## January 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 | Menu is subject to change if necessary. <br> Elementary <br> Breakfast: \$1.60 <br> Lunch: \$2.65 <br> Snack Milk: $\$ 50.00$ per year ( .40 per carton in all grades) <br> Middle School <br> Breakfast: \$1.60 <br> Lunch: \$2.90 |
| No School | No School | Cheeseburger/WG Bun Baked Beans <br> Fresh Carrots <br> Fruit Cocktail <br> Fruit Snacks <br> Milk-asst. varieties | Chicken Patty Sandwich Sweet Potato Fries Fresh Salad \& Tomatoes Pears <br> Milk-asst. varieties | Pizza <br> Fresh Carrots and Celery Peaches Chocolate chip cookie Milk-asst. varieties |  |
| 8 | 9 | 10 | 11 | 12 |  |
| Popcorn Chicken Dinner Roll Steamed Corn Fresh Broccoli Fruit Cocktail Milk-asst. varieties | Cheese Dunkers <br> Marinara Sauce <br> Carrot \& Celery Sticks <br> Pears <br> Fruit Icee <br> Milk-asst. varieties | French Toast Sticks Sausage Links Hash Browns Veggie Juice Fresh Fruit Milk-asst. varieties | Ham/Turkey \& Cheese Sub <br> Fresh Lettuce \& Carrots <br> Hummus <br> Peaches <br> Baked Chips <br> Milk-asst. varieties | Cheese Quesadilla <br> Rice <br> Pineapple Mandarin orange mix Fresh Snap peas \& Carrots Ice cream cup Milk-asst. varieties | High School <br> Breakfast: Free LG schools only <br> Lunch: \$3.15 <br> Reduced Price <br> Breakfast: \$0.30 <br> Lunch: \$0.40 <br> Adults |
| 15 | 16 | 17 | 18 | 19 | Breakfast: \$2.45 <br> Lunch: \$4.10 |
| No School | 2 Tacos/ WG Tortillas Lettuce, Tomato, Cheese Black Beans Pears Rice Krispy Treat Milk-asst. varieties | Sloppy Joe on bun Spudsters Applesauce Assorted Bell Peppers Milk-asst. varieties | Chicken Nuggets Dinner Roll Steamed Broccoli Fresh Salad Fruit Cocktail Milk-asst. varieties | Toasted Cheese Sandwich <br> Tomato Soup <br> Carrots and Celery <br> Peaches <br> Goldfish Crackers <br> Milk-asst. varieties | Please visit our website to submit an application to qualify for free or reduced meals. <br> 2nd choice is offered daily at High School and Middle Schools. <br> This institution is an equal opportunity employer. |
| 22 | 23 | 24 | 25 | 26 | *N/A* - denotes a nutrient that is |
| Grilled Chicken Patty Sandwich French Fries Applesauce Lettuce \& Tomato Milk-asst. varieties | Nachos/Meat/Cheese <br> Refried Beans <br> Lettuce <br> Pears <br> Churros <br> Milk-asst. varieties | Macaroni \& Cheese Dinner Roll/Butter Cucumbers and Celery Peaches Milk-asst. varieties | Pizza <br> Assorted Fresh Veggies <br> Fruit Cocktail <br> Milk-asst. varieties | Cook's Choice | either missing or incomplete for an individual ingredient. <br> * - denotes combined nutrient totals with either missing or incomplete nutrient data. <br> NOTICE: The data contained within this report and the HPS menu |
| 29 | 30 | 31 |  |  | software should not be used for and does not provide menu planning for a |
| WG Chicken Strips with Roll Steamed Vegetable <br> Pears <br> Fresh Celery <br> Milk-asst. varieties | Hot Dog on WG Bun Baked Beans Applesauce Carrots \& Grape Tomatoes Frozen Fruit Bar Milk-asst. varieties | Baked Chicken Drumstick Cornbread <br> Mashed Potatoes w/ Gravy Fresh Romaine Salad Fruit Cocktail Milk-asst. varieties |  |  | child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions. |
| Breakfast (Elementary \& Middle School) |  |  |  |  |  |
| WG Cereal 1/2c Fruit 100\% Juice Milk-asst. varieties | WG Donut Holes <br> 1/2c Fruit <br> 100\% Juice <br> Milk-asst. varieties | WG Muffin String Cheese 1/2c Fruit 100\% Juice Milk-asst. varieties | Pretzels w/ apple butter Yogurt 1/2c Fruit 100\% Juice Milk-asst. varieties | WG Honey Graham Crackers 1/2c Fruit 100\% Juice Milk-asst. varieties |  |

