



September 25, 2023

A Proud Past, A Promising Future

"If you have a positive attitude and constantly strive to give your best effort, eventually you will overcome your immediate problems and find you are ready for greater challenges."
--Pat Riley

MONDAY, SEPTEMBER 25

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk
 - Girls Tennis @ Fairfield Central 5 pm

TUESDAY, SEPTEMBER 26

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk
 - Girls Tennis vs. Saluda 5 pm
 - Volleyball vs. Saluda 5:30/7 pm

WEDNESDAY, SEPTEMBER 27

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk
 - Cross Country Pelion Invitational @ Pelion
 - Girls Tennis vs. Fairfield Central 5 pm
 - Swim @ Hammond Hill (North Augusta)

THURSDAY, SEPTEMBER 28

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk
 - JV Football vs. Fairfield Central 6 pm

FRIDAY, SEPTEMBER 29

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk
 - Varsity Football @ Fairfield Central 7:30 pm

SATURDAY, SEPTEMBER 30

- Band Show Day @ White Knoll
- Competitive Cheer Battle at the Bluff @ River Bluff
- Cross Country Starlight Run @ Greer

MONDAY, OCTOBER 2

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk

TUESDAY, OCTOBER 3

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk
 - Girls Tennis @ Ninety-Six 5
 - Volleyball @ Ninety-Six 5:30/7 pm

WEDNESDAY, OCTOBER 4

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk
 - Cross Country @ MCHS - SENIOR NIGHT

THURSDAY, OCTOBER 5

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk
 - Volleyball vs. Newberry 5:30/7 pm
 - Girls Tennis vs. Tennis 5 pm
 - JV Football vs. Newberry 6 pm

FRIDAY, OCTOBER 6

- Breakfast –Manager’s Choice, Juice, Milk
- Lunch – Manager’s Choice, Juice, Milk
 - Varsity Football @ Newberry 7:30 pm

SATURDAY, OCTOBER 7

- Band @ River Bluff Swamp Classic 10:45 am
- Competitive Cheer Silver Fox Invitational @ Dutch Fork

GOOD NEWS

Congratulations **Emily Covington!** Emily is the MCHS Newberry County Rotary Club Youth of the Month for September 2023. She was recognized at the Newberry County Rotary Club meeting on Friday, September 15, 2023.

On-going/Upcoming Events

2023-2024 ACT
Test @ MCHS
October 28, 2023
December 9, 2023
April 13, 2024
July 13, 2024

2023-2024 SAT
Test @ MCHS
October 7, 2023
November 4, 2023
December 2, 2023
March 9, 2024
May 4, 2024
June 1, 2024



Rhodes Graduation Services (Jostens) will return on **Thursday, October 5, 11 a.m.-1 p.m.**, to deliver early celebration items.

MCHS Seniors are Invited to attend **“College Application Day”** on **Friday, October 6, 2023**. Seniors will have the opportunity to sit down with counselors and college representatives to complete college applications. If you have any questions or need help, representatives from all across the state will be available to assist. Make sure to register with your school counselor to attend this event.

Appointment times will be given based on last names.

A-F --(12:00pm- 12:35pm) – Ms. Wicker

G-M-- (12:40pm- 1:15 pm) – Ms. McAllister

N-Z -- (1:20 pm- 1:55pm) – Mr. Durant

SENIORS: For more information please check your student email.



2023-2024 MCHS Senior Picture Make-Up Day
Monday, November 13, 2023

ASVAB (Nov 14, 2023 & March 19, 2024)

The ASVAB is offered to high school students as part of their Career Assessment. It helps students learn more about career exploration and planning, in both the civilian and military worlds of work. The ASVAB assessment is free of charge to students.

The ASVAB is administered at Mid Carolina High School generally in the fall and spring to interested sophomores, juniors and seniors. Please note: you do not need to be joining the military to take this test. To reserve your spot for the test please stop by the guidance department and add your name to the test list. <https://www.mid-carolinahighschool.org/o/mchs/article/1195128>

Attention 9th Grade Students

Are you interested in learning more about programs offered at Newberry County Career Center? Join us on **Wednesday, November 29th, 2023**, to enjoy the experience of and learn about the different programs at Newberry County Career Center.

Programs and information can be found on the Newberry County Career Center website: NCCC Programs and Classes Information

Students will have the opportunity to tour NCCC to get a more in-depth look at the programs they are interested in. Complete the permission form and return to your school counselor, either in person or by email, before 3 PM on Friday November, 2, 2023. Hard copies of the form will be available in the main office and in the guidance office. If you have any questions, please contact Mr. Durant at kdurant@sdnc.org.



MCHS Prom 2024
Saturday
April 27, 2024

DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2023-2024 yearbook today for \$85.

After Christmas the price will increase to \$90.

Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$90 will be expected at time of issue.

https://yearbookforever.com/schools/midcarolina_high_school_buy_yearbook_5230/V3FCaysuWIQV25mT3FMMAZZQ

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

Important Dates

9/25	SDNC School Board Mtg.
9/30	Saturday School
10/4	Faculty Meeting
10/5	Rhodes Graduation Senior Day 11 a.m. - 1 p.m. <i>(Pick-up Early Celebration Items)</i>
10/6	College Application Day
10/10	Fall Mid-Term Exams (1st & 3rd Block)
10/11	Fall Mid-Term Exams (2nd & 4th Block) End of 1st Nine Weeks
10/13	Q1 Report Cards Parent Teacher Conf. No School for Students
10/16	Schools/Offices Closed
10/18	PSAT Testing IDM PD
10/21	Saturday School
10/23	SDNC School Board Mtg. SIC Meeting @MCHS 5 pm
10/25	Student Early Release Day
10/28	ACT Semi-Formal Dance
11/1	9th Grade Mass Screening Faculty Meeting
11/2	Powderpuff Game 5:30 p.m.
11/4	SAT
11/15	IDM PD

**"LIFE IS LIKE RIDING A BICYCLE.
TO KEEP YOUR BALANCE, YOU
MUST KEEP MOVING."**

-Albert Einstein

Reminders

FACULTY SUNSHINE FUND

Don't forget to contribute to the MCHS Faculty Sunshine Fund.



The cost for 2023-2024 is \$20 each.



Please check your mailboxes and e-mail for vital information early each morning.

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September 25, 2023

THE POWER OF A POSITIVE EDUCATOR

REGARDLESS OF YOUR PROFESSION, WE CAN ALL BE POSITIVE EDUCATORS AND HELP INSPIRE THE YOUNG MINDS IN OUR LIVES.

When I think about the teachers who made a difference in my life, I realize they were all positive. Mrs. Liota smiled every day and made me feel loved. Coach Caiazza believed in me while Mr. Ehmann and Ivan Goldfarb encouraged me to be my best. Years later, as I think about the impact these teachers had on my life, it's clear that being a positive educator not only makes you better it makes everyone around you better. Positive educators have the power to transform lives and inspire young minds to believe they can and will change the world. In this spirit here are seven ways we can all choose to be a positive educator.

1. Be Positively Contagious – Research shows that emotions are contagious. Sincere smiles, kind words, encouragement and positive energy infect people in a positive way. On the flip side your students are just as likely to catch your bad mood as the swine flu. So, each day you come to school you have a choice. You can be a germ or a big dose of Vitamin C. When you choose to be positively contagious your positive energy has a positive impact on your students, your colleagues and ultimately your school culture. Your students will remember very little of what you said but they will remember 100% of how you made them feel. I remember Mrs. Liota and her smile and love, and it made all the difference.

2. Take a Daily Thank you Walk – It's simple, it's powerful, and it's a great way to feed yourself with positivity. How does it work? You simply take a walk... outside, in a mall, at your school, on a treadmill, or anywhere else you can think of, and think about all the things, big and small, that you are grateful for. The research shows you can't be stressed and thankful at the same time so when you combine gratitude with physical exercise,

you give yourself a double boost of positive energy. You flood your brain and body with positive emotions and natural antidepressants that uplift you rather than the stress hormones that drain your energy and slowly kill you. By the time you get to school you are ready for a great day.

3. Celebrate Success – One of the simplest, most powerful things you can do for yourself, and your students is to celebrate your daily successes. Instead of thinking of all things that went wrong at school each day focus on the one thing that went right. Try this: Each night before you go to bed think about the one great thing about your day. If you do this, you'll look forward to creating more success tomorrow. Also have your students do this as well. Each night they will go to bed feeling like a success and they will wake up with more confidence to take on the day.

4. Expect to Make a Difference – When positive educators walk into their classroom, they expect to make a difference in their student's lives. In fact, making a difference is the very reason why they became a teacher in the first place and this purpose continues to fuel them and their teaching. They come to school each day thinking of ways they can make a difference and expecting that their actions and lessons will lead to positive outcomes for their students. They win in their mind first and then they win in the hearts and minds of their students.

5. Believe in your students more than they believe in themselves – I tried to quit lacrosse during my freshman year in high school, but Coach Caiazza wouldn't let me. He told me that I was going to play in college one day. He had a vision for me that I couldn't even fathom. He believed in me more than I believed in myself. I ended up going to Cornell University and the experience of playing lacrosse

there changed my life forever. The difference between success and failure is belief and so often this belief is instilled in us by someone else. Coach Caiazza was that person for me, and it changed my life. You can be that person for one of your students if you believe in them and see their potential rather than their limitations.

6. Develop Positive Relationships – Author Andy Stanley once said, "Rules without relationship lead to rebellion." Far too many principals share rules with their teachers, but they don't have a relationship with them. And far too many teachers don't have positive relationships with their students. So, what happens? Teachers and students disengage from the mission of the school. I've had many educators approach me and tell me that my books helped them realize they needed to focus less on rules and invest more in their relationships. The result was a dramatic increase in teacher and student performance, morale and engagement. To develop positive relationships, you need to enhance communication, build trust, listen to them, make time for them, recognize them, show them you care through your actions and mentor them. Take the time to give them your best and they will give them your best.

7. Show you Care – It's a simple fact. The best educators stand out by showing their students and colleagues that they care about them. Standardized test scores rise when teachers make time to really know their students. Teacher performance improves when principals create engaged relationships with their teachers. Teamwork is enhanced when educators know and care about one another. Parents are more supportive when educators communicate with their student's parents. The most powerful form of positive energy is love and this love transforms students, people and schools when it is put into action. Create your own unique way to show your students and colleagues you care about them, and you will not only feel more positive yourself, but you will develop positive kids who create a more positive world.

– Jon Gordon

