



January 8, 2024

A Proud Past, A Promising Future

“Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.” --Helen Keller

MONDAY, JANUARY 8 – 2nd Semester Begins

Breakfast – Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

TUESDAY, JANUARY 9

Breakfast – Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- Varsity Wrestling @ Aiken - Tri-Match

WEDNESDAY, JANUARY 10

REPORT CARDS ISSUED

Breakfast – Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- JV Wrestling vs. Blythewood & Chapin - 5:30 pm

THURSDAY, JANUARY 11

Breakfast – Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- JV Basketball @ Ninety-Six 6/7:30

FRIDAY, JANUARY 12

Breakfast – Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- Varsity Basketball vs. Ninety-Six 6/7:30 pm

SATURDAY, JANUARY 13

- JV Wrestling @ A.C. Flora - The Capital Sectional (4 Qualifiers to Carolina Invitational)



MONDAY, JANUARY 15

Dr. Martin Luther King, Jr. Holiday
Schools/Offices Closed

TUESDAY, JANUARY 16

Breakfast – Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- Varsity Basketball @ Newberry 6/7:30 pm

WEDNESDAY, JANUARY 17

Breakfast – Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- JV Basketball vs. Newberry 6/7:30 pm
- Varsity Wrestling @ Abbeville Region Match (Tri-Match)

THURSDAY, JANUARY 18

Breakfast – Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

FRIDAY, JANUARY 19

Breakfast – Manager’s Choice, Juice, Milk

Lunch – Manager’s Choice, Juice, Milk

- JV Boys Basketball @ Abbeville 5 pm
- Varsity Basketball @ Abbeville 6/7:30 pm

SATURDAY, JANUARY 20

- JV/MS Wrestling @ Lexington High School Carolina Invitational

Mid-Carolina High School does not discriminate on the basis of race, color, religion, national origin, sex, disability, or age in admission to, treatment in, or employment in its programs and activities.

On-going/Upcoming Events

2023-2024 ACT
Test @ MCHS
April 13, 2024
July 13, 2024

2023-2024 SAT
Test @ MCHS
March 9, 2024
May 4, 2024
June 1, 2024

All schools and offices will be closed on Monday, January 15, in observance of Martin Luther King, Jr.

Parent Teacher Conferences will be held on Thursday, January 25 from 3:30 p.m.- 7:00 p.m. and Friday, January 26 from 7:30 a.m. - 11:30 a.m.

MCHS WIDA ACCESS SCHEDULE 2024	
Testing Session	Date
Listening	1/29
Reading	1/30
Writing	1/31
Speaking	2/1-until complete

ASVAB (March 19, 2024)

The ASVAB is offered to high school students as part of their Career Assessment. It helps students learn more about career exploration and planning, in both the civilian and military worlds of work. The ASVAB assessment is free of charge to students.

The ASVAB is administered at Mid Carolina High School generally in the fall and spring to interested sophomores, juniors and seniors. Please note: you do not need to be joining the military to take this test. To reserve your spot for the test please stop by the guidance department and add your name to the test list. <https://www.mid-carolinahighschool.org/o/mchs/article/1195128>



MCHS Prom 2024
Saturday
April 27, 2024

Illness Reminder:

As we are seeing increased flu activity, we need your help to reduce the spread of germs.

- It is very important to stay home when feeling sick, and consult with your healthcare provider.
- Ill children should stay home until 24 hours after they are fever free without the use of fever-reducing medicines.
- Keep sick children at home for at least 24 hours after they no longer have vomiting or diarrhea.
- If your child has fever, vomiting or diarrhea today, they cannot come to school tomorrow.
- If you have any questions please contact your child’s school nurse. Reinforce opportunities for students and staff to engage in hand hygiene, respiratory hygiene, and cough etiquette.
- Hand washing should occur upon reentering the building from recess, after handling trash, before eating, after coughing and sneezing, and after using the bathroom.
- Students should cover their nose and mouth with a tissue or their upper sleeve when coughing or sneezing. Place tissue in a trash bin after use and wash hands.
- Provide adequate supplies for hand washing.

DON’T WAIT UNTIL THE LAST MINUTE.

Reserve your 2023-2024 yearbook today for \$85.

After Christmas the price will increase to \$90.

Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$95 will be expected at time of issue.

https://yearbookforever.com/schools/midcarolina_high_school_buy_yearbook_5230/V3FCaysuWIQV25mT3FEMMAZZQ

Important Dates

1/8	Students Return 2nd Semester Begins
1/10	Report Cards Issued
1/11	Student Council Mtg. Both Lunches
1/12	Yearbook Mtg. Both Lunches-RM 607
1/15	Dr. Martin Luther King, Jr. Holiday—Schools/Offices Closed
1/18	Student Council Mtg. Both Lunches
1/19	Yearbook Mtg. Both Lunches-RM 607
1/22	Envirothon Mtg. 3:15-4 pm RM 305 MODELS Academy School Board Mtg. SIC Mtg—5 pm
1/25	Student Council Mtg. Both Lunches PM—Parent Teacher Conf.
1/26	AM—Parent Teacher Conf. No School for Students
1/29	Envirothon Mtg. 3:15-4 pm RM 305 WIDA Testing—Listening
1/30	WIDA Testing—Reading
1/31	WIDA Testing—Writing
2/1	WIDA Testing—Speaking Student Council Meeting Both Lunches
2/2	WIDA Testing—Speaking Yearbook Mtg. Both Lunches-RM 607
2/5	Beta Club Showcase Envirothon Mtg. 3:15-4pm RM 305
2/7	Student Early Release Day

**SMILE
MORE**

Reminders

**FACULTY SUNSHINE
FUND**

Don't forget to contribute to the MCHS Faculty



Sunshine Fund.
The cost for
2023-2024
is \$20 each.



Please check your
mailboxes
and e-mail for
vital information
early each morning.



M-C Faculty News

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.



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January 8, 2024

21 TIPS FOR A POSITIVE NEW YEAR

Updated for 2024

1. Stay Positive. You can listen to the cynics and doubters and believe that success is impossible or you can trust that with faith and an optimistic attitude all things are possible.

2. Take a daily "Thank You Walk." You can't be stressed and thankful at the same time. Feel blessed and you won't be stressed.

3. Eat more foods that grow on trees and plants and less foods manufactured in plants.

4. Talk to yourself instead of listen to yourself. Instead of listening to your complaints, fears and doubts, talk to yourself with words of truth and encouragement.

5. Post a sign that says "No Energy Vampires Allowed." Gandhi said, "I will not let anyone walk through my mind with their dirty feet," and neither should you! Watch This.

6. Be a Positive Team Member. Being positive doesn't just make you better, it makes everyone around you better.

7. Don't chase success. Decide to make a difference and

success will find you.

8. Get more sleep. You can't replace sleep with a double latte.

9. Don't waste your precious energy on gossip, energy vampires, issues of the past, negative thoughts or things you cannot control.

10. Look for opportunities to Love, Serve and Care. You don't have to be great to serve but you have to serve to be great.

11. Live your purpose. Remember why you do what you do. We don't get burned out because of what we do. We get burned out because we forget why we do it.

12. Remember, there's no such thing as an overnight success. Love the process and you'll love what the process produces.

13. Trust that everything happens for a reason and expect good things to come out of challenging experiences.

14. Implement the No Complaining Rule. If you are complaining, you're not leading. Download a free

No Complaining Kit here.

15. Read more books than you did in 2023. I happen to know of a few good ones.

16. Don't seek happiness. Instead live with love, passion and purpose and happiness will find you.

17. Focus on "Get to" vs "Have to." Each day focus on what you get to do, not what you have to do. Life is a gift not an obligation.

18. The next time you "fail" remember that it's not meant to define you. It's meant to refine you.

19. Smile and laugh more. They are natural anti-depressants.

20. Make time for relationships. We are better together and the more we connect with great friends the more enjoyable life becomes.

21. Enjoy the ride. You only have one ride through life so make the most of it and enjoy it.

How will you make 2024 more positive?

— Jon Gordon

HAPPY BIRTHDAY!

Happy birthday wishes to:
**Gary Wilbanks (1/16) and
Melanie Jenkins (1/20).**

SUCCESS

ISN'T JUST ABOUT
what you accomplish in your life
IT'S ABOUT **INSPIRE**
WHAT YOU
OTHERS TO DO