



November 20, 2023

## A Proud Past, A Promising Future

*"Gratitude and attitude are not challenges; they are choices."*  
— Robert Braathe

### MONDAY, NOVEMBER 20

**Breakfast** –Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- Varsity Boys Basketball Pre-Season Tournament @ Gilbert High School

### TUESDAY, NOVEMBER 21

**Breakfast** –Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- Varsity Boys Basketball Pre-Season Tournament @ Gilbert High School

NOVEMBER 22 - 24



### MONDAY, NOVEMBER 27

**Breakfast** –Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- JV Boys Basketball @ Clinton 6 pm

### TUESDAY, NOVEMBER 28

**Breakfast** –Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- Varsity Basketball vs. Clinton 6/7:30 pm

### WEDNESDAY, NOVEMBER 29

## 9th Grade NCCC Tour/Career Day

**Breakfast** –Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- Varsity Wrestling @ Blythewood w/Airport & Sumter

### THURSDAY, NOVEMBER 30

## Academic Challenge Meet - Mini Bowl 3 - @ MCHS

**Breakfast** –Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- JV Boys Basketball vs. Union 5 pm
- Varsity Basketball vs. Union 6/7:30 pm

### FRIDAY, DECEMBER 1

**Breakfast** –Manager's Choice, Juice, Milk

**Lunch** – Manager's Choice, Juice, Milk

- JV Boys Basketball @ Fox Creek 5 pm
- Varsity Basketball @ Fox Creek 6/7:30 p.m.

SATURDAY,  
DECEMBER 2  
9 AM – 3 PM



## GOOD NEWS

Congratulations **James VanZadelhoff**! James is the MCHS Newberry County Exchange Club Youth of the Month for November 2023. He was recognized at the Newberry County Exchange Club meeting on Tuesday, November 7, 2023.

The Mid Carolina Academic Challenge team won all three of their matches on Thursday, November 16 against Emerald (39-26), Dixie (37-23), and Clinton (43-27).

Team Members: **Ashleigh Bunce, Jack Gantt, Avy Grigsby, Will Hawkins, Dakota Ross** (captain), **Ashley Sasser, Campbell Stuck** (captain), and **David VanZadelhoff**.

The Mid-Carolina High School Fall Semester Choir and the Mid-Carolina Middle School Chorus came together on November 16 for an unforgettable Fall Concert Celebration. With captivating performances of "One Nation," "Carol of the Bells," "Bridge Over Troubled Water," "Gloria Deo!," "We Honor You," and "Why We Sing," our talented students showcased their musical prowess. We extend our gratitude to our dedicated choir directors and student teacher, Ms. Katie Koon, for their invaluable contributions. The evening celebrated the hard work, commitment, and immense talent of our students, leaving the audience in awe. Congratulations to all involved for a remarkable concert!

## On-going/Upcoming Events

### 2023-2024 ACT

Test @ MCHS

December 9, 2023

April 13, 2024

July 13, 2024

### 2023-2024 SAT

Test @ MCHS

December 2, 2023

March 9, 2024

May 4, 2024

June 1, 2024

### ASVAB (March 19, 2024)

The ASVAB is offered to high school students as part of their Career Assessment. It helps students learn more about career exploration and planning, in both the civilian and military worlds of work. The ASVAB assessment is free of charge to students.

The ASVAB is administered at Mid Carolina High School generally in the fall and spring to interested sophomores, juniors and seniors. Please note: you do not need to be joining the military to take this test. To reserve your spot for the test please stop by the guidance department and add your name to the test list. <https://www.mid-carolinahighschool.org/o/mchs/article/1195128>

### Attention 9th Grade Students

Are you interested in learning more about programs offered at Newberry County Career Center? Join us on **Wednesday, November 29th, 2023**, to enjoy the experience of and learn about the different programs at Newberry County Career Center.

Programs and information can be found on the Newberry County Career Center website: [NCCC Programs and Classes Information](https://www.nccc.org)

Students will have the opportunity to tour NCCC to get a more in-depth look at the programs they are interested in. Complete the permission form and return to your school counselor, either in person or by email, before 3 PM on Friday November, 2, 2023. Hard copies of the form will be available in the main office and in the guidance office. If you have any questions, please contact Mr. Durant at [kdurant@sdnc.org](mailto:kdurant@sdnc.org).



**MCHS Prom 2024**  
**Saturday**  
**April 27, 2024**

### DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2023-2024 yearbook today for \$85.

After Christmas the price will increase to \$90.

*Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$95 will be expected at time of issue.*

[https://yearbookforever.com/schools/midcarolina\\_high\\_school/buy\\_yearbook\\_5230/V3FCaysuW1QV25mT3FEMMAZZQ](https://yearbookforever.com/schools/midcarolina_high_school/buy_yearbook_5230/V3FCaysuW1QV25mT3FEMMAZZQ)

**Important Dates**

11/20	Envirothon Meeting 3:15-4pm -Room 305 MODELS Academy 11:05 am-12:05 pm
11/22- 11/24	Thanksgiving/Holidays - Schools/Offices Closed
11/27	Envirothon Meeting 3:15-4pm -Room 305
11/28	Academic Challenge Practice - After School
11/29	NCCC Career Day (9th GR)
11/30	Student Council Meeting - Both Lunches - Pizzaw/Principal Academic Challenge Meet - Mini Bowl 3 - @MCHS
12/1	FCA Meeting 7:30 am-8 am RM 311 Yearbook Meeting Both Lunches - Room 607
12/2	HOLIDAY MARKET 9 am-3 pm SAT
12/3	Band - Prosperity Christmas Parade
12/4	MODELS Academy 11:05 am -12:05 pm Envirothon Meeting 3:15-4pm -Room 305
12/5	EOC (End Of Course Exam) English 2 Writing
12/6	Student Early Release Day
12/7	Student Council Meeting Both Lunches Academic Challenge Meet Mini Bowl 4 @ Ninety-Six Admin/Guidance MTG
12/8	Yearbook Meeting Both Lunches - Room 607
12/9	ACT Saturday School

**Reminders**

**FACULTY SUNSHINE  
FUND**

Don't forget to contribute to the MCHS Faculty Sunshine Fund. The cost for 2023-2024 is \$20 each.



Please check your mailboxes and e-mail for vital information

# M-C Faculty News

**Our mission: To engage students in educational experiences that ensure success and life-long learning.**

*Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.*



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## CAN YOU HEAL AT WORK

I was speaking at an event with John Maxwell a few weeks ago when he said, "One is too small of a number to achieve greatness."

I absolutely loved that quote because no one creates success alone. We all need a team to be great and we are better together.

Patrick Lencioni and I hosted A Day With Jon and Pat this past week. It was an intimate and interactive gathering of 75 top leaders from around the country and the vision we had for the event was surpassed by the special reality of what everyone experienced.

The common feedback we heard was, "You and Pat complimented each other so well and the way you connected and supported each other created a special atmosphere in the room that allowed for powerful connections to happen."

Even though the room was comprised of mostly business leaders, and Pat and I are considered business authors most of the questions we received involved relationships, family, personal struggles, wounds and healing. Business leaders with 50, 500 to 5000 employees who were there wanted to talk mostly about non-business topics to grow and get better.

I believe the pandemic made people realize that the statement "It's not personal, it's

business" is dead. The truth is, it's always personal. When you grow, you can help your organization grow. When you heal, you create a healthy organization.

For years I've been telling coaches that the future of coaching is healing. Student athletes join a team, and they bring their wounds with them, but with a loving team and coach, a person and team can find healing. Healed people don't hide. They take on the challenge and overcome. They thrive.

The same goes for business, schools, and every workplace.

Relational Psychology research shows that we heal in a loving relationship. This means that every environment where people work provides an opportunity for caring relationships to develop and healing to happen.

And every challenge, disagreement, and issue with a co-worker is an opportunity to address and heal the wounds that you have. It's easy to spot the wounds and when they surface you can use this as an opportunity to heal yourself and grow stronger together.

You can believe this is "soft" and "fluffy" and "hogwash", or you can see the truth that everyone has a wound from their past and in every rela-

tionship, you bring your wound with you. You will either live from your wound or from your healing. You will either bring your worst to work or work with others to become your best.

With so much divisiveness and strife happening in the world, people are feeling a lot of painful emotions. Many are struggling with their mental health. As leaders we can't ignore this and pretend the problem doesn't exist. The key is to bring awareness and create an opportunity to create connection and healing.

One is too small of a number to achieve greatness, and I would add that when two or more unite together and become one, connection and healing leads to growth and great results.

Pat and I believe that healing at work will be a common topic in the future because, YES, you can heal at work and leaders and teams who build caring relationships and transform conflict into growth will create organizations that thrive.

- Jon Gordon

## HAPPY BIRTHDAY!

Happy birthday wishes to:  
**Marley Long (12/2).**

**HAPPY**  
thanksgiving  
FAMILY TRADITIONS  
TURKEY DAY  
HARVEST  
GIVE THANKS  
BLESSED  
GRATEFUL