Summer Vegetable Skillet

Fruit

Roasted Fajita Vegetables

Fruit

Potatoes

Glazed Carrots

Fruit

Fruit

## September 2023

## **Lunch 23/24**

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Monday	Tuesday	Wednesday	Thursday	Friday
				1 Entree Cheese Pizza Vegetables Side Salad Fruit Fresh Fruit Variety Bowl Milk Fat Free Chocolate Milk Nonfat Milk
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4	5 Entree	6 Entree	7 Entree	8 Entree
No School Day	Cheeseburger	Chicken Nuggets	Bean & Cheese Burrito	Cheese Pizza
	Vegetables	Vegetables  Mashed Potatoes	Vegetables	Vegetables
	Lettuce and Tomato Sweet Potato Lattice Fries	Green Peas	Roasted Fajita Vegetables Vegetarian Beans	Side Salad
	Fruit	Fruit	Fruit	Fruit
	Cantaloupe	Fresh Pineapple Chunks	Fresh Mango	Fresh Fruit Variety Bowl
				Milk
	Milk	Milk	Milk	Fat Free Chocolate Milk
	Fat Free Chocolate Milk Nonfat Milk	Fat Free Chocolate Milk Nonfat Milk	Fat Free Chocolate Milk Nonfat Milk	Nonfat Milk
11	12	13	14	15
Entree	Entree	Entree	Entree	Entree
BBQ Chicken Sandwich	Chicken Nuggets	Corn Dog Nuggets	Cheeseburger	Cheese Pizza
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Vegetarian Beans Green Pea Salad	Mashed Potatoes Green Peas	Mashed Potatoes Cut Green Beans	Sweet Potato Lattice Fries Lettuce and Tomato	Side Salad  Fruit
Fruit	Fruit	Fruit	Fruit	Fresh Fruit Variety Bowl
Fresh Banana	Fresh Oranges	Frozen Peach Cup	Fresh Mango	Milk
Milk	Milk	Milk	Milk	Fat Free Chocolate Milk
Fat Free Chocolate Milk Nonfat Milk	Fat Free Chocolate Milk Nonfat Milk	Fat Free Chocolate Milk Nonfat Milk	Fat Free Chocolate Milk Nonfat Milk	Nonfat Milk
18	19	20	21	22
Entree	Entree	Entree	Entree	Entree
Crispy Chicken Sandwich	Bean & Cheese Burrito	Fish Sticks	Hot Dog on WG Bun	Cheese Pizza
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Vegetarian Beans	Mexican Street Corn	Seasoned Oven Roasted	French Fries	Side Salad
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Fresh Banana  Milk  Fat Free Chocolate Milk  Nonfat Milk	Cantaloupe  Milk  Fat Free Chocolate Milk  Nonfat Milk	Steamed Peas and Carrots SC-Greenville Co.  Fruit Honeydew Chunks  Milk Fat Free Chocolate Milk Nonfat Milk	Fresh Pineapple Chunks  Milk  Fat Free Chocolate Milk  Nonfat Milk	Fresh Fruit Variety Bowl  Milk  Fat Free Chocolate Milk  Nonfat Milk
Entree Cheeseburger Vegetables Tater Tots Lettuce and Tomato Fruit Fresh Banana Milk Fat Free Chocolate Milk Nonfat Milk	Entree Spaghetti with Meat Sauce Vegetables Oven Roasted Parmesan Broccoli Glazed Carrots Fruit Fresh Mango Grains Garlic Texas Toast Milk Fat Free Chocolate Milk Nonfat Milk	Entree Oven Roasted Chicken Vegetables Vegetarian Beans Black Bean & Corn Salsa Fruit Applesauce Grains Brown Rice Milk Fat Free Chocolate Milk Nonfat Milk Condiments Chicken Gravy	Entree Buffalo Chicken Stuffed Sandwich Vegetables Lettuce and Tomato Cut Green Beans Fruit Diced Pears Milk Fat Free Chocolate Milk Nonfat Milk	Entree Cheese Pizza Vegetables Side Salad Fruit Fresh Fruit Variety Bowl Milk Fat Free Chocolate Milk Nonfat Milk

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