potatoes w/ Gravy <br> Fresh Romaine Salad <br> Fruit Cocktail <br> Milk-asst. varieties | Popcorn Chicken WG Dinner Roll Fresh Broccoli and Cucumbers Applesauce Milk-asst. varieties | Pizza assorted veggies Peach Cup Frozen Fruit Bar Milk-asst. varieties | *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data. |
| 29 | 30 |  |  |  |  |
| WG Chicken Strips with Roll <br> Sweet Potato Tots Pears Fresh Celery Milk-asst. varieties | Nachos/Meat/Cheese <br> Refried Beans <br> Lettuce, diced tomatoes <br> Peaches <br> Churro <br> Milk-asst. varieties |  |  |  | software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions. |
| Breakfast (Elementary \& Middle School) |  |  |  |  |  |
| Cook's Choice | WG Cereal String Cheese 1/2c Fruit 100\% Juice Milk-asst. varieties | WG Muffin 1/2c Fruit 100\% Juice Milk-asst. varieties | Chocolate Bunny Grahams Yogurt 1/2c Fruit 100\% Juice Milk-asst. varieties | Crunchmania <br> 1/2c Fruit <br> $100 \%$ Juice <br> Milk-asst. varieties |  |

