## December 2023

| Monday | Tuesday | Wednesday | Thursday | Friday |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 1 | Menu is subject to change if necessary. |
|  |  |  |  | Pizza <br> Fresh Broccoli and Celery Pears Chocolate chip cookie Milk-asst. varieties | Elementary <br> Breakfast: \$1.60 <br> Lunch: \$2.65 <br> Snack Milk: $\$ 50.00$ per year (. 40 <br> per carton in all grades) <br> Middle School <br> Breakfast: \$1.60 <br> Lunch: \$2.90 |
| 4 | 5 | 6 | 7 | 8 |  |
| Chicken Nuggets, Roll Steamed Vegetables Fresh Carrots Fruit Cocktail Milk-asst. varieties | Walking Taco Lettuce, Tomato, Cheese Refried Beans Pears Rice Krispy Treat Milk-asst. varieties | Macaroni \& Cheese Dinner Roll/Butter Cucumbers and Celery Peaches Milk-asst. varieties | Chicken Patty Sandwich <br> French Fries <br> Fresh Broccoli \& Carrots <br> Applesauce <br> Fruit Snacks <br> Milk-asst. varieties | Cook's Choice | Breakfast: Free LG schools only <br> Lunch: \$3.15 <br> Reduced Price <br> Breakfast: \$0.30 <br> Lunch: \$0.40 |
|  |  |  |  |  | Adults <br> Breakfast: \$2.45 |
| 11 | 12 | 13 | 14 | 15 | Lunch: \$4.10 |
| Cheeseburger/WG Bun Baked French Fries Lettuce \& Tomato Applesauce Milk-asst. varieties | Nachos/Meat/Cheese Refried Beans Lettuce,Tomatoes Pears Churros Milk-asst. varieties | Popcorn Chicken Dinner Roll with butter Fruit Cocktail Fresh Cucumbers \& Celery Milk-asst. varieties | Sloppy Joe on bun Spudsters Peaches Cauliflower \& Carrots Brownie Milk-asst. varieties | Cheese Quesadilla <br> Rice <br> Pineapple Mandarin orange mix Fresh Broccoli \& Carrots Milk-asst. varieties | Please visit our website to submit an application to qualify for free or reduced meals. <br> 2nd choice is offered daily at High School and Middle Schools. <br> This institution is an equal opportunity employer. |
| 18 | 19 | 20 | 21 | 22 | *N/A* - denotes a nutrient that is |
| Grilled Chicken Patty Sandwich French Fries Applesauce Lettuce \& Tomato Milk-asst. varieties | Cheese Dunkers Marinara Sauce <br> Carrot Sticks \& Cucumbers <br> Hummus <br> Pears <br> Cookie <br> Milk-asst. varieties | Asian Chicken Rice Fresh Garden Salad \& Carrots Fruit Cocktail Milk-asst. varieties | Personal Pan Pizza <br> Fresh Broccoli and Celery <br> Peaches <br> Jolly Fruit Icee <br> Milk-asst. varieties | WINTER BREAK | either missing or incomplete for an individual ingredient. <br> *- denotes combined nutrient totals with either missing or incomplete nutrient data. <br> NOTICE: The data contained within this report and the HPS menu |
| 25 | 26 | 27 | 28 | 29 | ftware should not be used for and |
| WINTER BREAK | WINTER BREAK | WINTER BREAK | WINTER BREAK | WINTER BREAK | child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions. |
| Breakfast (Elementary \& Middle School) |  |  |  |  |  |
| Chocolate Chip Oatmeal Bar Yogurt <br> 1/2 Fruit <br> 100\% Juice <br> Milk-asst. varieties | WG Waffles 1/2 Fruit 100\% Juice Milk-asst. varieties | Cook's Choice 1/2c Fruit 100\% Juice Milk-asst. varieties | WG Muffin String Cheese 1/2c Fruit 100\% Juice Milk-asst. varieties | Cereal <br> 1/2c Fruit <br> $100 \%$ Juice <br> Milk-asst. varieties |  |

